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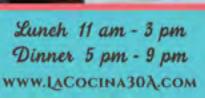


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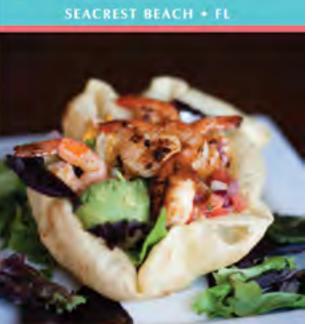








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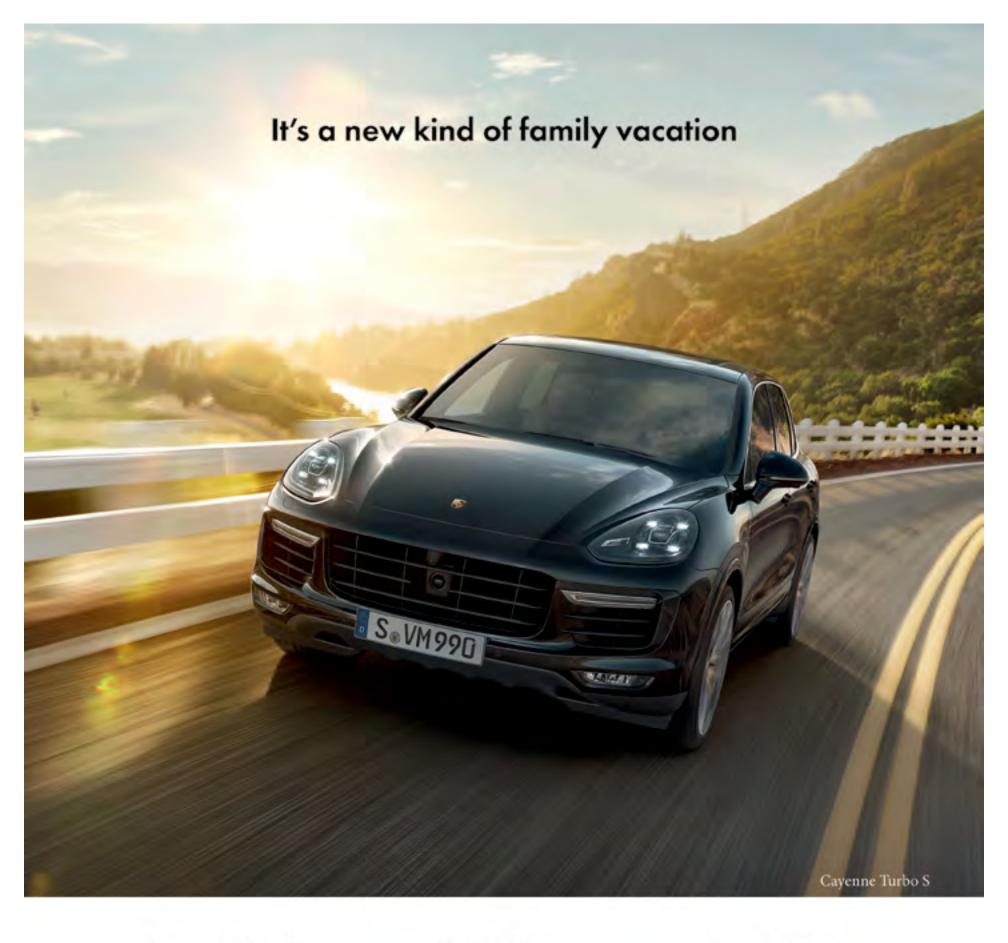
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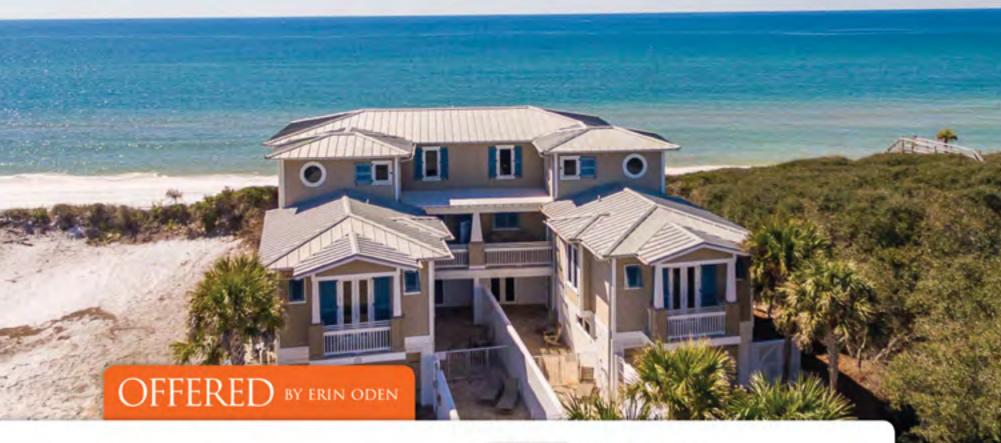
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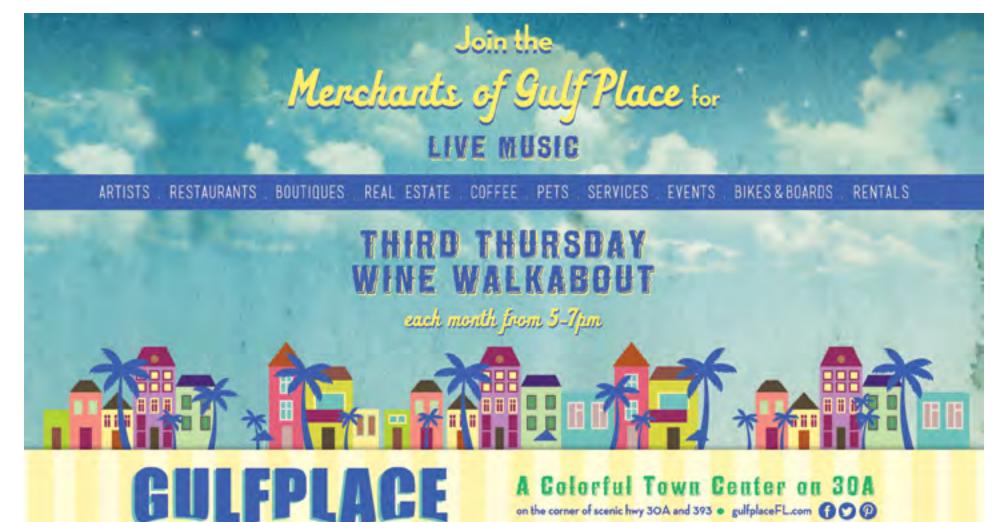
A thoughtfully curated bottle shop and tasting room in Alys Beach, Florida offering artisan spirits, wines, craft beers, handcrafted cocktails, and barware. New food menu now available. Monday - Thursday, 11 AM - 10 PM Friday & Saturday, 11 AM - 11 PM

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letter from the publisher

SUMMERTIME



Summer time at the beach is synonymous with good vibes, plenty of sunshine, and time in the water. 30-A epitomizes this summer vibe second to none, with its originality and deep personality.

As always, this issue is packed full of the people, places and things that make 30-A and South Walton exceptional. Whether it's the farm to table delights of Bud & Alley's fresh garden, or the delicious flavors of the many fine chefs and restaurateurs in the region, or the

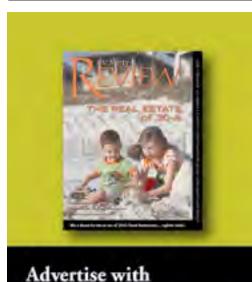
original culture and artistic musings of the south, the personalities of the area are unmistakable.

As you sink into this issue and whatever beach chair you happen to grace, we hope you enjoy your reading pleasure as much as we have enjoyed composing it for you.

Until next issue, enjoy the sunshine.

Miles K. Neiman

View the entire publication online at www.ThirtyAReview.com



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about the cover

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Bring Your A Game



Breakfast, pressed sandwiches, salads, snacks, and heartier entrées, along with coffee, wine, and beer.



Breakfast, 7am – 10:30am, Daily Lunch, 11:30am – 4pm, Tuesday & Wednesday Dinner, 11:30am – 8pm, Thursday to Monday

FONVILLE

Theatre and Events in July and August



ALYS BEACH

Wine & Song

NEAT

July 3, 10, 17, 24, 31, August 7, 14, 21, 28, 5pm-7pm

A few select wines will be showcased with light bites and live music. Case deals on featured wines.

\$15 per person – 21 and up NEAT: (850) 213-5711

Summer Reels ft. Max 2: White House Hero

ALYS BEACH AMPHITHEATRE 8pm, July 3, 2018
Bring blankets and low-back chairs to enjoy a movie under the stars in the Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

Summer Reels ft. Beauty and The Beast

ALYS BEACH AMPHITHEATRE 8pm, July 10, 2018

Live Music at Fonville Press

FONVILLE PRESS

July 5, 12, 19, August 2, 9, 16, 23, 30, 5pm-7pm
Enjoy live music performed at Fonville Press alongside a bite to

Fonville Press alongside a bite to eat and beverage of choice, available for purchase.

Free and open to the public Fonville Press: (850) 213-5564

4th of July Concert & Fireworks

ALYS BEACH AMPHITHEATRE
6-9pm, July 4, 2018
Live music by The Celebrity Allstar
Band. Fireworks show to follow.
Food and drink available for purchase.

Summer Concerts with Local Honey

ALYS BEACH AMPHITHEATRE 7-9pm, July 11, 2018
Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

Free and open to the public.

Summer Reels ft. Cars 3

ALYS BEACH AMPHITHEATRE 8pm, July 17, 2018
Bring blankets and low-back chairs to enjoy a movie under the stars in the Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

Summer Concerts with The Krickets

ALYS BEACH AMPHITHEATRE 7-9pm, July 18, 2018

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

Free and open to the public.

7-9pm, July 25, 2018

Summer Concerts with Adventures of Annabelle Lyn ALYS BEACH AMPHITHEATRE

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

Free and open to the public.

Summer Reels ft. Early Man

ALYS BEACH AMPHITHEATRE 8pm, July 31, 2018
Bring blankets and low-back chairs to enjoy a movie under the stars in the Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

Summer Concerts with Lucky Strike Blues

ALYS BEACH AMPHITHEATRE 7-9pm, August 1, 2018
Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.
Free and open to the public.

THE HUB

Check hub30a.com for more details

July

Mondays: Monday Movie Night, 7:30pm

Tuesdays: DJ Dance Party on the Lawn, *7-10pm*

Wednesdays: Family Movie Night, 7pm

Thursdays: Rent 30A Presents Live Music by Boukou Groove with Special New Orleans' Guests, *7-10pm*

Fridays: Live Local or Regional Music, *7-10pm*

Saturdays: Live Local or Regional Music, *7-10pm*

Sundays: Live Local or Regional Music, 7-10pm except on July 15th: Karaoke & Games, 7-10pm

August

Mondays: Monday Movie Night *Tuesdays:* TBA

Wednesdays: Family Movie Night **Thursdays:** Rent 30A Presents Live Music

Fridays: Live Local or Regional Music

Saturdays: Live Local or Regional Music

Sunday: Karaoke & Games, *August 12th*

SEASIDE

Seaside Farmers Market

AMPHITHEATER Saturdays, July 7, 14, 21, 28, August 4, 11, 18, 25, 8am-noon

Stories by the Sea

SOLOMON SQUARE Mondays-Fridays, June 1 - August 17, 4pm (No storytelling on July 4)

Children's Theatre Performance – Seaside Repertory Theatre

AMPHITHEATER

Mondays, July 2, 9, 16, 23, 30,

August 6, 13, 6:30pm

Improv Boot Camp

Tuesdays & Thursdays, July 3 - July 31, August 2, 2-3:15pm SEASIDE REPERTORY THEATRE/ MEETING HALL)

Seaside Summer Concert Series, 7pm AMPHITHEATER

July 11 - The Georgia Flood

July 18 - Ryan Kinder

July 25 - The Brook & The Bluff

August 1 - Forrest Williams Band August 8 - The Courtyard Saints

Stars & Stripes Pops Concert: Pensacola Symphony Orchestra

Tuesday, July 3, 7:30pm AMPHITHEATER

South Walton 4th of July Parade

Wednesday, July 4, 8am SEAGROVE TO DOWNTOWN SEASIDE

Independence Day Concert & Fireworks Spectacular: A July 4th Celebration

Wednesday, July 4, 7pm AMPHITHEATER

Huck & Lilly Kids Music Performance

Tuesdays, July 5 (Thursday), 10, 17, 24, 31, August 14, 21, 28, 6:30pm AMPHITHEATER

Central Square Cinema, 8pm

AMPHITHEATER

July 6 - The Secret Life of Pets

July 13 - **WALL-E**

July 29 - Sing

July 27 - Despicable Me 3

August 3 - The Jungle Book

August 10 - Hairspray

August 17 - **Finding Nemo**

August 24 - Coco

August 31 - A Wrinkle in Time

Improv Boot Camp

SEASIDE REPERTORY
THEATRE/MEETING HALL
Tuesdays, Wednesdays & Thursdays,
June 5 - June 28, 1-3pm

Edward's Fine Food and Wine

BY MARY WELCH



t's coming up to a year since the well-respected Spell Restaurant Group; which includes George's at Alys Beach, La Cocina Mexican Grill and Bar, La Crema Tapas and Chocolate, and Saltwater Grill; purchased local favorite Edward's Fine Food and Wine Restaurant at Rosemary Beach. And much like the menu, little has changed.

"It's not had much of an impact," says General Manager Kristy Boatwright Johnston. "I'm still here and the direction that Edward's has been going on since it opened six years ago is still the same. Everyone is really trying to stay true to the Edward's name in everything that we do. We remain consistent."

That is exactly how the loyal customers like it.

The restaurant, which bills itself as "fine dining in a casual atmosphere", delivers a world-class experience with food that is Southern coastal in direction and noted for its fresh ingredients and creative presentation. "Local seafood is definitely our star," Johnston says. "Since day one crab cakes are always on the menu. Tuna Tartare is a staple and in appetizers, it's the beet salad, which is fantastic. We look for the best ingredients and best quality. We don't skip out on ingredients. We serve a lot of the same dishes but it changes seasonally with the vegetables."









Other "not to be missed" dishes are the grouper ("in some fashion or form"), tuna, and a vegetarian dish:

Capellini Pomodora, which is a simple yet elegant entree featuring roasted tomatoes, garlic, fresh basil, Parmesan cheese, and dried chili. If you aren't in a vegetarian mood, proteins such as shrimp or chicken can be added. And, of course stone ground grits always find a spot on the menu.

"Our customers like us to keep things simple and fresh," Johnston says. "People appreciate we're not trying to overwhelm the dishes and have different flavors in competition with each other. We don't make drastic changes and really, not that many tweaks."

Just about everything is locally sourced except diver scallops ("Obviously we get those from up north but we have to have them on our menu because — well — who doesn't love diver scallops? They're delicious"). Even the tuna is local Gulf tuna.

"I grew up in the south and so did our head chef (Josh Smith). We both understand the importance of fresh, local, and vegetables," she says.

Johnston grew up in Monroeville, AL, picking crops from the family garden and learning how to cook southern food from scratch her grandmother. Johnston attended Auburn University and earned a degree in hotel and restaurant management and then a Court of Masters Sommelier certification.

Head Chef Josh Smith's culinary journey started in Monroe, NC, a small rural farming community near

Charlotte. The family garden put food on the table and he assisted his mother and grandmother in the kitchen, soaking up their generational culinary knowledge and getting hands on training.

The restaurant only serves beer and wine but under Johnston's sommelier hat there is a lot of creativity. "I do a lot of drinks that are made with wine that other places would use liquor instead. Sometimes

people want something other than a glass of wine or a beer. We do a white wine Moscow mule that uses white wine instead of vodka. We have a peach Bellini and a Port of Call that uses port, which is almost like sangria. We are crafting drinks but not with liquor."

While the restaurant has a wellstocked and diverse list of wines, Johnston admits that rosé is becoming a staple with customers today. "Rosé is definitely becoming more popular. It works well with the humidity here. It's not a sweet wine and it's more of the dry side. It pairs really well

with a lot of summer dishes."

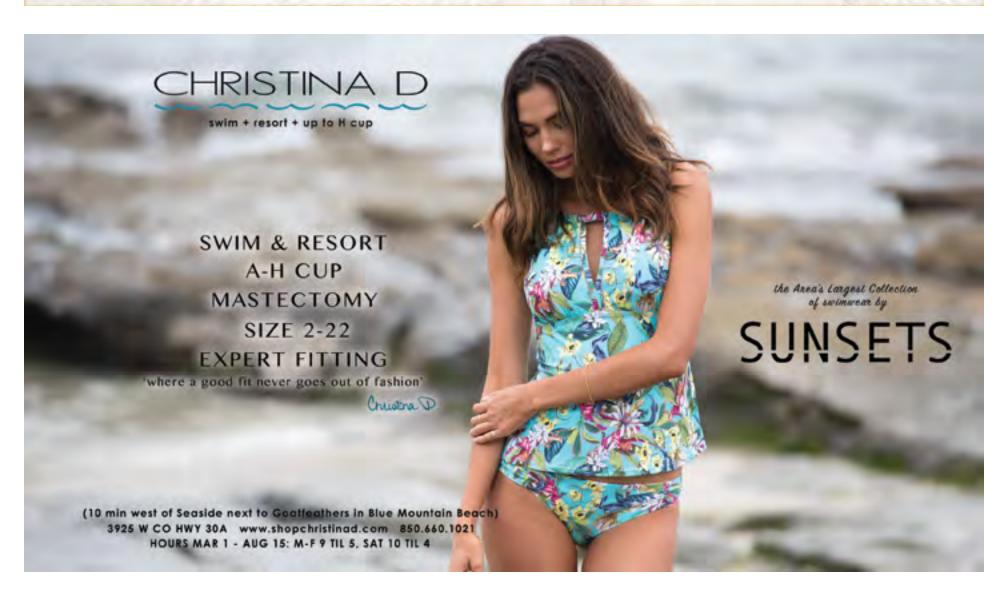
Edward's keeps up with the local beauty vibe with live music in the courtyard as guitarist Jim Couch and saxophonist Ike Bartley playing cool tunes and set the vibe. On Fridays they show black and white movies.

The restaurant, which doesn't take reservations, seats 80, with 25 indoors. "We don't do a lot of events because, frankly, if it rains and the event has to be indoors, we can only really handle about 25. We don't book events that we can't handle in case of rain. We'll do an occasional rehearsal dinner, but that's about it."

Actually, any dinner at Edward's is a reason to celebrate. The restaurant is a fan favorite not only with locals, but also with tourists. "We have a lot of regulars, but people who visit Rosemary Beach over the years make a point of coming here. We see repeat faces even if they don't live here. I think everyone knows what to expect when they come here — and they like what they get."

Edward's Fine Food and Wine is located at, 66 Main St., Rosemary Beach. Call (850) 231-0550. Hours are every day, 5 p.m. to "late". No reservations. www. edwards30a.com





Wild Olives

BY KEMPTEN TAYLOR

ocated in the heart of the picture perfect town of Rosemary Beach, Florida you will find Wild Olives (Wine - Cheese -Bistro). This wine and cheese shop meets bistro speaks for itself, offering 30-A visitors and locals a variety of retail fine wines, gourmet cheeses, Italian meats, bread, local honey, and a variety of other specialty foods. The fullservice bistro is ideal for lunch, dinner, and Sunday brunch; with a menu chocked-full of scrumptious sandwiches, flatbreads, burgers, small plates, charcuterie, and poised entrees that will delight even the most discerning palate. "We are all about letting the ingredients shine. We use the best products that we can get our hands on and the quality speaks for itself," says owner Chris Trovas.

Wild Olives has been a staple on the 30-A dining scene for over 12 years now and this "wine, cheese, bistro" has matured into an exceptional wine shop with a full blown bistro menu. Fine wines are a passion for Trovas so it is no wonder why Wild Olives has become known as "the best little wine shop along 30-A". Cult, small production, and limited quantity wines are among the bottles that adorn the shelves at Wild Olives. Trovas personally hand-picks all the wines found at Wild Olives.

All selections are tasted before bringing them into the shop and he promises customers will not be disappointed with anything he might suggest to enjoy "table side" or to take home. (There is no corkage fee). Wild Olives has a great variety of menu items, including sandwiches, cheese boards, flatbreads, small plates, and salads; and after 5 pm dinner choices include fish, shrimp, pasta, and delicious steaks.

The restaurant puts a large focus on the wine shop and Trovas is spot on when asked to suggest a wine for dinner or

to take to the beach. Wild Olives also has a great happy hour, which includes their celebrated wines by the glass menu. Happy hour is every day 11:00 a.m. to 5:00 p.m. and is very popular. Customers receive a discount on the by the glass list, as they serve a quartino portion







comes together, and tends to always have the perfect suggestion. Ask about his weekly dinner special, as it is always the perfect choice for most customers.

The Wine Room is the perfect spot for a small gathering of four to six people (adults only). This room can be reserved and tempts you as you are surrounded by great wines adorning the walls. As an added perk, Trovas will gladly assist you with your dinner choices and wines to pair.

Wild Olives is also a very active member in the local community. For many years, the restaurant has been involved with Destin Charity Auctions Event, as well as many other children's charities throughout the Gulf.

Wild Olives is a Bistro and Wine Shop located directly on 30-A in Rosemary Beach. Dine inside the intimate dining

> room or al fresco on the large outside patio. The wine shop offers beautiful wines to enjoy tableside, to take home, or to the beach. Cheese, honey, crackers, and other wine and food are available. Table service and takeout are takeout before dinner service begins.

for the same cost of a glass of wine. Bottled beer also is discounted during this time. Friday night wine tasting is very popular and a great way for Trovas and staff to introduce patrons to a new wine, as well as to give tips with pairing food and wine and discussing the different varietals. Trovas is full of knowledge when wine and food

Wild Olives is open Tuesday through Saturday from 11:00 a.m. till 9:00 p.m., on Sundays for brunch, and is closed on Mondays. For additional information, visit them online at www.wildolivesmarket.info and www.30-awines.com. To contact the Wild Olives team, email them at wildolives@mchsi.com.





Contemporary American cuisine served al fresco. Our menu utilizes fresh, local ingredients to showcase our Gulf Coast locale with craft cocktails, wine, and beer to match.

Open to the public Tuesday through Saturday at 5:30 P.M.

Chef Profile: Lawrence Klang, In Memoriam

BY MARY WELCH

He was a kind soul with a big talent. He was very thoughtful, and he didn't speak a lot. He spoke through his food.

awrence Klang spent his life searching for new ideas, places, and friends. But there were two things he didn't have to search for, because he found them. "He loved me and he loved cooking," says his wife, Laura Pentel-Klang. "We were the two great loves in his life." It was that simple. And that perfect.

Chef Klang, who passed away this past March 2018, was an extremely talented chef who could prepare a classic, complicated French dish with ease and then pan fry the fish he caught with his in-laws on the Gulf of Mexico. "He was well-versed in cooking. He was classically trained in French cuisine but that was just the start of his training. My father is a charter boat captain and he loved to go fishing with him. He pursued his passion," says his wife, an attorney and third generation native of the South Walton area.

Chef Klang, like so many others in the area, divided his time geographically. He was the executive chef of The Blair Hill Inn, in Greenville, Maine; a Relais Chateau property. He oversaw the restaurant from June to October and then returned to the South Walton area, where he worked as a food stylist, consultant, and private chef; and took advantage of any opportunity to be a guest chef around the world. In fact, he was lined up to be a chef at a lodge in Tanzania on Mt. Kilimanjaro for May 2019.

During the couple's 14 years together, (married 11), he made his mark on some of the area's best restaurants. He was the chef cuisine at the WaterColor Inn and Resort/St. Joe's three restaurants: its signature eatery, Fish Out of Water; The Gathering Spot; and IRD. He also worked in restaurants in San Destin and Grayton Beach.

But the world was his oyster (and he knew how to cook it). He studied Asian food: traveled there and studied under a master chef. He trained in Bangkok at David Thompson's Nahm Restaurant, which at the time was named the number one restaurant in Southeast Asia. He was a guest chef at Restaurant in Bangkok, Thailand and the Kura Kura Restaurant in Oberoi Hotel Bali, where he trained in Indian, Malay, and regional



Indonesian Balinese cookery. Last, but not least, he studied the cuisine of China and Singapore with Chef Alfie Jerome Mossedeg, who is now the executive chef of the five-star Dream Hotel in Phucket, Thailand.

Throughout his career he has held the position of executive chef at four- and five-star properties in the US, and studied gastronomy throughout the world. He was a guest chef at Ciel Blue, a two-star Michelin restaurant in Amsterdam, and was the recipient of the 2008 Lobster Chef of Maine People's Choice Award. Most recently he participated in the Ramen Challenge at the 2016 Star Chefs conference in New York City and appeared on the Chef's Kitchen television show and prepared the dinner, "A Maine Noelle" at the James Beard House in NYC.

The late Barbara Bush knew of and appreciated his talent and he participated in preparing her 90th birthday





dinner in Kennebunkport, Maine. He completed a research and development project in Asia in preparation of the opening of a South East Asian inspired property in New England.

After finishing a degree in philosophy from Washington State University and deciding not to go to law school, Chef Klang took off for Europe and received his Grand Diplome from Le Cordon Blue London in 1996. His star quickly rose as restaurant owners, chefs, and customers knew they were in the presence of a culinary genius. He worked in London's Claridge Hotel and Capital Hotel, as well as Restaurant Jaques Maximin in Vence, France, and Le Bernardin in New York City. Among the chefs he worked beside were Thomas Keller, Jean George Vongerihten, and Emeril Lagasse.

While he pursued his passion for cooking, he took it upon himself to mentor aspiring chefs around the world, many of who came for his celebration of life ceremony

Despite his global adventures, Chef Klang loved Walton County where he doted on his cat, Sage; collected rare and out-of-print cookbooks, and spent time with his family. "He was a kind soul with a big talent," his wife says. "He poured himself into his work and family. He was very thoughtful, and he didn't speak a lot. His degree is in philosophy, so he chose his words carefully."

She adds, "He spoke through his food."



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Pick of the Crop

BY LIESEL SCHMIDT

rom the vibrant hues of their rainbow carrots and the golden tones of their butternut squash, to the robust reds of their heirloom tomatoes and the crisp snap of their snap peas, Paul's Pick of the Crop is a purveyor of all things fresh and dirty, harvesting from the fields of their multigenerational farmland as well as those cultivated on the grounds of some of the region's best farms. Taking those locally grown jewels to the Seaside Farmer's Market, Paul Johnson serves as the go-between for grower and consumer, creating a connection that promises purity, sustainability, and ethical sourcing that showcases the many treasures that the wonderful cross-section of the south has to offer.

Week after week, Paul's Pick of the Crop is just as advertised: operating a veritable cornucopia of colors and flavors picked fresh from the vine and plucked right from the tree, so newly dug-up that the dirt still clings to their skins. It's the simplest of concepts, really,

but one that too much of the country has lost sight of in this age of chain grocers and brightly-lit superstores where vast aisles of produce have been stocked with the wares of growers thousands of miles away.

"We love having the opportunity to represent these wonderful growers from across the region and bring their product to people at Seaside who would otherwise not have the chance to enjoy them," says Johnson,

whose family has been in farming as far back as he can remember. His own return to those roots happened only a decade ago, after he and his wife, Marsha, decided to give up their previous nine-to-fives and get their hands dirty at the Market. Now nine years in, Paul's Pick of the Crop has aligned themselves with farmers and growers spanning the map from Georgia to Northern Alabama and down into Central Florida. "We're still staying regional, but that allows us to be able to source a wider variety of the freshest, most seasonally available product throughout the year," Paul explains.

And that dedication to freshness is certainly palpable. It is clearly evident in the texture, the color, the size, the smell, and—of course—the taste of every last fruit and vegetable. From blueberries to beans and everything in between, Paul's crop definitely makes the top pick as far as market-goers are concerned; so busy have they kept his stalls that the supply is not always able to keep up with the demand. And understandably so, as his process of cutting out the "process" of farms to processing plants to storage containers to shippers mean that whatever you lay









Whatever you lay your hands on each Saturday morning has been freshly picked only within the last few days.

your hands on each Saturday morning has been freshly picked only within the last few days. "People really appreciate that, because they love getting good food," Paul explains. "And realizing that was really what gave us the push to start all of this when we did, because we realized that people had really begun to embrace the idea of fresh, local, organic food, and that we would be able to bring that to them here at Seaside."

Originally both from Alabama, the Johnsons finally made South Walton their permanent home after they started the business, having spent years coming to Seaside at every opportunity to enjoy its beaches, small-town feel, and friendliness of its people. Now having fully planted



themselves here, their small family uses Saturday mornings at Seaside Farmer's Market not only to work, but as a way to spend time together and to enjoy time with other members of their community. "The people at Seaside are so wonderful,

and they've really embraced what we're bringing them here at our little farm stand," he says modestly. "I think that's why we've done well over the years—when you do what you love and you do it well, you do well," he continues, espousing his theory on the secret to success regardless of what one might be doing.

In Paul's case, doing well means that his crates and tables—once stacked high with bushels and bundles of freshly picked produce of every color—have been emptied, leaving nothing behind but the stray bit of farm dirt as evidence of what was once there. From farm to market, Paul's is one pick worth making—and it's quality with truly home-gown roots.

Paul's Pick of the Crop can be found Saturday mornings from 7:00 a.m.-1:00 p.m. at Seaside Farmer's Market, 2235 East County Highway 30A, Seaside, Florida 32459. For more information, call (850) 527-*7855.*



Beaches and Blooms

BY LIESEL SCHMIDT

icture it: the warm Gulf breeze gently ruffling through your hair as it blows in off the glistening emerald green waters, the soft smell of fresh flowers

perfuming the air, the watercolor wash of pinks, oranges, and reds as the sun lazily sets over the horizon. It's a recipe for an experience unlike any other—and for the past 32 years, it's a recipe that has made Bud & Alley's one of the most beloved places for outdoor dining in all of 30-A.

One of the original restaurants in Seaside, Bud & Alley's was also a leader of the pack—a pioneer, if you will—of the farm-to-table and Gulfto-table movement that has become such a critical part of the food scene over recent years. When owner Dave Rauschkolb and his former partner Scott Witcoski opened Bud & Alley's back in the eighties, they drew inspiration from such activists of organic cuisine as Alice Waters, Frank Stitt, and Jeremiah Tower. This was the genesis of that connection with nature to create an

experience for their diners that quickly became a Seaside tradition.

"We had really limited indoor seating back then, but dining outside in the fresh air, out in the sunlight or under the stars, with all of the beautiful flowers and plants in the herb garden surrounding you, became where our guests actually preferred to dine," Rauschkolb recalls. And that preferential treatment only increased when, in 1994, the kitchen and roof deck underwent renovations that required that the kitchen be closed. Not that a closed kitchen stopped Bud & Alley's from continuing operations. Rather, they set up shop in an old Airstream trailer that had been retrofitted with a fully functional commercial kitchenthe first of its kind along Scenic Highway 30A.

Ingeniously turning it into a selling point, the temporary kitchen was fittingly christened The Herb Garden Grill and serviced the entire Bud & Alley's operation even after the kitchen and roof deck were completed that winter.

Despite multiple expansions and enhancement projects over the past ten years to open a series of new restaurants under the Bud & Alley's brand, including Pizza Bar and Taco Bar, that herb garden and roof deck







are still some standout jewels in the Bud & Alley's crown. And with good reason, as its natural aesthetic appeal is only heightened by the beautiful design of the garden's gazebo-not to mention its lush greenery and the vibrancy of its blooms, all of which have been tended with care for the past 25 years by Rauschkolb's dear friend, Leah Stroble Mason.

Long ago a functional herb garden, the culinary herbs that are still rooted in its soil would easily be wiped out in as little as once lunch service, so busy has

the restaurant become. But no matter, as it still holds its own as a natural drawnot only for dining, but also as a charming venue for weddings and special events. "I doubt there are very many more beautiful places to get married or to host a special event than out here under the stars at Seaside and in the middle of our wonderful garden," Rauschkolb observes of this little oasis that seems such an unexpected sight at the beach.

Now in the midst of another expansion project expected to be complete in early summer of 2019, Bud & Alley's is looking forward to the addition of more bathrooms, a larger roof deck, and the completion of a boardwalk; but not just any boardwalk. This boardwalk was long envisioned by

Robert Davis and brought to life through the design of Dhiru Thadani, complete with an expansive mahogany bar rail that stretches from Bud & Alley's Pizza Bar all the way up and into a beach walkover that was newly installed last year, where Bud & Alley's Beach Bar operates during the summer months. "The Beach Bar is great because it allows people who are going to the beach to grab a drink and get a bite to eat, and then they can enjoy a cocktail in a beach chair, which is a first for Seaside," Rauschkolb explains. "What's exciting for us about the boardwalk is that it provides for great people watching and really enhances the whole outdoor dining experience we offer at Bud & Allev's."

And with so much beauty surrounding them—from the waters lapping up along the shoreline to the burst of flowers in the garden—Bud & Alley's certainly offers an experience unlike any other.

Bud & Alley's Restaurant is located at 2236 East County Road 30A, Seaside, Florida 32459. Open daily 11:30 a.m. For more information, call (850) 231-5900 or visit www.budandalleys.com.





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If you are looking for that unique and "must see" experience while visiting 30A, be sure and stop in to visit the Justin Gaffrey Gallery, home to the artworks of Walton County's premier contemporary artist, Justin Gaffrey. The gallery is unlike any other museum or "white cube" gallery experience you have ever had! Take in the various paintings and sculptures inside and speak to a design associate about commissioning a "made just for you" artwork. Roam the scenic grounds in the outdoor sculpture garden and take advantage of the photo ops for that one of a kind selfie alongside Justin's surrealistic creations. See where this artist began his career in his original studio, or find that perfect piece of original artwork for your home. There is no obligation to buy, and the gallery staff is welcoming and knowledgeable of the artist's history, the body of work, and techniques. The Justin Gaffrey Gallery is located along 30A in Blue Mountain Beach at 21 Blue Gulf Drive and is open to the public Monday through Saturday from 10 am to 6 pm during the summer, and 9 am to 5 pm during the winter months. The Justin Gaffrey Gallery has something to offer for all tastes from contemporary abstract painting and sculpture, to modern still life, landscape, and floral painting, limited edition prints and one of a kind studio relics. For the art lover to the serious connoisseur, a trip to the Justin Gaffrey Gallery is a visit you will want to make each time you come to the beach! Be sure to follow Justin on Facebook and Instagram to see all of his latest creations and gallery events.

Simon Kenevan

BY MARY WELCH







ven as a child in the south of England, Simon Kenevan was drawn to the ocean. Today he draws the ocean and his work is seen and appreciated across the world, including Curate 30a: a stunning gallery in Rosemary Beach.

Although Kenevan enjoyed drawing, he never considered it as a career. Actually, it seemed as if he didn't have a laser focus on any career. He studied drawing in his teens and did portraits of David Bowie, Jimi Hendrix and, occasionally sea birds. He worked on a small fishing boat (where he again studied and loved the ocean), sold fabrics at market stall, and then worked in graphic design for a publishing company designing greeting cards and other design jobs. On the strength of his work, a local studio in England showed his creations, which eventually veered toward the fine arts.

Fate intervened and he took the hint. He received a letter from a Mrs. Barrett who wanted to sell art equipment. She and her husband were retiring, moving to be closer to their children and building a studio so he could paint. The husband died before he could fulfill his dream. She liked Kenevan's paintings and they decided to exchange paintings for art equipment. "I find it somewhat poetic how it all came in my direction," he says. "It's like he was passing the baton to me to take over and paint. I found his pastels and it was love at first sight."

After some life changes, in 2003 Kenevan landed in the US and was entranced by North Carolina's Outer Banks. "The Outer Banks are a bleak, exposed place and it really appealed to me. A friend of mine, Gary, who owns a curate gallery in Atlanta, told me I needed to go to the Gulf Coast of Florida. He told me I needed to go down there and start painting. He said I would absolutely fall in love with the place. But I didn't want to venture down there because I heard it was too gentle for me. Outer Banks was a hard place, I always thought of the Gulf Coast as too soft. They have air conditioning!"

But Kenevan found his way down to the Emerald Coast and, despite his initial resistance to "do gentle" he found out that he could, indeed "do gentle."

"I love it here. Yes, the sea is gentle but it sparkles when you have storms and when it's hot. And then you go up to the state parks and see how wild the dunes can get. It has a gnarly side, which appeals to me. These wonderful places move me profoundly."

His favorite times are the early mornings or late in the day "when you can see how deep the blue is on the shadows of the dunes. It's a big draw."

In his painting, the scenery is the star; if a person is included it tends to be in a secondary role. "I think if you put a person in one of my paintings, the painting becomes about the person. I may be like most people who want the beach all to ourselves just for a moment. I want it all to myself so I can curl my toes up in the sand and connect with the beach. Even if you're at the beach and there are people around, you have to close them out. If it's empty and yours... that's when you really connect. And that's special."

Kenevan doesn't sit by the ocean painting. Instead it takes lots of photographs and they serve as a point of reference. "I use the photograph to get the curve of the wave or how a how the sun highlights it. I like to do an accurate rendition of what I remember. I don't try to make it photographic; it just comes out that way. My actual coloration is more emotive."

He stayed true to pastels until a publishing company asked if he could paint with oils, whereupon he taught himself to paint in oils. "The pastels dictate that you paint from the top down because of dust. When I started painting in oils, I automatically starting painting from the top down

and then I layer my paints with two or three layers of paint or glazes and then built it up layer upon layer."

Today he paints in both mediums and also offers limited edition giclée prints. Giclée prints are from an elevated printmaking technology where the images are generated from high resolution digital scans and then printed with archival quality inks onto various materials including canvas, fine are and photobase paper. They are then completely contour brushedstroked by Kenevan with

a fine art medium that mirrors the rich textures of an original oil painting. These prints are ideal for those who can't afford an original work but wants an artist's work in their home.

Kenevan has been a full-time artist since 1992 and lives full-time outside of Atlanta, GA. He goes to the 30-A area three to four times a year and the Outer Banks one or two times. "I'm getting pulled in all directions. I need to explore more of the 30-A area, maybe go as far as Destin or further east."

His work is displayed in the Curate 30a Gallery, as well as the Vinings Gallery that has two locations in metro Atlanta as well as a few galleries in the UK. He has a new, larger gallery and is going to try to paint larger paintings.

"I am very fortunate that all I do is paint and I'm very busy. I'm lucky that I don't have to paint things so the people will buy them. I'm lucky that I paint because I want to paint, and I paint what I want to paint. I'm painting things that I love and want to share with people."

He adds, "I know that every one of my paintings will find its right home. It may take a week or a year but it always finds its home. I want my customers to love my paintings. If you don't love it, I'll keep it."

Kenevan's work is available at Curate 30a, which is also featuring a show highlighting his work July 3-7. The gallery is located at 72 Main St., Rosemary Beach, FL: (850) 231-1808. You can also go to www.curate30a.com or www.simonkenevan.com for more information.



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McCaskill & Company – Bridal Gallery

BY JESSICA BADOUR

man gets down on one knee, heart racing, staring up at the woman he loves as she looks down in wonder at that little box in his hand, and says...yes!

The moments leading up to every woman's fairytale proposal is much closer to reality on 30-A these days, with help from the Bridal Gallery at McCaskill & Company. The formal gallery has been open just over two years, with sparkling success for residents both near and far who come for the experience the salon offers; namely, the luxurious setting, personal touches, and unsurpassed diamond knowledge.

Before the bridal salon was established, the flagship designer jewelry and watch gallery had an area of the store designated to bridal pieces - but Elizabeth Campbell knew it didn't offer the privacy and intimacy the experience warrants.

"The engagement and marriage are some of the happiest moments in a couple's life - it's such a special time. We wanted to recognize that with a dedicated space just for this experience," Campbell says. She and husband Bill opened the store in 1999, later joined by their daughter Carolyn Campbell Brigman. Today, the Bridal Gallery continues to set McCaskill and Company (M&Co) apart.

"There is so much more to choose from, and we provide a true education about the diamonds, so customers can make the best selection and decision," Campbell continues. "Bridal customers are different than your usual jewelry customer. It's a multiple-visit process and you become so close to the couples as you learn their stories."

David Kirk, M&Co Sales Manager, has been in the business since the 1980s. He's been invited to stand in more weddings than he can count - for people who started out as strangers, turned into clients, and became lifelong friends.

"These are people that I just met through work," Kirk laughs. "With the bridal gallery, we have the largest selection of bridal brands on the Emerald Coast and people from hundreds of miles away drive here just for the experience."

The experience includes several special components. First, there's the beautiful surroundings, which are warm









and welcoming. A huge seating area provides privacy and comfort for a couple (or standalone) looking to purchase a ring that symbolizes the relationship. There is one desk and a microscope, where Kirk (who is a graduate in diamond grading) and the other three Bridal Gallery Sales Associates cater educational presentations for each client. For the M&Co team, it's about people understanding how to shop for a diamond - regardless of where you ultimately buy it. Whether you're starting from scratch, bringing in a diamond for mounting, or creating a custom design, M&Co is ready with more designers and various brands of diamonds, including Forevermark and Heartstar.

"We are not about selling our customers a piece of jewelry, we want it to be the right piece," Kirk stresses. "Diamonds aren't just a 'job' for me, they are a passion. Myself and the other associates are here to train others. Even if you're not purchasing your ring from us, we want you well-informed on how to make the best decision."

M&Co's Bridal Gallery is truly a "no pressure" experience, with very soft follow up. Customers are encouraged to shop around before making any decisions. And after the resounding "yes" has been declared, there is everyone at M&Co's favorite part:

"That bridal bag is the most fun thing in the world!" Kirk exclaims. "The fiancé comes in to introduce her to us and we tell her, 'We want to celebrate you! We're going to throw you a little bridal party!' And we bring out the champagne, and there are some presents, and we take photos for them on their phones or cameras. It's such a special moment.

"Asking someone to commit the rest of his or her life with them, it's a huge responsibility," he adds. "We want it to be the perfect ring."

And once that perfect ring is securely sitting on a finger, the story doesn't quite end there. As Kirk mentioned, he's been invited to witness the matrimony for many clients.

"This is often the one time in their life they'll have an experience like this. We become close with many customers," he says. "I sold one couple their engagement ring and I'm now helping their children with rings. How cool is that?"

McCaskill & Company is host to renowned jewelry designers and Swiss watches, located at 13390 Highway 98 West between Destin and Sandestin, Fla., open Monday - Saturday, 10 a.m. - 5:30 p.m. Reach them at (850) 650-2262 (or text (850) 203-5797), email info@mccaskillandcompany.com, and find them on social media.













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Discovering Visions of Seaside

BY ANNE HUNTER

n 2012, photographer Jack Gardner introduced me to Dhiru Thadani: author of Visions of Seaside, the most comprehensive book on the history and development of Seaside, the nation's first and most influential New Urbanist town. The book chronicles the thirty-year history of Seaside's evolution and development, and its global influence on town planning. Visions of Seaside has a been a wonderful resource for me in learning about the founders and visionary thinkers who imagined the place so many of us now call home. However, it also speaks to the present.

One of my favorite local pastimes is stopping by the Seaside Farmers Market on Saturday mornings to shop for my weekly groceries and catch up with local friends. Here, an excerpt from the book shares the history of this local treasure.



Scenes from the Market (Photos courtesy of Jack Gardner Photography)

SEASIDE FARMERS MARKET

By Jenifer Kuntz and Melanie Cissone

On any given Saturday, the Seaside Farmer's Market seamlessly encircles the perimeter of the town's amphitheater. Farmers and artisans set up stands to sell what they grow, raise, and make by hand. Locals and visitors buy free-range chickens and duck eggs, fresh milk, local honey, breads, and the most coveted arugula available on Florida's Northern Gulf Coast. Approaching its fifth anniversary in May 2013, Seaside Farmers Market has grown into a profound part of the local food culture along the 18mile stretch of paradise called County Highway 30A.

The market had simple beginnings starting in 1981 as a roadside-stand and open-air-market. With the first two houses in Seaside under construction, Daryl Davis, wife of Seaside founder Robert Davis, had undertaken community building through creative marketing. Davis drew on her travels to Europe where open-air markets that were inviting to the eye and curious to the palate abound. Davis displayed fresh, ripe and beautiful produce, colorful flowers, French baguettes from a local bakery, local shrimp that was used in shrimp boils and gumbos available for purchase, fine cotton clothing, beautiful linen tableware, funky t-shirts, and ceramics from Italy. The bookstand had a variety of carefully chosen books that served to entertain in downtime the mix of locals, carpenters, builders, architects, planners, service people, and passersby. By exposing the area to a market-based cultural experience with fresh local food and fine, unique goods — all beautifully displayed — Davis was creating a brand.

The marketplace was a representative glimpse of what the look and feel of Seaside would become.

Over time, Davis partnered with Mary Patton to open a boutique called Perspicacity. In market stalls, each with a vignette, these friends sold personally selected women's and children's clothing, accessories, gifts

and house- and tableware. At the same time, both Robert and Daryl Davis began inviting specific retailers to open operations in Seaside. By 1989, food provisions, prepared dishes and sundries were being sold at Modica Market, local shrimp at Bud & Alley's, books at Sundog Books, home goods at Pizitz, and t-shirts at the Seaside Store. In those early days, while urban planners were designing and developing a town, Daryl Davis had begun to give it

Twenty-one years later, Raw & Juicy purveyor, Jenifer Kuntz, invited Robert Davis to lunch to discuss the possibility of a farmers market in Seaside. Since such a market had always been part of the town vision and once before existed as a vegetable stand, he offered the amphitheater as a location. In 2008, the Seaside Farmers Market began with three vendors whose stands were erected next to Raw &



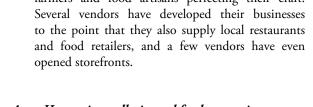
Juicy Organic Juice Bar and Café. By locating the stands next to her business, Kuntz could manage both the market vendors and her own customers buying healthful juice creations from her inviting Airstream. It was a convivial atmosphere.

As summer came to

a close that first year and vacationers went home it was challenging to keep vendors committed to the market. With foot traffic on the wane and reduced interest in the few remaining vendors, Kuntz initiated a breakfast event each Saturday morning to draw people to visit regularly. Each week she invited a different member of the community to prepare his or her most popular breakfast dish. A Seaside homeowner might make Tortilla Español one week and the following week the sound technician from the Repertory Theatre might prepare Potato Black Bean Sauté. Everyone loved it. People came just to see who was cooking and what was on the menu. The entertainment value was precious but magic happened

after the break- fast event; people who stopped to see "the show" stayed to shop at the market. By 2010 the Seaside Farmers Market was the only year-round market in the Florida Panhandle.

Today, the market is a haven for small farmers and food artisans perfecting their craft.



Anne Hunter is a gallerist and freelance writer on arts and culture. She serves on the board for The Seaside Institute. Pick up a copy of Visions of Seaside at Sundog Books to read the full chapter on the Seaside Farmers Market by Jenifer Kuntz and Melanie Cissone.





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You Live Here

BY ANNE HUNTER

hose are cherry tomatoes from my garden," Andi Zack-Johnson beams as she serves up a colorful plate of vegetables on the back porch of her home overlooking Eastern Lake. Slight and blonde, melodies emanate from the Canadian-born songwriter as her subtle movements interpret their rhythm. Hues of teal, orange, and yellow reflect her aura to imbibe the vintage furniture tucked inside the fish camp-style house that she shares with her husband, Ken Johnson.

Their expansive back porch view reveals the lucky boat that is moored to their picture perfect dock. For this star couple, the southern summers that were once synonymous with weekend trips to Seaside, scrunched in between songwriting sessions and shows, are now a full-time reality.

Ken and Andi met in Nashville in 2006. They were both staff writers for different music row publishing houses and began cowriting. Both spent 15-years writing professionally before moving to 30-A in 2016, but not before starring as cast members seasons of CMT's hit show *I Love Kellie Pickler*, produced by Ryan Seacrest, for three seasons. As writers, their songs have been recorded or produced by Harry Connick Jr., Brothers Osborne, Vince Gill and his daughter Jenny, Uncle Kracker, Billy Gibbons of ZZ Top, Wayne Newton, Joey and Rory, Craig Morgan, Tyler Farr, Josh Thompson, Chris Janson, Buddy Miller, Butch Walker, and Claire Bowen (as Scarlett on the TV show Nashville), to name a few.

For Ken, being a father to his children and husband to Andi took precedence over his songwriting career. His 14-year old son will be starting high school this fall, while his 18-year old daughter will attend Rollins with an academic and volleyball scholarship. "Andi left a tiny little town in another country and has sacrificed seeing her family often," says Ken of his wife, "never dreaming that she'd be married to a father and former stockbroker from Birmingham, Alabama, and now living at the beach."



Photo courtesy of Dawn Chapman Whitty

People often ask us, 'You live here?'" says Ken, explaining that it's hard to believe.
"Yes, we live at the beach."

In 2014, the couple invented the characters Huck and Lilly as caricatures of themselves for a young audience. Inspiration hit the songwriters on the steps of the Coleman Pavilion in Seaside. They were dining on a margherita pizza from Pizza Bar and two plastic wine glasses of rose when a fiddler crab ran through their picnic. "I thought it was a spider!" says Andi. "One of its claws was bigger than the other. I said to Ken, 'What is that?'"

He responded, "It's just a fiddler crab!"

"Why do they call it that?" chimed Andi.

To which Ken said, "I don't know, he don't play the fiddle."

The couple wrote a song that day called Fiddler Crab (he don't play the fiddle). They went on to record

the song in Nashville with multi-Grammy winner and multi-Dove award-winning producer, Skidd Mills. "The three of us worked on it together and that lead more with the idea of making music for kids that adults would like too."

Huck and Lilly's first album *There's A Tree Growing in My Room* was released in 2015 and produced 3 singles on Sirius XM radio *Kids Place Live.* Their second album, *Sunshine*, was released on May 1, 2018 and has already had four songs added to daily rotation on Sirius XM Radio.

Ken and Andi now invite their talented Nashville friends to the beach to write and perform. As owners of *Hit Songwriter House Concerts on 30A*, Ken and Andi feature major hit songwriters from Nashville who will perform private shows with them in the homes of locals and vacationers.

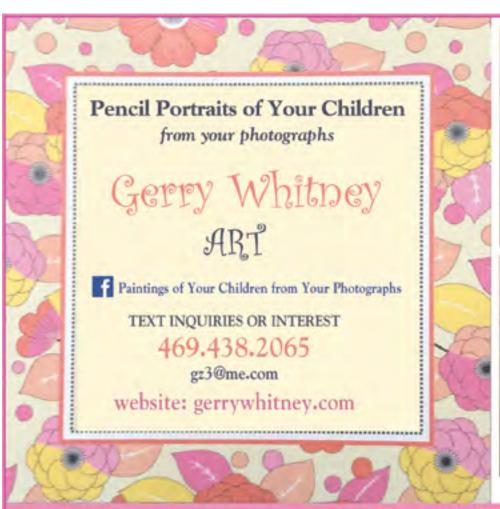
"People can sign up at hitsongwriterhouseconcerts.com much like they would book a deep sea fishing trip or something. It's like bringing Nashville's Bluebird Cafe into your living room."

"People often ask us, 'You live here?" says Ken, explaining that it's hard to believe. "Yes, we live at the beach."

So, the couple lived one big dream and are now on to another. "It's like we went to a great college and could have just stayed at the school but it was time to go on out in the world and use what we have learned to start a business. It's been fun because it's something we do together and we've learned how to harmonize together in life and music."

You can catch Huck and Lilly live on Tuesday evenings throughout the summer at the Seaside Amphitheater in Seaside, FL on 30-A.

For more info: Visit www.hitsongwriterhouseconcerts. com, www.huckandlilly.com, and www.hillbilly-supperclub.com











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Christina D Swim + Resort

BY SUSAN CANNIZZARO







Christina D's

f you dread swimsuit shopping and feel like finding the perfect bathing suit is an impossible task, one specialty shop aims to change your mindset. Beachside boutique Christina D Swim + Resort has helped women and teenagers find the just right suit and more since it opened seven years ago in Santa Rosa Beach, FL.

Owner Christina "Christy" Horton was born in Ft. Walton Beach, FL, raised in Jacksonville, FL, and spent many summers on the beaches of Panama City Beach where several family members resided. After high school, she left sunny Florida and headed to the midwest for college, getting her degree in Finance and Accounting at Indiana University in Bloomington, IN. She went on to have a successful career in Investment Banking in Pittsburgh, New York City, and Chicago, IL.

"While in Chicago, I was struggling to find bras that fit, so I decided to become an expert and open a bra shop where every woman leaves with something that works for her figure and makes her feel great," says Horton. She went on to own and operate a very successful boutique in Chicago, called Trousseau Lingerie and Swim. She became nationally known for her commitment to having a diverse selection of quality designer collections while delivering excellent customer service, plus a "great fit" for a wide variety of ages, sizes, and body types. Trousseau became nationally recognized by the Wall Street Journal, InStyle, Lucky Magazine, and others as one of the "Top 5 Fitters" in the country. "In my prior life, in Chicago, I had one of the largest bra stores in the country...so I take a very 'fit' approach to swimwear. My family and friends were very encouraging of me to take the huge leap and leave banking," she adds.

Horton took a year off to hang out with family. She found the Panhandle had minimal resources for finding the perfect 'fit' and she wanted to bring her passion for lingerie and swimwear while being a go-to resource for women in the Panhandle. Making a move back to her roots and doing what she loved made perfect sense.

"My shop focuses heavily on bra sized swimwear, A-H cup, size 2-20; and bottoms with full coverage (no cheeky). As a result, my client has historically been a mom to a woman in her 80's. However, this spring break I saw a huge influx of moms who brought their early teenage girls in who didn't want the 'cheeky', butt hanging out look," she says.

Her clients include both tourists and locals. "My client is very loyal and comes back year after year because I fit them. I work one-on-one with my client and I give an honest opinion. I'm here to help them look their best on the beach or at the pool," she adds.

"I always hated swimsuit shopping because it never looked or fit right. Christy helped me feel comfortable while trying on the suits and the fit and styles of her suits were amazing. She can take any body shape and have a suit to fit and make you feel great. I will return to get swimwear from Christina D," says Kathy Markey.

Julie Brown is another very satisfied customer and fan of Christina D and Christy. "I was just there two weeks ago and as usual, I went in for one suit and walked out with three! I don't think many of us really love shopping for a swimsuit and are lucky if we can find one. She knows the styles that will flatter you and what will hide those trouble areas we don't like. Christy has done a great job at giving our small town a shopping experience you usually have to go to a big city to find, yet with the welcoming feel we live here for."

As far as best sellers, Christy says tankinis and skirts are very popular. "However, I'm seeing a huge number of women of all ages do a high waisted bottom with a bikini top, which is great...age is a state of mind and bikinis can be done at all ages. It's all about getting the right color, cut and size," she adds.

The combination of knowledge, experience, unique product lines and unsurpassed customer service makes Christina D Swim + Resort a truly great destination.

Visit Christina D Swim + Resort at 3925 West County Highway 30A, Suite G in Santa Rosa Beach. Contact Christy at (850) 660-1021 or shopchristinad@gmail. com Hours M-F 9-5 and Sat 10-4.

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Honeycomb Kitchen & Catering

BY MARY WELCH

ecessity is often called the Mother of Invention. In the case of the two principals of The Hive Creative Consulting, necessity created a business that, unexpectedly provided opportunities for culinary entrepreneurs.

Erin Bakker and Ali Weil opened The Hive Creative Consulting Co. at Santa Rosa Beach in 2017. The Hive offers customizable marketing services for companies to increase their brand awareness, engagement, and revenue. Their sixwomen firm offers a variety of services including graphic design, social media and web design, advertising and business signage, and packing. They also specialize in event management, including business grand openings, corporate anniversaries, charitable fundraisers, workshops, and seasonal events.

It is the latter that created the inspiration and need for Honeycomb Kitchen & Catering. "At the Hive we started doing a lot of business events and hiring our catering for our clients," says Bakker. "Then we thought that we could do the catering ourselves." The women started to look for space with a commercial kitchen to rent on an "asneeded basis", and found a commercial kitchen on Lynn Drive in Santa Rosa. Weil's grandmother was a caterer and her mother, Drina Marmolejo, grew up around the business. "Her mom does our catering. She's incredibly talented and has a good eye for quantity. She knows the exact amount to make and she's great," Bakker says.

Instead of renting the space, they found a perfect building and decided to buy it. To offset downtime when they didn't have an event, they decided to sublease it to culinary entrepreneurs who need a commercial kitchen but either doesn't want or can't afford one. This provides chefs an opportunity to come in to test recipes or make their foods to sell.

"We've got a few different tenants," Bakker says. "They can come in and lease time — it can be an hour or 40 hours a month to full-time use. They have access to the kitchen, equipment, and supplies 24-7. They can do whatever they want."

Their first tenant was The Caveman's Cupboard, owned by Tony DeBlauw, a Paleo enthusiast. DeBlauw has a variety of lifestyle branded products but he comes into the Honeycomb and makes his signature product: a nut butter that he sells at the Seaside Farmer's Market and in various restaurants, including 30A Filet & Vine (a



Hive client). His line was selling so well that he brought in a partner and they are expanding into selling prepared, oven-ready meals for clients. Among their offerings are stuffed potatoes and cream spinach. "It's one-stop shopping. Not only do they make food for 30 Filet & Fine, we've been helping them with their marketing and sales. It's full circle."

Ideal tenants would be a salsa maker, a granola company, a cookie baker, or someone who blends coffee blends. "It's perfect for cottage industries," she says. "It's affordable and perfect for those who want to sell their food at farmers' markets and specialty food shops." She also believes it would be suitable for food bloggers and



food photographers. "There's a lot of natural light and the kitchen is really beautiful."

And the women get to go back to the Honeycomb's original purpose — catering special events. "We do cater most of our events but we don't market that aspect of the Hive's business. We haven't had a need, to be honest," she says. They have several different chefs they utilize for these events, under the watchful eye of Weil's mother.

Although business is buzzing along nicely, Bakker says they are striking up a partnership with the Arc in Walton County, which trains disabled workers, particularly those on the autism umbrella. "They provide job skills so they can live independently," she says "They have a garden club and we're trying to get approval for them to put a raised herb bend behind the kitchen that our tenants can have access to and use. That will be really cool. We submitted plans and we'll see how that unfolds." They also envision holding culinary workshops, classes and retreats.

But for now the women are content to be in charge of their client's branding and

marketing. And if they need to throw an event, they'll cater it too.. and also helping budding entrepreneurs realize their dreams. "If we can get five or six more tenants using the kitchen and then those businesses get going we can help them with their marketing, logo, graphic design so they thrive... well, it's a win. A big win!"

The Honeycomb Kitchen & Catering is located at 88 Lynn Dr., Santa Rosa Beach, FL, 32459. The phone number is (850) 278-6758 or go to www. thehivecreativeconsulting.com/the-honeycomb.







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"Referrals Are A Girl's Best Friend"

Dr Nitin Bawa

BY SUSAN CANNIZZARO

reating the whole individual patient sets the practice of Dr. Nitin Bawa MD apart from other medical practices in this area. "We offer a unique niche in that we incorporate aesthetics into our practice. We treat health concerns, but patients also want to focus on looking and feeling their very best," says Bawa. He strives to offer the most natural and holistic type medicine that is available.

Having grown up in India, Dr. Bawa received his bachelor's degree in Chemistry from Northwestern University, where he did research on Alzheimer's disease and co-authored a research paper published in Experimental Neurology. He finished his medical schooling from the University of Illinois at Chicago (UIC) in 2001. He did his residency in Internal Medicine at UIC hospital.

He arrived in the 30-A area after being recruited by a local hospital. After experiencing how warm and nice the weather was during one visit, he decided the long Chicago winters were no longer appealing, so he and his family moved to the Destin/Santa Rosa Beach area in 2004 and started their practices in 2005.

The original office in Seagrove Beach is now re-opened after a renovation, and Dr. Bawa is happy to announce that Janet Reeves is back at this location. His other two offices are located in Destin and Ft. Walton Beach. His practices are unique in that they do take most insurance, which can be applied to most of their treatments and help the patient avoid out-of-pocket payments.

He has been pleased with the results he has seen with his patients that are coming to him for bioidentical hormones, which are a more natural hormone option. "About 12 years ago a patient asked me about bioidentical hormone therapy during an appointment and that got me interested in learning more," he says. He has many patients who have successfully used bioidenticals with success, including weight loss, and they experience few side effects.

With an esthetician on staff, they offer numerous facial options, including the newest offering with the HydraFacial machine. "This machine really cleans out the pores, it is like a mini vacuum system that uses water, that spins around on the top layer of the face," says Dr. Bawa. They offer Coolsculpting, which was recently bought by Allergan. "We incorporate Coolsculpting for





our patients that are focused on weight loss. Sometimes they

have a muffin top or love handles after losing weight and this process works to get rid of the extra unwanted fat." They can also help with tightening skin, Botox,

The Bawas on



Patients also visit his clinic to get rid of sunspots, where they use the latest laser technology. "I go to various conferences regarding lasers run by top Harvard faculty," he adds. And with Rhonda Leach, a women's health practitioner on staff, they can perform women's wellness exams and even do colposcopies and uterine biopsies when needed, taking care of the most common medical needs, especially women's.

When he's not enhancing the lives of his patients, Dr. Bawa loves to spend time on the water with his sailing team that competes and sails his Viper 640 sport boat. "This is a small, complicated boat with no power winches and lots of lines, so it is a really good workout," he says. He says the area is perfect for sailing since it is protected by the Bay and has nice winds. "We are always looking for more crew to help out," he adds. The Fort

Walton Nationals Race was held recently and he was acknowledged for his participation and efforts since he has only been sailing for about a year. He also enjoys swimming and running and can offer different tests to optimize performance for athletes and can advise them on natural supplements.

Dr. Bawa's patients come from all over the area. When patient Shaunet came to Dr. Bawa she was suffering from interstitial cystitis, IBS, fibromyalgia, and was 60 pounds overweight. "Dr. Bawa and his staff literally changed my life with bioidentical hormones. My symptoms for IC and my other health challenges have been in remission, I was a size 12 and now am a size 2, I have more energy and feel better than I ever have. I really want other women to know about Dr. Bawa because others are suffering with similar autoimmune issues and he has the right answers," says Shaunet. "He also spends quality time with his patients and that is a hard to find anymore!"

Call (850) 665-2059 to make an appointment or visit www.drbawa.com





Are You Healthy? Four Primal Health Needs

BY DR. BART M. PRECOURT

Give yourself permission to stop poisoning yourself with processed foods, sugars, and alcohol.

he million-dollar question! "Am I Healthy?" We all want to know the answer to this question... yet often we avoid talking about it. Why? Most likely because it will expose some habits, patterns, and real-life concerns that we may not want to face. Oddly I think people are often hoping for the "magic pill" yet deep down they know it doesn't exist. At the root of it, we know what we need to do. Although things like blood work and lab tests are good markers, the following Primal Health Needs should not be overlooked. These are basic and required for all humans to be healthy.

Here's the good news! If you take action on any of the following four primal health needs, then yes, YOU are moving in the direction of health. See which one(s) are your best and weakest. Then go to work!

The Four Primal Health Needs

MOVEMENT: This is as primal as it gets. The human body was designed to move and requires movement to establish good health. Your hormones, heart health, lymph system, immune system, and even brain function all require a properly functioning musculoskeletal system. The ability to move your body in ALL ways is one of the most accurate determinates of your future health. Being tight, losing your range of motion in your shoulders, neck, hips, and muscles is a sign of dysfunction. Too often I hear "I've always been tight." This is false! You were born like Gumby. As life, stress, old injuries, and poor nutrition become more common, your body gets tighter and tighter. This makes your ability to adapt more difficult. Of course, we are all aging, yet the only time I hear patients say they "feel old" is when it gets hard or even painful to move. The simple answer: Develop a Yoga practice! The best type of exercise to create an anti-aging effect and improve range of motion... Yoga!

EATING: No surprise here. We are supposed to fuel our bodies with nutrients that support LIFE! This is easier than we are making it. It's still true: you are made from what you eat. The starting point for all of us is to eat Real Food: Foods that come from the earth or come from animals. Due to the changes in our food supply, I recommend consuming NON-GMO and Organic foods whenever possible. Give yourself permission to stop poisoning yourself with processed foods, sugars, and alcohol. Does it require that you never eat ice cream or have a beer? Of course not. Yet these should be occasional. Not daily.

SLEEPING: We only heal when we sleep! Clinically this has become one of the fastest growing health challenges in our country. The big problem here is that without sleep, ANYTHING can go wrong. Your immune system can break down, heart health is compromised,

hormone imbalances, weight gain, anxiety, depression, and the list goes on. Ideally, 8 hours of sleep per night. If you are having sleep issues, whether it's falling asleep or staying asleep, I recommend you reach out to someone like myself or another healthcare practitioner that has experience helping people get good sleep. Being rested can be a life changer!

POOPING: Yes... proper elimination. All humans need to sleep and poop in order to be healthy. This is another health challenge that is on the rise. Maybe this biggest issue here is that we don't talk to our doctors about it. Having at least one full bowel movement per day is ideal. If you don't eliminate properly you are becoming toxic. Headaches, arthritis, inflammation, brain fog, and lowered immune resistance are just a few of the problems that can occur. If you have challenges with this primal health need, start with getting sufficiently hydrated. Shoot for one half of your body weight in ounces of water daily. Taking 300mg of magnesium lactate before bed can also have amazing results very quickly.

Irregular bowel movements and constipation are often signs of underlying gut issues that may need the support and guidance of a professional.



In summary, the most Primal of all health needs are: Move, Eat, Sleep and Poop properly. The good news is that these all work in conjunction with each other. As you improve in one area, the others will benefit.

This is your life, and your health... Take Some Action!

Dr. Bart M. Precourt, D.C., is a Holistic Doctor, chiropractor, acupuncturist and nutritional consultant. For nearly 20 years he has helped people get healthy, lose weight and create healthy sustainable lifestyles. He currently practices in Seagrove Beach, FL at Balance Health Studio, www.balance30a.com. For a consultation contact Balance Health Studio at (850) 231-9288.

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Positive Price Trends for the 30A Home Market

BY ERIN ODEN

Overall Scenic Highway 30-A Corridor	WaterColor	Seaside	WaterSound Beach	Alys Beach	Rosemary
AVERAGE SALES PRICE	AVERAGE SALES PRICE	AVERAGE SALES PRICE	AVERAGE SALES PRICE	AVERAGE SALES PRICE	AVERAGE SALES PRICE
\$933,104 2016	\$1,531,685 2016	\$1,782,471 2016	\$1,986,035 2016	\$2,261,504 2016	\$2,370,640 2016
9%1	12%1	2%1	23%1	0%	-3%*↓
\$1,013,465 2017	\$1,719,196 2017	\$1,816,200 2017	\$2,440,185 2017	\$2,256,368 2017	\$2,291,515 2017 * Note that several notably high priced sales occurred in 2016.

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he architecturally significant planned communities have defined the 30-A area, founded on new urbanism concepts that appeal to precisely what so many are seeking in their perfect lifestyle at the beach. In 2015, our special coastal area hit a milestone, as the 30-A corridor home market became a billion dollar annual industry. The home market has further grown 30% with dollar sales volume reaching almost \$1.5 billion in 2017, 21% over 2016. The overall 30-A home market appreciated an impressive 9% this past year.

The amenity-based, planned communities tout the strongest home price trends, supporting their high appeal amongst buyers in the market. Take a look at the current price trends within our popular planned communities.

We at Coastal Luxury anticipate the market to continue its vibrancy through the coming seasons.



The overall 30-A home market appreciated an impressive 9% this past year.

Erin Oden is the principal broker and owner of Coastal Luxury, a real estate firm that maintains a strong emphasis on intimate market knowledge and expertise in the luxury and Gulf-front market. Erin can be reached at (850) 502-1220 or erin@coastalluxury.com. Or, stop by Coastal Luxury, located directly on 30A, the first office east of Alys Beach. Search all available properties at coastalluxury.com/SEARCH.



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30-A I PANAMA CITY BEACH I DESTIN

Thinking Like a Local

BY LIESEL SCHMIDT

ith its mix of sweet little candycolored beach homes and sophisticated condos whose vast expanses of windows face views that command millions of dollars, it would be simple to dismiss 30-A as a typical coastal community; a strung together collection of enclave neighborhoods whose inhabitants float in and out like so much flotsam without ever giving it a real sense of history. But as any true local can tell you, the community of 30-A is rife with tales all waiting to be told—tales of horseback riding across vast expanses of sand along shorelines unbroken by the march of progress and development. Tales of whales being buried on its beaches. Tales that seem to pave each and every road, traverse each and every acre of uncleared land, flow through each and every wave and ripple in its sparkling waters. And knowing thisappreciating this—is the very thing that gives the team at 30A Local Properties such distinction on the real estate scene in 30-A, as they use their in-depth knowledge and true love of the area to create the perfect connection between buyer, seller, and broker.

"As a buyer, you need a local to help you learn the area, and truly local agents know the area better than anyone else," says Bobby Johnson, who began 30A Local in partnership with his friend Jack Emerick. The concept came about after the pair bounced ideas off of one another during core workouts at a local fitness studio and inspired discussions over copious amounts of coffee. The firm's first office in Grayton Beach opened in 2013, quickly setting to work in bringing their primary goal to fruition. "We never set out to be the biggest real estate company; we set out of be one of the best." And with multiple awards offering irrefutable proof, that goal is clearly being accomplished.

Part of their strategy was making their agents as educated and familiar with local history and local culture as possible. "We call it the Local Advantage, and that certainly serves the buyer—but it also serves the sellers," explains Johnson. "As a seller, you need an agency that knows the area's history appreciates that every home tells



Photo courtesy of Tim Ryan of 1920 & Co.

As a seller, you need an agency that knows the area's history and appreciates that every home tells a story.

a story. Locals know those stories. Knowing the story of the land a home was built on and being familiar with the developers makes an agent more effective. That's really something we drive home with every agent on our team."

For this team, Local isn't just part of their name it's also their philosophy. "The L in our name is all about location, location, location. 30A Locals know how to help you find the perfect location to fit your needs. The O is for organic. Every home has an organic story, and a Local agent can tell that story to a buyer or seller. C refers to communities, as 30-A is the series of

communities that we specialize in. A is for advertising. I like to think that we're professionals in marketing and advertising with a specialization in real estate," Johnson says. "And the last L is most important of all... love. We love what we do, and that's something that people can instantly pick up on. It strengthens us and makes us a more successful team—and it also makes us happier and healthier individuals, both at work and in our personal lives."

That perspective of happiness and health is one that Johnson feels is crucial: seeing its value translate into growth and success as a company, as well. So much so that his wife Beverly holds a weekly yoga class for the agents designed to help them find balance, recharge, refocus, and stay centered. "People might wonder what it has to do with

real estate, and what I tell them is simply this: Nothing but everything," Johnson says. And if sales are anything to go by, that holistic approach clearly is everything.

As is their dedication to staying heavily involved in the community. "We need to be able to accurately inform our clients of these things, so we make that a priority," Johnson explains.

"Really, this whole team has a huge domain knowledge of the area, and they're a 'disruptive' force in local real estate because they have tapped into the vast resource of long-time residents who grew up in the area," adds MarketCrest President Scott Berry, who works with 30A Local Property in marketing their brand. "Because of that, the agency has hundreds of years in personal knowledge of the area. Local isn't just their name, its who they are."

For more information on Local 30A Properties, call (850) 213-3048 or visit www.30alocalproperties.com.





Sales Strategy Like No Other

BY LIESEL SCHMIDT

t takes an exceptional understanding of people and the way they think to be truly successful in the highpaced world of real estate; a visionary mind with an appreciation for the smallest details to recognize what will make for the biggest wow factor. And in these times when one has but an instant to make an impact that will rise above the noise of so much stimulation vying for the world's attention filtering through the social media

barrage, it takes a unique perspective to formulate the perfect plan to capture an audience and leave a lasting impression.

Each sharing a similarly unique perspective and visionary mindset are Berkshire Hathaway HomeServices Beach Properties of Florida luxury sales specialist Scott Crompton and owner John David Sullivanand proof of that is clearly evident in the numbers they boast, having recently closed Northwest Florida's highest sale of the year at just over \$10 million for a property along Scenic Highway 30A. And not just any property, but a spectacular home whose attributes warranted a sales campaign the likes of which the area has never before seen; one targeted to reach buyers far afield of the local market.

The reason for that was simple. "The property was unlike any other that we've seen along 30-A," says Sullivan, whose more than 20 years of area sales experience makes him an unbeatable force. Knowing just how special the property was, Crompton

and Sullivan knew that it would appeal to buyers across the nation and potentially even internationally-and so they expanded their tactics to hit their target dead-on. "We knew from the onset that we would need to connect potential buyers with this extraordinary property in innovative ways since they may not be able to experience the home firsthand."

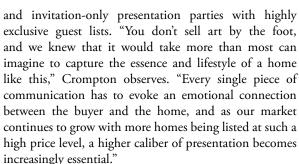
Among such innovative points of connection were nationally renowned event sponsorships, a multi-faceted video production showcasing the lifestyle of the home,

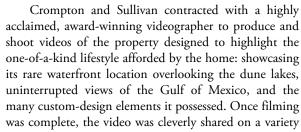
Every single piece of communication has to evoke an emotional connection between the buyer and the home.











of platforms, including the CMT Awards, where Berkshire Hathaway HomeServices Beach Properties of Florida co-sponsored the highly anticipated and widely televised event's green room.

But even in this digital age when people live so much of their life online, the tactile approach is still highly necessary to closing the deal. And so face-to-face presentations with fellow Berkshire Hathaway HomeServices luxury sales professionals across the nation and intimate on-site "toast and tours" of the home with elite athletes. musicians, recording artists, and entertainment industry professionals were put on the books, ushering a veritable Who's Who of potential buyers in through the front doors to marvel at its wonders.

> "30-A is a coveted destination for high wealth customers," say Sullivan, "and these properties deserve a higher level of attention and care and to be given their own story. Our approach is unmatched and successful, as we've proven with this significant sale. We're honored to put this personalized,

custom strategy to work for all of our clients and to share their home's story with its next buyer."

And with such strategy driving them on, there's no end to the amount of success this group can claim in the future—a future where innovation and out-of-the-box thinking aren't simply a plus, but an essential.

For more information on Berkshire Hathaway HomeServices Beach Properties of Florida call (850) 534-3006 or visit www.BeachPropertiesFLA.com.



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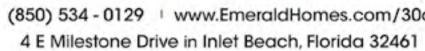
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Premier Property Group

BY KEMPTEN TAYLOR

ocally based boutique real estate agency, Premier Property Group, is well known along Northwest Florida's remarkable Gulf Coast. Ranked in the top ten percent of luxury sales from the Emerald Coast Association of Realtors since its first year of operation, the dynamic team of sales experts and real estate gurus has been serving the area from South Walton to Destin and beyond for years. Premier Property Group is the only local real estate company to be invited to and become a part of Luxury Portfolio International and Leading Real Estate Companies of the World™, the global leader in real estate sales. Premier sales executives are local experts with global reach; listings are marketed in over 52 countries worldwide and across 500 websites.

The company operates locally out of four offices with a strong network of affiliations, including partnerships with ARC Realty of Birmingham, AL and PARKS Realty of Nashville, TN, providing customers across the Southeast with preferred access to ownership opportunities and related services. The company's relationship with the Premier Development Group allows customers to receive first and exclusive previews to new development opportunities.

Premier Property Group recently announced their exclusive listing arrangement with Capstone Collegiate Communities in an exciting new condominium conversion project of The Lofts at Seacrest Beach. Capstone Collegiate Communities, LLC also known as "C3", specializes in the development, construction, and management of highquality, off-campus student housing developments in close proximity to major colleges and universities across the country. Headquartered in Birmingham, AL, the company was formed in January 2012 as part of the restructuring of Capstone Development, the most active and experienced developer of student housing in the country for more than 23 years. Capstone Development had a portfolio that included 131 communities in 33 states, which reflected almost \$3.1 billion in project costs and 83,000 beds. Capstone Collegiate Communities carries on Capstone Development's legacy in the student housing industry with a specific focus on off campus and new construction developments.

The C3 Team has tapped the Premier Property Group to handle the marketing and sales of their latest project, which will bring an extremely competitive price point for luxury condominiums on 30-A. The Lofts at Seacrest Beach



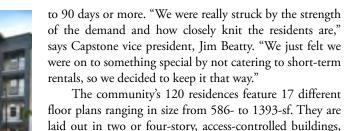


The Lofts at Seacrest Beach

is an impressive 120-unit luxury condominium complex located between WaterSound Origins and 30Avenue. After months of anticipation, Premier Property Group is excited to release the one-, two-, and three-bedroom

residences for sale as fee-simple condominiums from the mid-\$200,000s. "Having a place here, I was naturally drawn to the opportunity; but we were all impressed by the quality of both the design and construction," says company spokesperson, Rob Howland, who also owns a second home in Walton County. He, along with John Vawter and Ben Walker, is one of Capstone's three principals. "Being so close to Alys Beach and Rosemary Beach, we couldn't have asked for a better location, but we are probably most excited about the 30-A beach access, especially at this price point," he says. The Lofts has a protective easement through the Seacrest Beach access, making it an ideal place for life on the Gulf.

As part of the condominium conversion process, the group made a conscientious decision to limit future rentals

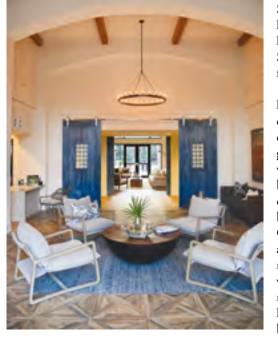


one with 52 residences and the other with 68. The latter wraps around a resort-style swimming pool and fully furnished outdoor living area with poolside fire pit, large screen TV, grilling area, and summer kitchen.

Four comfortably furnished interior community rooms include clubroom with fireplace; clubhouse/event

room with cyber cafe, kitchen, and Starbucks® coffee maker; big screen TV lounge; and conference room. A 24hour fitness center is equipped with Star Trac cardio, Tag, and Nautilus free weight systems. Sixteen of the 17 floor plans come with a dedicated hallway storage closet directly outside each condo with trash chutes on each floor. Twenty separately priced garages in two contiguous structures will also be offered to condominium buyers on a first-come basis, and a la carte furnishings packages will also be available. The Premier Property Group is honored to offer this fresh alternative to local and part-time residents. Combining modern luxury with proven appeal and an immediate revenue stream for prospective landlords/long-term rental property buyers, The Lofts at Seacrest Beach delivers a high-end experience at

a fraction of the cost and is ideally situated in the area's hottest locale with attractive financing terms through Bancorp South.



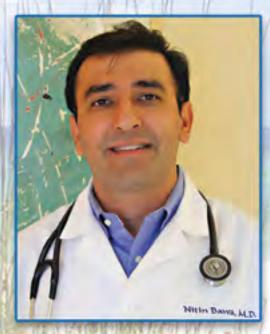
For sales information, contact Karen Doyle or Keith Flippo with The Premier Property Group at (850) 312-8870 or Lofts@ThePPG.net or visit the website at TheLoftsatSeacrest.com. For financing information, contact Ron Moliterno at BancorpSouth at (850) 855-2245 or ron.moliterno@bxs.com. For more information about Capstone Collegiate Communities, contact Jim Beatty at (205) 999-7140 or jbeatty@ capstonemail.com.

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Title Insurance

"What is title insurance and do I really need it?"

BY KIMBERLY WATSON SEWELL AND FRANKLIN H. WATSON



Questions and Answers.....

In every real estate transfer the matter of title examination invariably arises, and that is often followed by a question as to the need/nature of title insurance. "But I have a deed and a title search was originally conducted," many people say, "isn't that all I need?" No! A deed is not proof that the seller is actually the owner. Nor does it contain information regarding the rights others might have in the property: unpaid taxes, mortgages, easements, and restrictions. "Can't I find out about their rights from the public records?" Yes, most of them. However, all of the necessary information is not contained in a single book, in a given office, or even in the same county. Add to this the possible errors in indexing, improper searching, and errors in examination; in other words, the human element, and one can begin to realize the need. Besides, what is not in the public records is often what causes title trouble.

What is meant by "Title"?

"Title" is synonymous with legal ownership of property. It legitimates your right to "peaceful enjoyment" of the property you own, within restrictions or limitations of use imposed by covenants or government authorities.

What is Title Insurance?

Real estate title insurance, unlike most types of insurance, insures the property's title for the time period extending backward in time from the date of the policy rather than forward; protecting against losses arising from events occurring prior to the date of the policy. The title insurance guarantees a buyer's ownership and peaceful enjoyment against existing hidden claims, liens, or judgments associated with a property after the purchase is completed. This means that when a buyer purchases real estate, a title insurance policy insures or otherwise guarantees that the buyer is protected if a hidden defect in the property title is subsequently discovered. Title insurance will pay for 100% of all expenses in defending you against any lawsuits attacking the title as insured, and will either "clear up" the title problems or pay the insured's losses up to the amount of the policy.

Hidden risks, such as those referenced below, could potentially lead to a significant financial loss or actual loss of title to the property.

A One-Time Investment

Unlike hazard, flood, or casualty insurance, when you purchase a Title Insurance Policy, you pay a single, one-time fee based on the value of the property being insured. Yet, the policy provides protection indefinitely, remaining in effect as long as the insured has an interest in the property. If the insured should die, the coverage automatically continues for the benefit of the insured's heirs. Additionally, if the insured sells the property via a general warranty deed, which is typical, the insured is giving warranties of title to the buyer, were the insured covenants with the buyer that not only has the insured not personally done anything to adversely affect the title being conveyed, but neither has anyone else who has ever owned the property, the owner's coverage continues to insure the owner regarding said warranties.

How are Title Insurance Rates Set?

How title insurance premium rates are set varies from state to state. In some states rates are set by the title companies themselves and in others, such as Florida, the rates are set by the State Department of Insurance. For those states that set the rates, such as Florida, each The title insurance guarantees a buyer's ownership and peaceful enjoyment against existing hidden claims, liens, or judgments associated with a property after the purchase is completed.

title company is required to charge the same for title insurance, and rates are promulgated based on the purchase price of the property. As such, when shopping title insurance in Florida, you will receive similar rates for title insurance from each company.

Some HIDDEN RISKS that can cause a loss of title or create an encumbrance on title may include, any the following situations:

- 1. Seller purchased the property while committing mortgage fraud.
- 2. Seller or prior seller may have outstanding personal judgments which could attach to the property.
- 3. Forged or missing deeds, mortgages, satisfactions or releases of mortgages, and other instruments.
- 4. Invalid. suppressed, undisclosed, erroneous interpretation of wills or undisclosed or missing heirs.
- 5. Liens from unpaid estate, inheritance, income, gift, and real estate taxes.
- 6. A judgment or levy upon which the title is dependent may be void or voidable on account of some defect in the legal proceeding.
- 7. A prior deed may be voidable because it was signed while the grantor was incompetent, a minor, or in bankruptcy.
- 8. Outstanding prescriptive rights not of record and not disclosed.
- 9. Mistakes made during the examination of the title of the property.



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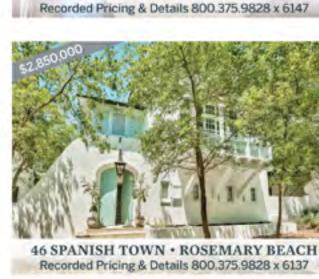


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Choose to do GooD

BY KERRI PARKER

ast week I took my daughter to Florida State University for her freshman orientation. On the outside, I was beaming with pride; but on the inside my heart ached. Not because she is leaving the nest, she has earned her wings. My heartache came from how seemingly impossible it must be to persevere when you have no one who supports you. It is nearly impossible to be underprivileged and pursue an education when you don't even know where your next meal is coming from; it's worse when you feel there is nobody who cares about you.

At a young age I knew I was different than my peers. I knew I didn't have lunch money, and I certainly didn't have anyone pestering me about my grades or my whereabouts come dinnertime. My parents were not able to attend our extracurricular activities, they weren't available to shuttle neighborhood kids, and they certainly

the moment you wake, do you proceed with a jampacked schedule, and at the end of the day, lay your head back down on your pillow to start the process all over again? Is there a part of you that knows you are meant to do something more meaningful?

Imagine the impact you can make if you carved out time to serve your community as a mentor for a child. Students who have mentors to inspire them are more likely to succeed in life. You may think, who am I to be a mentor? You are someone who took time to read this story. Your success has nothing to do with the money you make, or how many degrees you have earned. Your ability to raise the heart of another individual is a choice. The time you give to a child who needs your attention will be a gift never forgotten, and likely the most rewarding experience in your lifetime.

The time you give to a child who needs your attention will be a gift never forgotten, and likely the most rewarding experience in your lifetime.

could not take time to serve their community. My parents had to work multiple jobs in order to make ends meet, but thankfully they were always a source to turn to for advice and unconditional love.

Speaking with Mr. Russell Hughes, our Walton County School District's Superintendent, I learned the painful truth about homelessness or unaccompanied youths in our county and adjacent counties. In Walton County alone, there are 342 homeless children. In light of the recent Parkland shooting, the question has become "what happened to you" instead of "what is wrong with you". It is crystal-clear the grave mental health consequence of being a homeless or an unaccompanied child.

There are children from all walks of life: underprivileged, neglected, or from loving homes struggling to make ends meet; who need your help.

Your life is your story. What you choose to do with your life not only makes you who you are, but ultimately determines whether you have lived a purposeful life. From

Starting in fall of 2018, you can become a mentor through a new program in our Walton County School District. You can choose to lead a more purposeful life by making a call to Lori Hughes, Walton County teacher on special assignment. She will help you learn about practical training for mentors. While there are always opportunities to do GooD in our community, there is nothing more meaningful than giving your time to make a child feel someone cares about their life.

To learn more about mentoring a child call Lori Hughes at (850) 892-1100 Extension 1443. Background checks and practical training will be the first step to becoming a mentor.



Kerri Parker is the founder of do GooD LLC, a marketing strategy company with the core purpose of doing GooD for small businesses and nonprofit organizations. Contact her at info@dogoodllc.com (850) 543-8690.



2018 South Walton High School graduates Maddie Hiers and Maia Billman attending FSU orientation. The two will be roommates for their upcoming freshman year.



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A TESTIMONIAL

Dear Alan:

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We realize how complex it is to build a custom home so close to the ocean on the sand, but your confidence and reassurance continuously put us at ease. The subcontractors you hired were professional and delivered high quality work. The experience of you and your superintendent, Kenny, is so evident in every area of the construction. We appreciated the directness and honesty of both you and Kenny. We felt so confident in leaving every detail to you and the people that work for you.

You were so accessible to us with any questions we had and would always work around our schedule. It truly was our pleasure to work with you and we enjoy our "new" home so very much.

Sincerely, George and Diane Bradford



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Bring Your A Game

BY TOM FITZPATRICK







Downswing V Plane



Left arm is pinned across the chest and right tricep stays in. Club points slightly right of target.



The left arm swings back flat coupled with a steep club shaft. Ready for power!

ne of the most pronounced advances in recent golf instruction has been in the way the backswing is taught. David Leadbetter, a master instructor in Orlando, found a recurring theme with his students; they often struggled in taking the club back and finding the correct 'top of backswing' position.

Leadbetter's newest book The A Swing addresses these pitfalls. Since the downswing is largely a chain reaction, The A Swing focuses more on the controllable areas of the swing, namely the move away and setting of the club more vertically to create a simplified backswing. The newly termed V plane describes the shape of the club shaft from midway on the backswing to midway on the downswing. Instead of the traditional backswing and downswing planes being on the same plane, the A Swing has a vertical backswing that transitions to a shallower, more traditional downswing plane. Rory McIlroy quietly adopted a steeper V plane backswing and promptly won

Removing wasted motion on the backswing provides a higher percentage of swinging 'in sync' on the downswing. Leadbetter found that the easiest way to accomplish this is by producing a shorter backswing

combined with a full shoulder turn. Research found that the arms and hands travel 20% less in the A Swing when compared to a traditional backswing. This is due to the A Swing's simpler swinging of the arms and club.

With no real forearm or clubface rotation required in the back swing, the A Swing produces a compact backswing. By eliminating this customary rotation you become less dependent on figuring out how to coordinate the complex moves to the top of the backswing. If you don't achieve a well-timed solid top of backswing position, the tendency will be to try to capture that timing in your downswing - thru an overuse of your arms and hands. That is a tall order for most golfers. The A Swing streamlines the backswing and offers a higher percentage to transition smoothly into a downswing.

V Plane key checkpoints:

- For the initial two feet back: Grip points at right thigh; club face looks at ball
- Club head stays outside the hands throughout the backswing.
- Point the shaft vertically 1/3 way back

- Left arm feels pinned across the chest
- Left arm never gets above shoulder height
- Pinch the right arm's upper bicep against your chest.
- Both wrists are cupped at the top
- Club points slightly right of target at the top

I've had my struggles on the backswing and have found that the V plane takes the guess work out of setting the club. My hits are more centered and the loft into impact is truer... give it a try!

Tom Fitzpatrick is a Leadbetter A Swing certified instructor, and is an active realtor with Scenic Sotheby's Intl Realty. Reach him at (850) 225-4674 or visit tom.scenicsir.com





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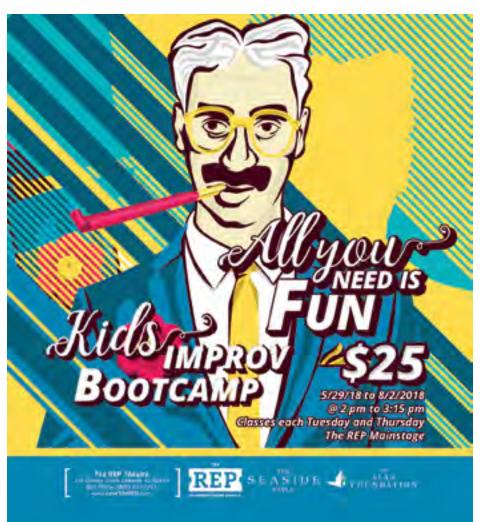
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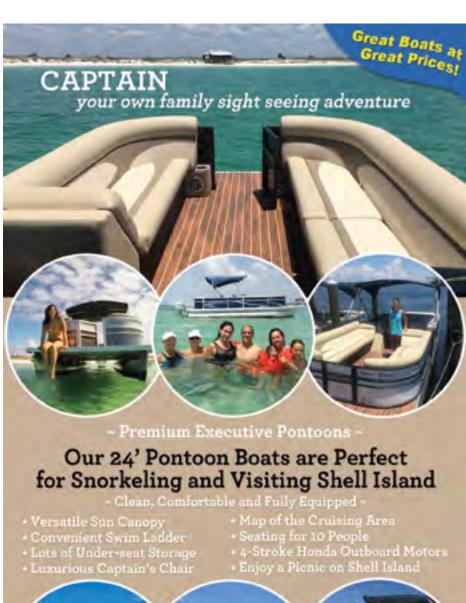


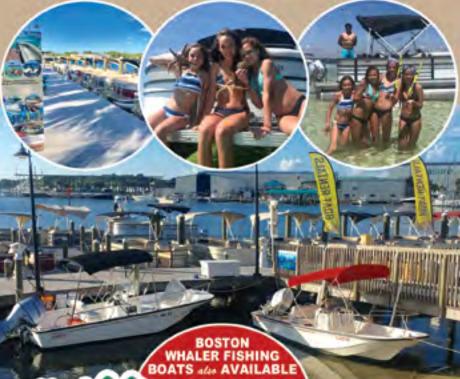


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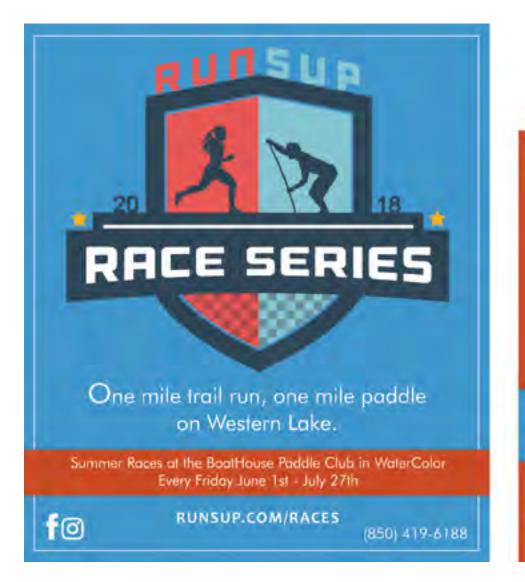
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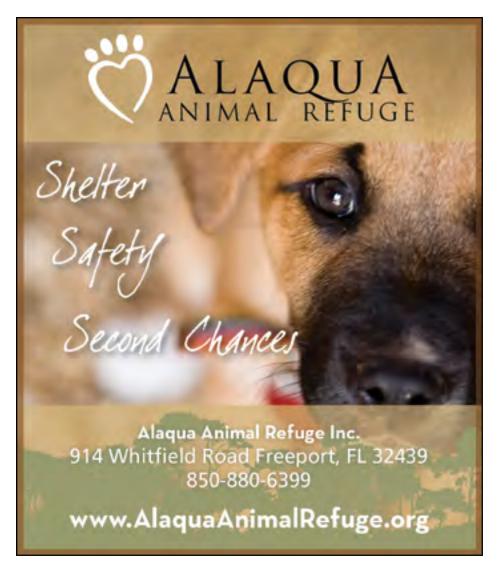
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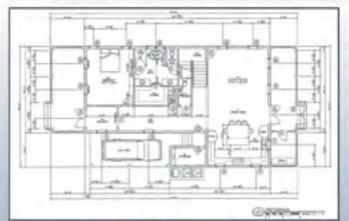


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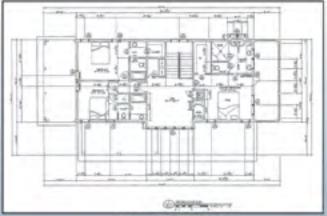
Truly, 30A's "Best Kept Secret!" Forest Lakes offers nature trails, fishing, kayaking & paddle boarding in the beautiful lake. Enjoy the pool and pavilion with a summer kitchen. This community has some of the best houses with superb craftsmanship. Olde Florida, just minutes to the beach!



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45 S. Ryan Street

Beach House with SBR/5.5 BA with 3,146SF. Sleeps 18 with 3rd floor hosting of bunks, full bed, sleeper sofa, kitchenette & full bath! Furnished with amazing views of the Gulf too! Fabulous getaway or great investment property!

MLS 753429 | \$1,445,000



Lot 6 Ventana Dunes, 2,453 SF, 2 M BR's \$659,900 | MLS777497 **Builder LPKK Investments**



Lot 7 Ventana Dunes, 2,453 SF, 2 M BR's \$659,900 | MLS777496 **Builder LPKK Investments**



Karla Del Monaco 850-240-3354

Summers Edge on 30A

"Olde Florida" at its best! Strolling through this community by the beach with natural vegetation and lush oaks, you will find privacy and seclusion. Features include two community pools, a two minute stroll to the beach access and quaint sidewalks. Come & experience Emerald Coast's Walton County's Summer's Edge.



GULF PLACE Beautiful large lot in gated community with beach access & all the amenities at the Gulf Place \$395,000 | ML\$748440

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karla.delmonaco@era-american.com david.deldonie@era-american.com 32 E. Highway 30A Grayton Beach, FL 32459

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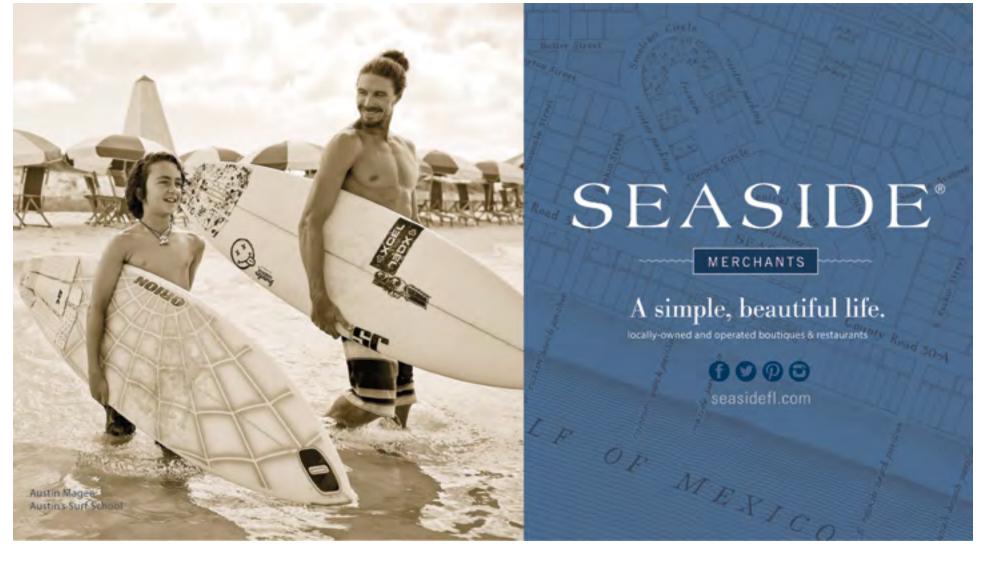
Lot 2 - MLS753404 | 2,978 SF | \$865,500 **Builder LPKK Investments**

> 2017 1475 Transactions **ERA American Real-Estate**

> > David Del Donie 850-240-3353









a unique shopping experience on 30A



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BUYING OR SELLING



37 N. Green Turtle Lane | \$2,299,000 | 4 BR | 3 BA | 2 HBA Main and Carriage Houses with approved Pool Plans South of 30-A Rosemary Beach



11 Spanish Town Court | \$11,900,000 | 6 BR | 6 BA | 2 HBA Gorgeous Gull Front with Private Pool home designed by Bobby McAlpine, exquisite interiors in Resemany Beach



25 Johnstown | \$2,399,000 | 5 BR | 5.5 BA with an elevator. The Main and Carriage Houses are adjoined by a large and private courtyard with room for the addition of a pool.



102 Tuckers Lane | \$1,949,000 | 3 BR | 3 5 BA plus bunk room This most unique and fun designed home is close to both Town Center and the Owners Club Pool



A La Paix #10 | \$924,900 | 3 BR | 3 5 BA 249 E Lifeguard Loop Village of South Walton Gated Compound close to Pool and Beach



240 Needlerush Drive [\$1,730,000 | 5BR | 4.5 BA Located in the WaterColor Lake district this home offers a main and carriage house with access to the gulf front beach club



Lot 6 Beachfront Trail | \$3,495,000 385.25' x 48.64' of Gulf Front Gulf Front lot in the gated community of Seclusion Dunes



Vitage of South Walten B206 I 10343 E County Hwy 30A | \$369,000 1 BR | 1 BA | This new like Condo is nestled in the Heart of the Village Circle overlooking all of the Activities, Restaurants and Shops.



Lot 20A Paradise By the Sea | \$6,900,000 495.36" X 60.59' of Gulf Front. Beautiful Gulf Front Lot in Gated Community

ROSEMARY BEACH* REALTY

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