



# the thirty-a REVIEW™

a review of 30-A's finest people • places • things

## INSIDE:

Delicious Dining on 30-A

30-A's Special Communities

Hot Real Estate

Health & Wellness

Art, Business, Culture & More...

# Summer *Blues*

Whatever it is that amazes you, you'll find it here.



**SANDERS  
BEACH RENTALS**

*Luxury Homes on 30-A  
Unforgettable Beach Vacations  
Unmatched Property Management*

CALL 866-460-3195  
SANDERSBEACHRENTALS.COM



# WESTMINSTER TEAK

LUXURY TEAK FURNITURE



*Sometimes,  
the best journey begins with  
an extraordinary chair.*

© Westminister Chair & Tray



DEALER OPPORTUNITIES AVAILABLE

800-750-1595

[www.teakfurniture.com/30A](http://www.teakfurniture.com/30A)

BUILT TO CONTRACT SPECIFICATIONS WITH PREMIUM QUALITY TEAK FROM RENEWABLE PLANTATIONS



# OUR MOST NOTABLE

OF OVER \$96 MILLION SOLD IN 2015 AND 2016 BY

# COASTAL LUXURY



It was a pleasure to represent both Sellers and Buyers on their sales and purchases of exceptional and exquisite beach properties that define the architectural beauty and coastal elements of our area.

If you have interest in selling *your beach property* this season, I would be so delighted to hear from you.

*-Erin Oden*



LUXURY GULF-FRONT  
IN GATED COMMUNITY

32 WHITE CLIFFS CREST, BLUE MOUNTAIN BEACH



EXQUISITE LUXURY, ROSEMARY

11 TOWN HALL ROAD, ROSEMARY



111 S FOUNDERS LANE, WATERSOUND BEACH



4691 W CO HIGHWAY 30-A, DUNE ALLEN



152 E ST LUCIA LANE, THE RETREAT



179 PELICAN CIRCLE, EAST END OF 30A



2 SPANISH TOWN COURT, ROSEMARY



98 SANDY SHORES COURT, 30A EAST END



288 BLUE MOUNTAIN ROAD, LUPINE AT BLUE MOUNTAIN BEACH



38 W ST LUCIA LANE, THE RETREAT



33 SAND HILL CIRCLE, WATERCOLOR



4662 DESTINY WAY, DESTIN



ANDANTÉ PENTHOUSE 5, 30A EAST END



8690 E HWY 30A, SEACREST



[CoastalLuxury.com](http://CoastalLuxury.com)

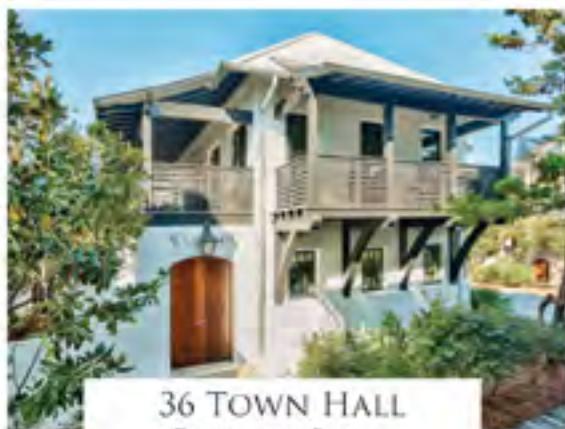


CALL ERIN ODEN  
**850.502.1220**

[Erin@CoastalLuxury.com](mailto:Erin@CoastalLuxury.com)

**SOLD BY ERIN: +\$200 MILLION  
IN RESIDENTIAL SALES  
TOP 1% OF ECAR REALTORS**

COASTAL LUXURY | 9961 EAST COUNTY HIGHWAY 30A, SUITE 1, SEACREST, FLORIDA 32461



**36 TOWN HALL**  
ROSEMARY BEACH  
\$2,125,000 | 3 BEDS & 3 BATHS  
ALLEN ADAMS TEAM | 850.687.3264



**112 WEST KINGSTON**  
ROSEMARY BEACH  
\$3,995,000 | 5 BEDS & 4 FULL BATHS + 3 HALF  
ALLEN ADAMS TEAM | 850.687.3264



*Reduced*

**140 FLIP FLOP LANE**  
SEACREST BEACH  
\$739,000 | 4 BEDS & 3.5 BATHS  
MARIE SOLOMON | 850.502.6021

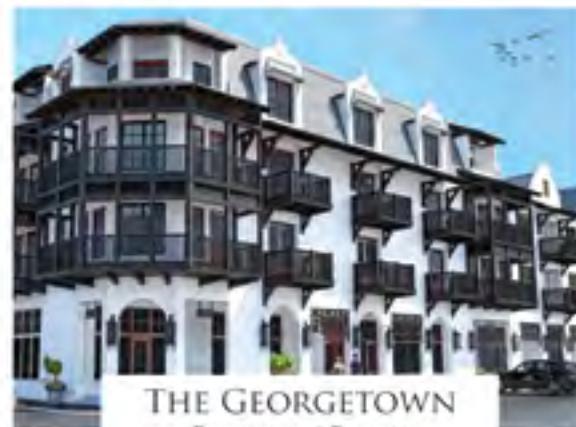


**35 OCEAN SPRAY CIR**  
CYPRESS BREEZE PLANTATION  
\$639,900 | 5 BEDS & 4.5 BATHS  
ALLEN ADAMS TEAM | 850.687.3264



*Reduced*

**48 SURFER LANE**  
SEACREST BEACH  
\$799,000 | 5 BEDS & 5 BATHS  
ALLEN ADAMS TEAM | 850.687.3264



**THE GEORGETOWN**  
ROSEMARY BEACH  
\$1,550,000 | 3 BEDS & 3 BATHS  
ALLEN ADAMS TEAM | 850.687.3264

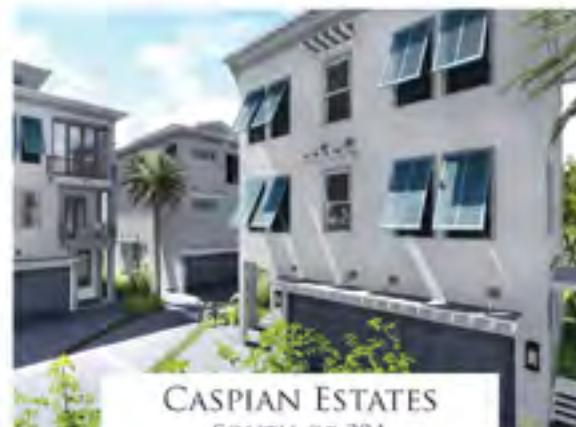


**71 TRESKA LAKE COURT**  
SEAGROVE  
\$814,600 | 4 BEDS & 4.5 BATHS  
DEBBIE JAMES | 850.450.2000



*SOLD!*

**369 SPARTINA CIRCLE**  
WATERCOLOR  
\$1,225,000 | 2,650 SQFT/\$462.26  
ALLEN ADAMS TEAM | 850.687.3264



**CASPIAN ESTATES**  
SOUTH OF 30A  
\$1,449,000 | 5 BEDS & 5.5 BATHS  
ALLEN ADAMS TEAM | 850.687.3264

THE HUB 30A OFFICE  
32 HUB LANE  
WATER SOUND FL 32461  
850.534.0920

[www.850Properties.com](http://www.850Properties.com)  
[info@850properties.com](mailto:info@850properties.com)

REDFISH VILLAGE OFFICE  
2050 W CO HWY 30A STE M1-117  
SANTA ROSA BEACH FL 32459  
850.231.2583

*Your wardrobe fits.  
Shouldn't your closet?*



Closets | Garages | Home Offices  
Entertainment Centers | Wall Beds | Wall Units  
Pantries | Craft Rooms | Laundry Rooms | Mud Rooms | Wine Rooms

GRAND OPENING  
SPECIAL  
**\$300 Off**  
plus Free Installation

Some restrictions apply. Minimum purchase of \$1800.  
Cannot be combined with other offers.



**844.705.8702**

Call for free design consultation  
or visit us online at

**closetfactory.com**

Locally owned and operated

**closetfactory**

the art of organization



**SEAFOOD, SUSHI,  
STEAKS & SUNSETS**

**DINE DAILY ON 30A**

ON THE PORCH • 11AM  
DINNER • 5PM

**LIVE MUSIC WEEKLY**

CHECK OUR WEBSITE  
FOR COMPLETE LINEUP

**25% OFF**  
ALL ENTREES  
5-6PM DAILY

SEAFOOD • SUSHI • STEAKS • SPORTS • LUNCH • SUNSETS • LARGE GROUPS • HAPPY HOUR

5235 E COUNTY HIGHWAY 30A • (850) 534-3045



[WWW.OLDFLORIDAFISHHOUSE.COM](http://WWW.OLDFLORIDAFISHHOUSE.COM)



Good Food. Good People. Good Times.  
Breakfast, Lunch and Dinner.

BudandAlleys.com  
850.231.5900



www.gigisfabkids.com 850-231-0110 888-353-6161



FABULOUS KIDS' FASHIONS & TOYS  
ROSEMARY BEACH, FLORIDA



gigis STELLAR tweens  
ROSEMARY BEACH, FLORIDA

# TERRACE Restaurant

WE OFFER A DINING EXPERIENCE  
LIKE NO OTHER!



Great Seafood, Lamb, Steak, Lobster and Icy Martini's!



info@www.TerraceR.com

13741 US 98 E, INLET BEACH, FLORIDA 32461  
LOCATED 3/4 MILE FROM 30 AVENUE  
850.231.5202



# SURFING DEER

SEAGROVE

GULFVIEW DINING + FULL BAR

surfingdeer.com

2743 E. Highway 30A

850-213-4200



another great restaurant from the

**HARTLEY**  
RESTAURANT GROUP

# NATURE WALK

*The Ultimate  
Walkabout Community  
Just Off 30A*

*at Seagrave*

## Footsteps Away

*from standup paddleboarding  
to standing room only*

**NEW HOMES FROM  
THE UPPER \$400S**

1 mile from the beach  
1.5 miles from Seaside  
Neighboring WaterColor Crossings  
3 to 5 bedroom homes  
Designer models open daily  
Move-In Ready homes available

**Visit [NatureWalkAtSeagrave.com](http://NatureWalkAtSeagrave.com)**

**or call 888.475.9540**

 Equal Housing Opportunity. ©2017 Kolter Homes. Prices, features, dimensions, amenities, special offers and product offerings are subject to change without notice.

**KOLTER**





Premier provider of beach cottages  
and luxury homes in Seaside, FL and  
surrounding 30A for 30 years.



*The Official Host of Unforgettable*

*Resort-style check in, amazing amenities*

844-561-3892

[CottageRentalAgency.com](http://CottageRentalAgency.com)



# bluetitle

30A's preferred closing experience

phone 850.960.0016 // fax 866.558.1608 // address 10952 E. County Hwy 30A, Suite B, Inlet Beach, Florida 32461  
website blue-title.com // email info@blue-title.com // facebook facebook.com/bluetitle

  
*Magnolia House*

Fine Gifts & Accessories

*The hottest collection of home accessories  
and gifts from around the world!*

*A place where dreams come true!*



OWNER NANCY VELDMAN  
*Pianist. Author. Artist*



GRAND BOULEVARD ACROSS FROM CANTINA LAREDO | SANDESTIN | 850.460.2005 | MAGNOLIAHOUSE.COM

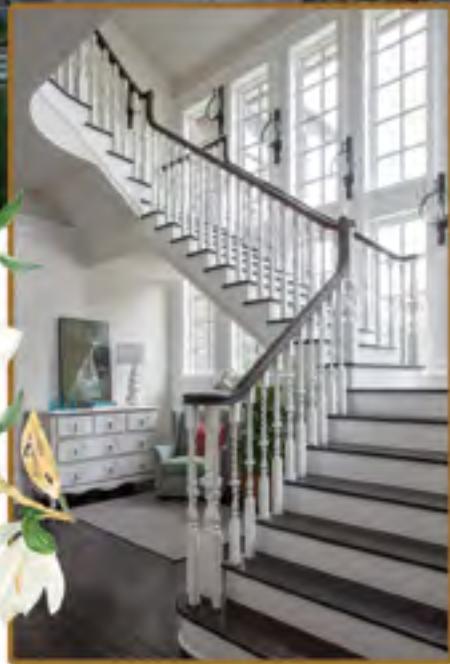
# MAGNOLIA MANOR

3807 DELWOOD DRIVE | PANAMA CITY BEACH, FL

Price reduced to  
**\$12,500,000**



*Seller of Magnolia Manor will consider a trade of Real Estate, Yacht, or Airplane as partial payment*



Magnolia Manor is a three-year collaboration between renowned architect Eric Watson of Tampa, Florida and Northwest Florida's premier builder, Clifford Myers, of McIntosh-Myers Construction of Panama City. This Nantucket-style estate with an Indiana Limestone exterior sits on 2.6 acres overlooking historic St. Andrews Bay and has over 200 feet of waterfront with a private beach.

The five bedroom, six bathroom main residence has been professionally furnished by Tracery Interiors of Rosemary Beach. The finished basement features a soundproof media room with state of the art TVs and sound system. The main home has an attached three-car garage and there is also a detached four-car garage located on the additional gated property across the street, each is fully air conditioned.



Don Nations

 **Nations Real Estate**  
"This Valuable Property"

Photos by: Jack Photography  
[www.jackgarnerphoto.com](http://www.jackgarnerphoto.com)

For more information or to schedule a private tour of this beautiful water-front estate, call:  
**(850) 814-4242**



SANTA ROSA BEACH



ROSEMARY BEACH



MLS# 772922



**6087 W. COUNTY HWY 30-A**  
5,700 SF • 6 Bedrooms • 7 Baths • \$4,600,000



MLS# 756371

**216 ROUND ROAD**  
4,613 SF • 6 Bedrooms • 5 1/2 Baths • \$4,500,000



SEACREST BEACH

MLS# 761783

**310 SEACREST DRIVE**  
4,254 SF • 5 Bedrooms • 5 1/2 Baths • \$2,095,000



SEASIDE

MLS# 766354

**35 CENTRAL SQUARE A-2**  
2,507 SF • 4 Bedrooms • 2 1/2 Baths • \$1,995,000



WATERCOLOR

MLS# 767339

**23 HIGH STREET**  
3,067 SF • 5 Bedrooms • 4 1/2 Baths • \$1,895,000



WATERCOLOR

MLS# 750384

**1848 E. COUNTY HIGHWAY 30-A, UNIT 4**  
2,416 SF • 3 Bedrooms • 3 1/2 Baths • \$1,745,000



WATERSOUND

MLS# 757072

**5 SIGNAL COURT**  
3,183 SF • 5 Bedrooms • 4 1/2 Baths • \$1,795,000



WATERCOLOR

MLS# 770199

**288 WESTEN LAKE DRIVE**  
2,649 SF • 4 Bedrooms • 4 Baths • \$1,575,000



GULF PLACE

MLS# 750843

**158 SEA WINDS DRIVE**  
4,173 SF • 4 Bedrooms • 3 1/2 Baths • \$1,589,000



SEASIDE

MLS# 757777

**181 SMOLIAN CIRCLE**  
3,664 SF • 3 Bedrooms • 3 1/2 Baths • \$1,325,000



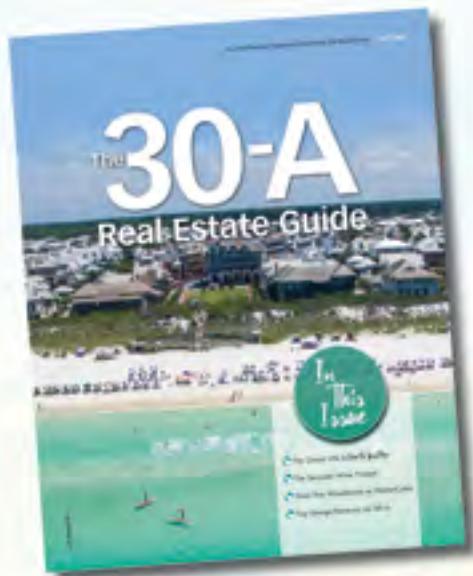
WATERCOLOR

MLS# 759022

**20 TALL TIMBER COURT**  
2,367 SF • 4 Bedrooms • 4 1/2 Baths • \$1,225,000



# SEARCH ALL AVAILABLE 30-A REAL ESTATE [30ARealEstateGuide.com](http://30ARealEstateGuide.com)



Always on the Ball, Only at the Beach.



# GREGG ORR

MARINE  
DESTIN, FLORIDA

226 Main Street #1 • Destin, FL 23541 • 850.460.7128

[GreggOrrMarine.com](http://GreggOrrMarine.com)



NO0228T  
**2017 GLASTRON  
GTS 200**

20% DOWN FOR 180 MONTHS WAC.

**ONLY \$283/MO.**

NO0218T  
**2017 EPIC  
23 SC**

\*20% DOWN FOR 240 MONTHS WAC.

**ONLY \$295/MO.**

NO0402T  
**2017 CENTURY  
2200**

\*20% DOWN AT 240 MONTHS WAC.

**ONLY \$362/MO.**

**NEW FACILITIES  
COMING SOON!**

STK# P2700  
**2014  
MERCEDES  
SLK**

\$56,988 • \$5,000 DOWN  
72 MONTHS @ 1.79% PLUS TAX, TAG AND DEALER FEE

**ONLY \$499/MO.**

STK# P2800  
**2015 LEXUS  
RC350**

\$45,988 • \$5,500 DOWN  
72 MONTHS @ 1.79% PLUS TAX, TAG AND DEALER FEE

**ONLY \$599/MO.**

STK# P2700  
**2014 AUDI A5  
CABRIOLET**

\$52,988 • \$5,000 DOWN  
72 MONTHS @ 1.79% PLUS TAX, TAG AND DEALER FEE

**ONLY \$395/MO.**



## Gregg Orr Pre-Owned Destin

226 Main Street • Destin, FL 23541 • 850.460.7128

[OrrDestinPreOwned.com](http://OrrDestinPreOwned.com)

Consistently Delicious since 1995!



**'TINI NIGHT**  
Every Tuesday and Thursday at 5 pm



**BOGO**  
Buy one entrée, get one FREE.  
3-6 p.m. daily



CAFÉ  
**THIRTY-A**



3899 East Scenic Highway 30A, Seagrove Beach · 850.231.2166 · Open Daily at 5 · [cafethirtya.com](http://cafethirtya.com)



**DURABLE  
LIGHTWEIGHT  
WATERPROOF**

Bags, shoes, and accessories made using real cork fabric from Portugal.



**QUEORK**  
**The Cork Store**



**The Hub**  
15 Hub Lane  
Watersound, FL





ALYS  
SHOPPE

APPAREL. JEWELRY. HOME ACCESSORIES. AND GIFTS  
[ALYSSHOPPE.COM](http://ALYSSHOPPE.COM)



CHRISTINA D  
swim + resort + up to H cup

SWIM & RESORT  
A-H CUP  
SIZE 2-22  
EXPERT FITTING

'where a good fit never goes out of fashion'

*Christina D.*

(10 min west of Seaside next to Goofeathers in Blue Mountain Beach)  
3925 W CO HWY 30A www.shopchristinad.com 850.660.1021  
HOURS MAR 1 - AUG 15: M-F 9 TIL 5, SAT 10 TIL 4

30A Local  
PROPERTIES

The land and homes play an important role of course... but it's never really been about that. For me it's been about the lifestyle, raising my children immersed in our local culture, engaging what is there, right outside of our doors. It's been about loving SOWAL life... 37 years and counting.

*Bobby J*



TOP SALES  
2015 & 2016  
#1 AGENT

(Based on transaction sales in areas 32, 38 & 99)

CLHMS  
MILLION DOLLAR  
GUILD



2015, 2016 & 2017  
VOTED HOTTEST  
REAL ESTATE  
COMPANY ON



CERTIFIED LUXURY HOME MARKETING SPECIALIST

BOBBY JOHNSON • 850.865.7798 • CALL A LOCAL

# letter from the publisher

## THE CUSP



The cusp between spring and summer in the south is some of the finest beach weather we have. The evenings are often cool and light, and the mornings still have a little chill in the air, especially after a nice rain. But the day is hot and bright and full of steam. Perfect for a roast in the sun before plunging into the cool, green waters of the Gulf of Mexico.

This issue, like all of our issues, highlights some of the finest people, places and things on 30-A. We take much pride in the selection, as it represents the best of the best on 30-A. People whose passions and enthusiasm for their work and for the region are reflected in their everyday work ethic and choices to better serve us. Whether you are a visitor or a local, these folks put together recipes for life on 30-A every day to enhance the quality of each of our experiences at the beach.

I invite you to salute them. Read about them here, and go thank them for their service. Give them a friendly visit whether or not you purchase anything from their business. A simple hello and nod of appreciation is often the elixir to turning someone's day from good to great.

In the meantime, we hope you enjoy every moment you spend on 30-A. It is a fine community made up of strong, caring individuals, who are both durable and beautiful, just like their natural surroundings.

Until next issue... have fun at the beach ya'll.

Miles K. Neiman

View the entire publication online at [www.ThirtyAReview.com](http://www.ThirtyAReview.com)



Advertise with  
**The Thirty-A Review**  
magazine.  
Call (404) 560-3677.  
for rates and information.

The Thirty-A Review is published every other month by Thirty-A Review, LLC. Reproductions in whole or in part, without expressed written permission of the publisher, are strictly prohibited. The Thirty-A Review is not responsible for the content or claims of any advertising or editorial in this publication. All information is believed to be accurate but is not warranted. Copyright 2006-2016.

Send inquiries to 227 Sandy Springs Place, Suite D-297, Sandy Springs, GA 30328. Or call (404) 560-3677. Send press releases and e-mails to [miles@thirtyareview.com](mailto:miles@thirtyareview.com)

## about the cover

### Photography & Styling

Vera Hogenson  
[www.verahogenson.me](http://www.verahogenson.me)

### Model

Miranda Sasser with  
MSB & BMG Models

### Wardrobe

White Romper courtesy of Lindsey S.  
Clutch-purse by Kate Spade

### Makeup & Hair

Lindsey Schaefer "Traveling Chic"

Go to [www.ThirtyAReview.com](http://www.ThirtyAReview.com) to view the entire publication online.



### Publisher/Editor-in-Chief

Miles K. Neiman

### Managing Editor

Jennifer Thompson

### Graphic Design

Brenda J. Oliver -

Cover Design  
& Magazine Layout  
Sharon Jollay - Ads

### Cover Photography

Vera Hogenson

### Photography

Jacqueline Ward

### Contributing Writers

Jessica Badour

Dr. Nitin Bawa

Susan Benton

Susan Cannizzaro

Julie Herron Carson

Tom Fitzpatrick

Anna Ferguson Hall

Christina Homer

Anne Hunter

Whitney Lee

Alden Mahler Levine

Erin Oden

Chris Ogle

Amelia Pavlik

Bart Precourt

Sarah Murphy Robertson

Amanda Sanders

Liesel Schmidt

Anne Schultz

Kimberly Watson Sewell

Ridgeley Standard

Kempton Taylor

Mary Welch

### Ad Sales:

[miles@thirtyareview.com](mailto:miles@thirtyareview.com)

### Distribution Manager:

Warren Butler

# contents

28



48

**23 local theatre, dance, music, etc.**  
Showbiz and Events in May and June

**24 dining**  
Downhome Southern Belle Hospitality  
Rick and Christy Spell on 30A

**26 chef profile**  
Chef Lock Vong of amici 30A Italian Kitchen

**28 farmer talk**  
Trey Nick of Nick's Seafood

**30 local culture**  
Emerald Coast Theatre Company

**32 local business**  
Pets – Bow Wow Meow

**34 wellness**  
Got Anxiety?

**36 fashion**  
Christina D Swim & Resort

**38 interior design**  
Design 30 Avenue

**42 local art**  
Curating Creativity  
Lori Drew: Making Room for the Artists

**46 real estate**  
Homing In  
30-A's Changing Landscape  
It's All About Location and Lifestyle

**52 legal eagles**  
Your Estate Plans and Your Legacy

**54 goodwill**  
The Ohana Institute and The Muscogee Nation

**56 turf talk**  
The Most Important Move in Golf



42



44



25



38



32



### COWGIRL KITCHEN RESTAURANT & BAR

CASUAL, NICK BACK CUISINE LOCATED JUST OFF THE BEACH IN ROSEMARY BEACH.  
HAPPY HOUR 3 TO 5PM MONDAY-THURSDAY.  
54 MAIN STREET | ROSEMARY BEACH | 850.213.0058 | 8AM TO 9PM DAILY

### COWGIRL KITCHEN CAFE & MARKET

SERVING BREAKFAST & LUNCH EVERYDAY IN THE HEART OF SEAGROVE.  
GRUMPY HOUR 8 TO 9AM DAILY.  
3005 E. HWY 30A | SEAGROVE | 850.231.1120 | 7:30AM TO 3PM DAILY

### CK FEED & SUPPLY PROVISIONS & GIFTS

PICNIC PROVISIONS, GOURMET FOODS, BOUTIQUE WINES, CRAFT BEER AND ALL KINDS  
OF GIFTS FOR THE HOME AND KITCHEN.  
31 MAIN STREET | ROSEMARY BEACH | 850.588.0908 | 11AM TO SUNSET DAILY

### CK SOUTHERN BELLE CATERING & EVENTS

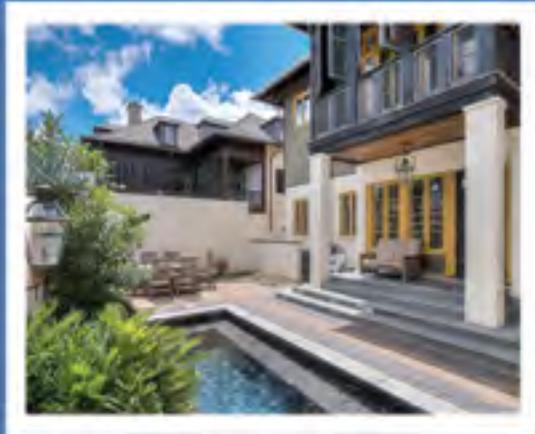
CHEF-PREPARED MEALS AND COCKTAIL BITES TO SERVE AT YOUR FAMILY GATHERINGS,  
SUNSET TOASTS AND BEACH SHINDIGS. POP-UP PARTIES COMING SOON!  
WWW.CKSOUTHERNBELLE.COM



## Great Vacation Homes Turnkey Investment Properties in exclusive 30A communities!



17 Hopetown Lane  
Rosemary Beach | \$2,299,000  
Gulf Side with Pool | 5Br/5Ba  
Rental Projections of \$178,000

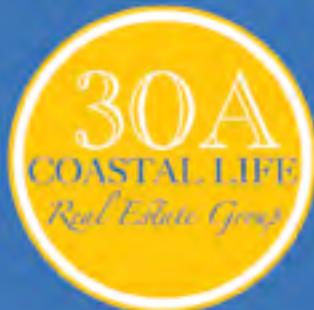


31 Windward Lane  
Rosemary Beach | \$2,749,000  
3 Houses from the Beach | 5Br/6Ba  
Rental projections of \$171,000



22 Whitby Court  
Alys Beach | \$2,799,000  
4 Br/5Ba | Separate Guest Suite  
Rental projections of \$150,000

## IT'S ALWAYS A BEAUTIFUL DAY ON 30A!



30A COASTAL LIFE

*exclusive coastal properties*



Call Nikki Nickerson Directly  
(850) 585-1129  
info@30aCoastalLife.com

OVER 1/4 BILLION  
SOLD SINCE 2001



MEMBER Institute for Luxury Home Marketing

Search for your dream home! [www.30aCoastalLife.com](http://www.30aCoastalLife.com) an Independent Keller Williams Agent Group

# Showbiz and Events in May and June



*Emerald Coast Theatre Company*

## ALYS BEACH

### Digital Graffiti Festival

May 19-21, 2017

Digital Graffiti at Alys Beach is an innovative and dynamic event that celebrates the many possibilities found at the intersection of art and architecture.

During the three-night event, dozens of digital artist finalists from around the globe are invited to showcase their original work and vie for cash prize awards in a juried art competition. Utilizing the latest technologies, the finalists' art is projected throughout the town on its iconic white walls.

*Ticket pricing varies; visit website for more details: [www.digitalgraffiti.com](http://www.digitalgraffiti.com)*  
ALYS BEACH

### Sinfonia Goes Pops

May 28, 2017

Enjoy the orchestral sounds of Sinfonia Gulf Coast under the palm trees in the Alys Beach Amphitheatre. Food and beverage available for purchase.

*Free and open to the public.*  
ALYS BEACH AMPHITHEATRE

### Summer Concerts with THE CURRYS

May 31, 2017

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

*Free and open to the public.*  
ALYS BEACH AMPHITHEATRE

### Summer Concerts with THE SCRATCHTONES

June 7, 2017

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

*Free and open to the public.*  
ALYS BEACH AMPHITHEATRE

### Summer Concerts with BEACH MICE

June 14, 2017

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

*Free and open to the public.*  
ALYS BEACH AMPHITHEATRE

### Summer Concerts with CONTINUUM

June 21, 2017

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

*Free and open to the public.*  
ALYS BEACH AMPHITHEATRE

### Summer Concerts with GEOFF MCBRIDE

June 28, 2017

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

*Free and open to the public.*  
ALYS BEACH AMPHITHEATRE

## ROSEMARY BEACH

### Kids' Rock the Block Party!

May 30 & July 11, 6:00pm to 8:00pm

Bring the family for a rockin' night of fun! DJ, moonwalks, face painting, color hairspray, tattoos, arts and crafts with Gigi's hula hoop contest, games, prizes and more!

*WESTERN GREEN, MAIN STREET & GIGI'S*

### Kick Off to Summer Concert – The Coasters!

Sunday, May 28, 7:30pm

Enjoy this kickoff to summer with a special Memorial Day Weekend Concert featuring the world famous Coasters! Blankets and Law Chairs are Welcome.  
*ST. AUGUSTINE GREEN*

### Where's Waldo Scavenger Hunt

July 1 – 31

Visit The Hidden Lantern Bookstore or the front desk at the Rosemary Beach Cottage Rental Company to pick up your scavenger map, then wander around the Town Center to participating merchants to find Waldo in each location. Weekly winners announced every Thursday before the start of the movie.  
*TOWN CENTER*

### Fourth of July Celebration

Start bright and early with our Bike Decorating Contest & Breakfast. (7:30

am) followed by the Bike Parade throughout the Town Center (8:30am). Enjoy an old-fashioned family field day on Western Green with sack races, water balloon toss, games prizes and more (9:00am). Rock to the sounds of the different decades with our band the "Like Totally" Hep Cats on Western Green (6:00 pm). Enjoy a star spangled fireworks display from the beach courtesy of the Rosemary Beach Property Owners Association (8:45 pm). Blankets and lawn chairs are welcome.  
*NORTH BARRETT SQUARE & WESTERN GREEN*

## DAILY EVENTS

### SUNDAYS

May 21, 28, June 4, 11, 18, 25, July 2, 9, 16, 23, 30, Aug 6

### Caravan Jazz Band Live Musical Performance

6:00pm to 8:00pm

Caravan brings the sound and atmosphere of 1930's Paris with a touch of Disney! Close your eyes and picture the swinging dance halls of the Champs-Élysées or the sound stage of a Walt Disney cartoon. A must see performance and fun for all ages!  
*TOWN CENTER*

### MONDAYS

May 22, 29, June 5, 12, 19, 26, July 3, 10, 17, 24, 31 & Aug 7

### Here Comes the Sun – Summer Concert Series

7:00pm to 9:00pm

Bring your chairs and blankets and enjoy an evening of entertaining musical performances. Each week is a different show...be sure to catch one or all!

May 22 - Like Totally Awesome 80's!  
May 29 - Dancing Queen - Tribute to ABBA

June 5 - One Hit Wonders

June 12 - British Invasion (Beatles, Stones)

June 19 - Emerald Coast Blues Brothers

June 26 - The Hep Cats (50's & 60's)

July 3 - Clark Barrios & the Rosemary Beach Big Band (Swing & Jive)

July 10 - Dancing Queen - Tribute to ABBA

July 17 - The Krickets

July 24 - British Invasion (Beatles, Stones)

July 31 - Like Totally Awesome 80's!

August 7 - Forrest Williams Band

*EAST LONG GREEN*

### TUESDAYS

May 23, 30, June 6, 13, 20, 27, July 11, 18, 25, Aug 1, 8

### Art on the Green

3:00pm to 6:00pm

Enjoy a variety of different art forms on

Western Green. Create a colorful sand art keepsake, spin art masterpiece or let our talented artists transform your hair into a live canvas to paint upon. Plus we will have music and karaoke too! Come on down and let your creativity run wild!  
*WESTERN GREEN*

### WEDNESDAYS

May 24, 31, June 7, 14, 21, 28, July 5, 12, 19, 26, August 2 & 9

### Children's Theatre: The Tales of King Arthur

6:00pm

A troupe of traveling players revels in creating onstage merriment by presenting The Tales of King Arthur and his Knights of the Round Table. Young Arthur is a squire who dreams of becoming a knight, but a great wizard named Merlin has greater plans for Arthur. Join Arthur, Merlin, Guinevere, and Lancelot in this sword and sorcery comedy adventure sure to royally entertain audiences of all ages. Blankets and lawn chairs welcome.  
*NORTH BARRETT SQUARE*

### THURSDAYS

May 25, June 1, 8, 15, 22, 29, July 6, 13, 20, 27, Aug 3, 10

### Moonlight Movies & Face Painting

Face Painting starts at 6pm, Movie at 8:15pm

Bring the family for a wholesome and fun movie night under the stars! Blankets and lawn chairs are welcome! Come early and get your face painted by one of our talented artists! Enjoy popcorn and the best hot dogs on the beach from DogManDu!

May 25 - *Kubo and the Two Strings*

June 1 - *Sing*

June 8 - *Rogue One A Star Wars Story*

June 15 - *The Secret Life of Pets*

June 22 - *Nine Lives*

June 29 - *A Dog's Purpose*

July 6 - *Sing*

July 13 - *The Lego Batman Movie*

July 20 - *Finding Dory*

July 27 - *Moana*

August 3 - *Power Rangers*

August 10 - *Sing*  
*WESTERN GREEN*

### FRIDAYS

May 26, June 2, 9, 16, 23, 30, July 7, 14, 21, 28, Aug 4, 11

### The Amazing Rosemary Race!

Adventure is calling!!! Partner up with a friend and get ready to explore all Rosemary Beach has to offer. You will be given a series of clues, tasks and instructions that will take you through an "amazing" race around town. Much like a scavenger hunt but with a few twists and turns thrown into the mix! Winning team gets \$100 to spend in their favorite shops and eateries in Rosemary Beach!  
*Registration: 10:30am, Race starts at*

*11am, Award Ceremony: 2pm*  
*SOUTH BARRETT SQUARE*

## SEASIDE

### MAY

#### Seaside Farmers Market

Saturdays, May 6, 13, 20, & 27,  
8am-noon  
*AMPHITHEATER*

#### Seaside Dance Festival

Friday, May 5, 6pm - Lecture/Demo  
Saturday, May 6, 6:30pm - Dance Performance  
Sunday, May 7, 7:45pm - Dance Movie Night  
*AMPHITHEATER, ASSEMBLY HALL, LYCEUM*

#### Children's Theatre Performance – Seaside Repertory Theatre

Mondays, May 22 & 29, 5:30pm  
*AMPHITHEATER*

#### Memorial Day Weekend Festivities

Friday, May 26, 8pm - *Inside Out*  
*CENTRAL SQUARE CINEMA*  
Saturday, May 27, 7pm - Concert - TBD  
*AMPHITHEATER*

#### Seaside Summer Concert Series

Wednesdays, May 31, 7pm - TBD

### JUNE

#### Stories by the Sea

Mondays-Fridays, June 5 - August 18, 4pm  
*SOLOMON SQUARE*

#### Broadway Theatre Camp

Tuesdays & Thursdays & Fridays, June 6 - June 10, 1-3pm  
*SEASIDE REPERTORY THEATRE/ MEETING HALL*

#### Children's Theatre Performance – Seaside Repertory Theatre

Mondays, June 5, 12, 19, & 26, 6:00pm  
*AMPHITHEATER*

#### Seaside Summer Concert Series

Wednesdays, 7pm

June 7 - Kellen of Troy

June 14 - Humming House

June 21 - Guthrie Brown

June 28 - Sam Lewis

*AMPHITHEATER*

#### Seaside Farmers Market

Saturdays, June 3, 10, 17, & 24 8am-noon  
*AMPHITHEATER*

#### Huck & Lily Kids Music Performance

Tuesdays, June 6, 13, 20, 27 6:00pm  
*AMPHITHEATER*

#### Central Square Cinema

Fridays, 8pm

June 2 - *The BFG*

June 9 - *Big Hero 6*

June 16 - *Pete's Dragon*

June 23 - *The Jungle Book (2016)*

June 30 - *Secret Life of Pets*  
*AMPHITHEATER*

# Downhome Southern Belle Hospitality

BY SARAH MURPHY ROBERTSON

Cowgirl Kitchen's restaurants are popular for providing 30-A family-friendly "meals with moxie". But what many may not realize is all the ways their catering arm, Southern Belle, can bring that same flavorful and fun fare right into their homes. CK Southern Belle Catering offers a variety of chef-inspired meals that showcases the cuisine made for the kind of gatherings where people slow down, enjoy conversation, and time well spent together.

With a Southern-raised sensibility, Chef Steven Sandy skillfully prepares what folks crave most; and feeding a crowd has become his expertise. Chef Steven is from Tuscaloosa and trained in Montgomery; and he has been readying himself for this opportunity since he was a young child. "I remember how important family dinners always were," he reflects. Chef's earliest food influences came from his mom and for as long as he can remember he was included in Sunday's meal prep, be it picking shrimp or snapping beans.

Cowgirl Kitchen owner Nikki Nickerson and Chef Steven Sandy have a comfortable ease, playing off each other. Their great working relationship is evident. Nikki laughs as she recalls how Chef was "somewhat hazed" when first hired in the high season and working at their fast and furious restaurant locations. In the two years since, they have become a synergetic team with collaboration being the key to their success. "We constantly bring each other ideas and recipe development is definitely a joint effort," Nickerson says.

Actually involving all their team members in the testing process is important to Nickerson and Chef Steven. When introducing new taco combinations last season, they sat down with staff and everyone gave their input on which five would make the final cut.

The spacious prep kitchen used to craft their creations is located in Panama City Beach. When you enter, wafts from the delicious aromas of seasonally fresh roasted vegetables and premium-sourced meats are everywhere. You see, this catering kitchen also serves as the hub for preparing all those homemade salsas, salad dressings, to-go casseroles, and dips their Cowgirl Kitchen restaurants are known for.

Southern Belle Catering was started because Nickerson knew that planning meals for larger groups can be a feat. It is hard to get a reservation, and getting everyone ready and out the door can be a hassle. Who wants to wait for table service when tasty eats can come straight to you?

They offer tons of options for every occasion and palate. Southern Belle can do everything from whole roasted pigs to shrimp boils, taco bars with all the fixins,



Chef Steven Sandy

**Southern Belle can do everything from whole roasted pigs to shrimp boils, taco bars with all the fixins, or even traditional BBQ dinners.**

or even traditional BBQ dinners. If you are looking for a healthful lunch, choose from a variety of classic salads like Cobb, Greek, or Caesar and then pick your proteins: roasted chicken, shrimp, seared tuna or steak, and finally your choice of dressings. Many times clients also like to work with Chef Steven to create a custom menu; such as adding Caribbean or Asian twists to their menus.

A great idea would be to consider them for breakfast delivery. Waking up to a family-style brunch with such



options as egg casseroles, praline bacon biscuits, maple-crust French toast, or spinach Gruyere quiche sounds pretty heavenly to me.

Ready yourselves for the best part: CK Southern Belle Catering makes it incredibly easy to get all this deliciousness into your hands. You can pick up from their restaurant location nearest to you (in Seagrove or Rosemary Beach) or for a small delivery fee they'll bring it to you anywhere along 30-A. For larger affairs, their catering team will show up and do all the work from set-up to clean up.

Southern Belle offers an event space above their CK Feed & Supply Store in Rosemary Beach. This space is perfect for rehearsal dinners, family reunions or corporate events. It holds 50 people and has a clean, casual feel as well as gulf views. One of their favorite uses for that space is doing an oyster bar. As anyone knows, shucking is an artful skill best left to the pros. Let Southern Belle do all the work while you slip into nirvana one briny oyster at a time.

Southern Belle is all about taking care of people through food. They enjoy their role in helping folks make spending time together even easier. Sharing great food with great people sure is a satisfying profession and they are saddling up for another season of fun.

***To place an order with Southern Belle Catering, visit their website at <https://southernbellecatering.com/> or email them at [catering@cowgirlkitchen.com](mailto:catering@cowgirlkitchen.com) with any questions. Placing orders with 48-72 hours notice is recommended.***

# Casting Their Spells

## Rick and Christy Spell Work Magic on 30-A

BY SARAH MURPHY ROBERTSON



Summer Berry Salad –  
Georges 2016 menu



Lamb Lollipops  
with Rosemary  
– La Crema



Christy Spell



For as long as she can remember, Christy Spell has always wanted to own restaurants. She thinks it comes both from her interest in learning the ins and outs of a new industry as well as the satisfaction that comes from feeding and entertaining people. “It’s also very special for me to share these restaurants with my father,” Christy reflects. “We are both accountants and we think similarly, but this has bonded us in a new way.”



Serrano  
Wrapped Figs –  
La Crema

With heads for business but hearts focused on family, father and daughter restaurateurs, Rick and Christy Spell are happily working their magic on their beloved 30-A businesses.

The Spell Restaurant Group began more than a decade ago in 2004 with their acquisition of Brookhaven Pub & Grill in Memphis, Tennessee. In January 2015, Rick and Christy purchased George’s in Alys Beach and La Cocina Mexican Grill and Bar in Seacrest. They next acquired Saltwater Grill in Panama City Beach in April of 2016, and La Crema Tapas & Chocolate in Rosemary Beach in August of that year.

Each spot has its own unique identity and fare, but the Spells work hard to make sure each maintains the highest level of service. This means they carefully read online reviews, dig deeper into any issue raised, and really take their guests’ feedback to heart. Meaningful dialogues with their staff lead to key learning, and even small improvements are important to them.

While the Spell Group’s restaurants are well known for the delicious meals they consistently provide, it is the behind-the-scenes work that often fuels this well-oiled machine. Excellent customer service is always their number one priority. Christy explains, “We always do our best to say yes to our guests.”

**La Cocina recently finished their interior refresh this spring with a new color palette, contemporary Southwestern touches, artwork from Mexican artisans, and beautiful tile work.**

Rick and Christy have infused new energy into each restaurant, including renovations for each. George’s is now complete and boasts a gorgeous second story deck with spectacular water views, and La Crema is undergoing an expansion that will include lots more seating and a brand new front bar. At the end of the year, La Crema will expand their kitchen too. Saltwater Grill is slated to see indoor and outdoor improvements next.

La Cocina recently finished their interior refresh this spring; complete with a new color palette, contemporary Southwestern touches, artwork from Mexican artisans,



Honey Goat Cheese  
Stuffed Piquillos – La Crema

and beautiful tile work. The result is a sleek, modern feel and the space looks completely brand new.

Diners will find La Cocina’s menu is still full of flavorful and authentic Mexican dishes. Many of their most popular include the fresh seafood our coastal area is known for. Some favorites include their Seacrest Ceviche made with shrimp, red onion, cilantro, jalapeno, and lime. This bright and balanced appetizer is served chilled and is a great starter to your meal. Another popular dish is their Fish Tacos made with market fresh fish like Red Snapper and served with a cooling fruit salsa.

The Spells have simply fallen in love with the 30-A area and are excited about their newest venture: a newly opened breakfast concept, Grits & Grind. Open daily from 7-11 a.m. in Seacrest, Grits & Grinds uses the La Cocina kitchen and serves up comforting crave-worthy American style breakfast favorites in the western end of the dining space. Get yourself over to try their gourmet omelets - the word is out how delicious these takes on the classic morning dish are!

Recognizing the role a successful team plays, the Spells emphasize a positive and familial work environment. “We truly enjoy watching our staff learn and evolve and have watched some kids start out as bussers as teenagers and eventually grow into management roles,” Christy happily reflects. In fact, their Sous Chef from George’s, Erik Kellison, is managing the kitchen at Grits & Grind. His creativity and enthusiasm is informing the menu of this new endeavor.

As 30-A grows, the Spells are always on the lookout for more investments and added opportunities. Christy laughs that both she and her dad are workaholics and are ever ready for new challenges and projects that may come their way. Rick and Christy’s close relationship is evident. “After all these years I am still learning from him,” Christy shares. With a formula for cultivating great staff while providing some of the best dining on 30-A, seems these two are just getting started.

# Chef Lock Vong of amici 30A Italian Kitchen

BY SUSAN BENTON



Executive Chef Manolack Vongsouvanh

If looking to dine on authentic Italian dishes like nonna used to make, but with a contemporary twist, then amici 30A Italian Kitchen at 30Avenue is where you will find it. The man breathing life into the ingredient driven recipes is executive chef Manolack Vongsouvanh, aka Chef Lock, who was born in the Asian country of Laos, but raised in New Hartford, New York. Chef Lock says, “I have been an entrepreneur my entire working life and I found that I am most motivated by food, specifically Italian. I inherited a love of cooking by watching my mother and when given the opportunity to work in a restaurant, I took it.”

In 2007 Chef Lock started as a prep cook at Hotel Utica in Utica, New York and quickly climbed the ranks, becoming executive chef in 2009. “I didn’t even know what a ladle was, and suddenly I was winning food competitions and getting promoted, all while reading and researching everything I could get my hands on about food and its chemistry,” Lock recalls.

As fate would have it, by 2012 Chef Lock was hired as the executive chef of Karma Piano Bar and Restaurant

It is pure home style cooking with the finest ingredients. I love when our local farmers knock at the back door to sell me their seasonal produce.

in Frankfort, New York under the tutelage of Chef Tucker Rosemyer, who Lock also credits as being his mentor. Lock says, “I found my passion for Italian cuisine at Karma, and it was the best place to work. My son Brent needed to move to a warmer climate due to health reasons, and my daughter Nisaya was eager to attend school in the south, so my wife Cheryl and I decided to pack up and head to

South Walton. We fell in love with the 30-A area and have not looked back!”

Chef Lock initially started his journey in Santa Rosa Beach at Crust restaurant and then opened 30A Private Chef with his wife Cheryl, providing personal chef and event catering services to rave reviews. Seacrust Pizza soon followed at Seacrest Peddlers Pavilion: a kiosk pizzeria where Lock became noticed for his Neapolitan and upside down pizzas. It garnered the attention of the Corchis family who became frequent patrons, and many conversations soon followed about opening a nearby Italian restaurant with Chef Lock at the helm.

The brainchild of the entire Corchis family; including George and Amy’s four children Jordin, Nathan, Alyssa, and Lily; amici 30A Italian Kitchen came to fruition in 2016. The name amici means friends in Italian, a concept embraced by inviting all into the 2600 square foot swanked out open restaurant space, which includes a chef exhibition kitchen that seats twenty. Chef Lock says, “This is my favorite part of the restaurant. I can get into my zone and let guests sample food while I educate them on the menu offerings. It is pure home style cooking with the finest ingredients. I love when our local farmers knock at the back door to sell me their seasonal produce.”

Specializing in authentic Neapolitan pizza pies made in the famed Marsal pizza oven; well known for its crispier crust due to even heat distribution; the pasta and authentic sauces, all house made, are also at the forefront. Make sure to order Amy’s amici 30A Meatballs; hand-rolled and slow simmered in house-made vine-ripened marinara until tender; and the Funghi Pizza topped with three types of mushrooms, fontina cheese, a farm egg, and a drizzle of extra virgin olive oil. Other highlights include the rustic Rigatoni Bolognese and the Tagliatelle frutti di mare filled with local fresh Gulf seafood. “The restaurant is unique and inviting for those looking for a special place to dine as a couple, a family, or to meet up with friends after work. But the heart beat for me is still the exhibition kitchen and sharing it with my team,” says Chef Lock.

**amici 30A Italian Restaurant is located at 30Avenue at 12805 US Hwy 98 East, Suite R 101, Inlet Beach, Florida, 32461. Hours of operation are Monday through Sunday 11am - 11pm. For more information and seasonal hours of operation, please call (850) 909-0555, or visit [www.amici30a.com](http://www.amici30a.com).**



**SERVING**  
*Deep Fried Love*  
**SINCE 1949**



[seagrovevillagemarket.com](http://seagrovevillagemarket.com)

2976 S County Highway 395  
 Seagrove Beach FL

**850-231-5736**



*Carrie Campbell* Licensed Realtor®

17 Years of Local Luxury Real Estate Experience | 30A Property Specialist



*Offering unique opportunities with a coastal simplicity along 30A*  
 Grayton Beach | WaterColor | Seaside | Seagrove | WaterSound | Alys Beach | Seacrest Beach | Rosemary Beach

*Simply 30A... Buy or List... Call Carrie*



*"Referrals Are A Girl's Best Friend"*

3092 W. County Hwy 30A Santa Rosa Beach, FL | C. 850.830.9896 | [carrie@30abeachsales.com](mailto:carrie@30abeachsales.com) | [www.30abeachsales.com](http://www.30abeachsales.com)

# Farming Our Local Waters: Trey Nick of Nick's Seafood

BY SUSAN BENTON

As a food writer and blogger living by the water's edge of the Emerald Coast, one of the first questions people ask me when they visit our area is how they can be certain that they are buying or being served fresh seafood. It would appear that answer would be simple, but many restaurants do not serve fresh fish and shellfish.

According to Oceana, the largest international advocacy organization focused solely on ocean conservation that was founded in 2001, over 59 percent of the tuna sold in the United States was mislabeled. Tilapia lovers might want to take notice that their dinner could be farm raised on pig feces and then traveled from Vietnam or Thailand. Today, more than 90 percent of the seafood consumed in the U.S. is imported, and less than 1 percent of that is inspected by the government for fraud.

If seeking fresh, never frozen, or mislabeled seafood straight from the Gulf of Mexico, keep up with *Gulf to Table* on Facebook and Instagram. There you will meet the farmers of our local waters; like one in particular, Trey Nick.

Frank III, aka Trey Nick, was born into his grandparents' fish camp and restaurant business that was built in the early 1900's but changed to their family's hands in 1956. Tucked between the Choctawhatchee Bay and Basin Bayou in Freeport, Frank and Hattie Nick sold bait, beer, and rented fishing boats for a dollar a day.

In 1963, Frank's Italian passion to cook for others took over and a new building was erected. Nick's slowly honed its reputation for serving only the freshest homegrown seafood and became the popular place to enjoy raw oysters tonged from their own state leased beds; plump shrimp and mullet plucked from the Gulf and bay before being dredged and fried in their secret batter; and hamburgers and ice cold beer sold for a fair price.

In 1979 Nick's Seafood Restaurant was passed on to Trey Nick's parents, Frank Jr. and Bonnie, and by 1998 Nick became the third generation to take over the reins with his wife Jennifer.

"We have always kept the tradition of a family atmosphere. My daughter might be bussing tables like last night, while my son is on oyster washing duty. Millionaires to fisherman are our continual customers. People have their favorite days to come to the restaurant and we treat customers like family too. Those that grew



Trey Nick

up eating here are now bringing their own kids. This is more than just a restaurant, it's a way of life," says Nick.

Living right off the local waters, along with the day-to-day operations of the restaurant, Trey Nick also runs three commercial inshore fishing boats and is the largest blue crab commercial harvester in the Choctawhatchee Bay with his son pulling traps by his side. Nick says, "We do our own fishing and crabbing. I sell blue crab, mullet, speckled trout, shrimp, and flounder for the most part.

We will not buy anything overseas when you can get the best right here. It's about putting the freshest product on the plate.

We will not buy anything overseas when you can get the best right here. It's about putting the freshest product on the plate."

Seafood traceability, or tracking fish from boat to plate, significantly reduces seafood fraud, while providing consumers with more information about the seafood they are purchasing.

Harbor Docks, Sexton's, and Destin Ice & Seafood in Destin; Willingham Seafood Company in Valparaiso; Bayou Bills Crab House in Santa Rosa Beach; Nick's Seafood in Blue Mountain Beach on 30-A; and Johnny's Shrimp Shack in Defuniak Springs are just a few of the businesses that buy and support Trey Nick's sustainable seafood.

*Nick's Seafood Restaurant is located at 7585 State Hwy 20 West, Freeport, Florida, 32439. For more information or to reach Trey Nick call (850) 835-2222, or visit [www.nicksseafoodrestaurant.com](http://www.nicksseafoodrestaurant.com).*

*Susan Benton is the owner of 30AEATS.com where she shares her passion for food and travel, and her commitment to promoting local farmers, fishermen, chefs, artisans and restaurants along the Gulf Coast.*



summer house  
lifestyle

living  
apothecary  
bedding  
children  
fashion

57 Uptown Grayton, Grayton Beach, FL 32459  
summerhouselifestyle.com



### yoga

We offer a variety of yoga styles, vinyasa, power, therapeutic, gentle, restorative and yin. All of our classes share one thing in common - a comfortable safe space in which to explore the body, mind and soul.

Classes 7 days a week  
Check web schedule for class times

### core fitness

Tone and sculpt your entire body-abs, core, shoulders, arms, legs and butt. 55 minutes of a p90x-style workout. All levels welcome.  
Tuesday 7am / Thursday 7am



### chiropractic

Dr. Bart Precourt provides a safe and gentle style of care and nutritional consultations. Common conditions include neck and back pain, sinus issues, sports injuries, sleeping troubles, and pregnancies.

Same day appointments available  
850.231.9288

### acupuncture

A powerful alternative medicine used to treat a wide variety of conditions including anxiety, allergies, digestive issues, headaches, pain and more.



### massage

60 minute massage \$85  
90 minute massage \$120  
2 hour Thai massage \$160

Packages and Gift Certificates available

### spin

Burn 500 calories or more in any of these fun, high-energy classes. All levels welcome. Reservations recommended.

MWF 7:30 / Monday-Thursday 8:30am



balance  
HEALTH STUDIO

YOGA • SPINNING®  
PERSONAL TRAINING  
BOOT CAMP  
CHIROPRACTIC

**RETAIL BOUTIQUE  
OPEN DAILY**

Women's sport and  
casual wear.

3547 E COUNTY HWY 30-A  
SEAGROVE BEACH, FL 32549  
850.231.9288  
WWW.BALANCE30A.COM

# It's #AStageForAll @ Emerald Coast Theatre Company

BY ANNE HUNTER

The curtain for *Cinderella* and *The Velveteen Rabbit* is rising for young audiences on the Emerald Coast.

But it's not just for the little people. The Emerald Coast Theatre Company (ECTC), founded in 2013, is funded by grants and sponsorships from supporting organizations; but it's fueled by the passion of its founders, Nathanael and Anna Fischer, with programs for all ages – professional theater, educational outreach, and Theatre for Young Audiences. Educational outreach includes after school and home-school programs, touring and staged productions, summer camps, workshops and classes. The professional theater efforts are focused on show productions, festivals, and collaborations, as well as acting and improv workshops and classes for adults. In addition and separately, the Theatre for Young Audiences features theatrical shows, educational tours, and the Storytime Theatre.

*Cinderella, Cinderella* and *The Velveteen Rabbit* are staged at 560 Grand Boulevard through the Theatre for Young Audiences program as part of the company's 2016-2017 season; but my first taste of the ECTC was seeing Bakersfield Mist through its Professional Theater programming.

Written by Stephen Sachs and starring Teance Blackburn and Bruce Collier, the curtain opens to "...an unemployed bartender Maude, and art expert Lionel Percy, as they begin to question the true definition of art and the authenticity of people. Maude, a fifty-something unemployed bartender living in a trailer park, has bought a painting for a few bucks from a thrift store. When world-class art expert Lionel Percy flies over from New York and arrives at her trailer home in Bakersfield to authenticate the painting, he has no idea what he is about to discover." The show was laugh-out loud funny and riveting!

Next, I ventured to *Cinderella, Cinderella*, starring long-time celebrity local Stephen LaDow as the Duke. As the action begins, small groups of children join the stage to help Cinderella clean the stepmother's house before the family returns. Next, the children help an absentminded Fairy Godmother, performed to perfection by Liz Cain, get Cinderella dressed and ready for the ball. You know how the story ends, but in this case, it's how it's told – through playful interaction with the crowd and a stellar cast. Cinderella is played by Kathryn Gulak, the mean

stepsisters by Soulara Joslin and Braya Faust, the infamous stepmother by Caroline Brady, and Brian Hilario as an ever-charming Prince Charming.

After seeing two shows and then meeting with Nathanael, I would soon learn that included in the Fischers' game plan is an annual playwright festival featuring works and readings by local and guest playwrights.



Cinderella, Cinderella



Nathanael and Anna Fischer, the founders

offerings because we believe strongly that we need to foster creativity and new works. The festival and fringe theatre aspect of the event gives room for diversity, new ideas, and freedom to create. It also inspires collaboration."

The Fischers are manifestors of dreams: "The dream is to give a stage to that artist that wants to create or perform, to inspire performing arts creativity in our community." Nathanael set the vision years ago and today, it is another dream come true. The Northwest Florida Theatre Festival debut is May 12 – 21 at 560 Grand Boulevard in concert with ArtWeek South Walton, as well as 2017 launch of Theatre Thursdays in partnership with Grand Boulevard and ECTC's 2017 Summer Theater program, which includes Summer Camps, Young Audiences Shows, Production Camps, and Musical Theatre Camps.

"We have this beautiful space at Grand Boulevard and it is no secret that we live in a creative, artistic community.



Twelfth Night at Grand Boulevard



Cinderella, Cinderella

The inspiration was to have a celebration of the theatre and performing arts groups in the area, a unifying event where we can come together and honor the creativity of this community. Sometimes emerging artists just need a stage to clarify their art, to workshop their concept, to find the freedom to express themselves. I have seen this work at the Orlando Fringe,

"Even though non-professional and student groups will be presenting it, the festival is under our Professional Theatre

I wanted it for the Northwest Florida Theatre Festival."

Theater is a radiant and indispensable part of the Gulf Coast's cultural life; and Emerald Coast Theatre Company keeps brightening the show. "So much wonderful visual art is created here, amazing songs are written here, why not make room for new works of dance and theatre?" says Fischer, and he's right. At Emerald Coast Theatre Company, there really is a #AStageForAll."

**To purchase tickets or make a tax-deductible donation or learn more about becoming a part of Theatre for Young Audiences, visit [emeraldcoasttheatre.org](http://emeraldcoasttheatre.org) or call (850) 684-0323.**

**To engage in the Northwest Florida Theatre Festival as a performer or participant in the experience and become a part of an innovative avant-garde gathering of art and artists visit [www.NWFTheatreFestival.com](http://www.NWFTheatreFestival.com).**

THE NAME  
TO KNOW ON  
**30-A**

for exclusive  
Vacation Rentals,  
Property Management  
and Real Estate



  
**COUNTS**

REAL ESTATE  
PROPERTY MGT  
VACATION RENTALS



30-A | PANAMA CITY BEACH | DESTIN

**850.231.1483**

[countsrealestate.com](http://countsrealestate.com)  
[corpfla.com](http://corpfla.com)

**30-A Office • 5231 E. County Highway 30-A • Santa Rosa Beach, FL 32456**  
*Conveniently located between Alys Beach and Seaside in front of Old Florida Fish House*

## Pets – Bow Wow Meow

BY JESSICA HOLTHAUS BADOUR

Beer and dog biscuits aren't a traditional pairing, but for two local 30-A businesses it is a match made in (pet) heaven. Idyll Hounds Brewery recently began donating its spent barley to Bow Wow Meow Pet Company for their freshly-baked Beach Biscuits and a business opportunity that benefits both enterprises.

30-A's neighborhood pet shop has always been "holistic, ecofriendly, and unique", and this new business venture with Idyll Hounds Brewery fits right in; recycling the barley from the beer-brewing process into an ingredient for dog biscuits.

"Opening a dog bakery has always been a dream of mine, but I had it on the backburner," Bow Wow Meow owner John Scanlan says. "Our customers want homemade dog biscuits and I decided it was time to get the ball rolling."

Seven years ago when Bow Wow Meow first opened, Frasier Hansen was one of the store's very first customers. Turns out he and Scanlan had quite a bit in common (e.g., both have some Utah roots and experience in the restaurant industry), and the two became fast friends. Hansen has been brewing beer for more than a decade: starting as a home brewer in Salt Lake City, then traveling to England to hone his craft (pun intended). His dog-friendly brewery is eponymous for his dad (nicknamed Hound in high school) and features two flagship beers: double IPA "Divide & Conch'R" and American wheat ale "Man 'O' Wheat", with 24 beers (including other local craft brews) available at their taproom.

"By nature, brewing beer recycles ingredients and it's better for us any time we can find secondhand ways to use our waste," Hansen explains. "There's a farmer who picks up a majority of the spent barley to offset his feed costs, and that's where the idea came from. John had heard about using barley as a source of fiber and he takes small batches to make his biscuits."

Currently, Bow Wow Meow features three recipes: 30-A'ers can take home their own one-pound bag of dog treats in the form of peanut butter starfish, peanut butter and honey seashells, and peanut butter and banana sand dollars. The all-natural ingredients have been tried and tested to ensure a long shelf life and guaranteed fat, protein, fiber, and moisture content.

Scanlan began offering Beach Biscuits shortly before the start of 2017, made personally on-site in the store's new kitchen. They started flying off the store's shelves so fast he couldn't keep them in stock. As a former restaurateur, he has always enjoyed the creative aspect of making something in the kitchen; in addition to the biscuits, dog birthday cakes (bone or paw print) are also available.



"It's neat to have a business where I'm not only selling other people's products, but something I've made myself. I'm the assembly and package line – from the ground up, everything for these treats is made from scratch," he says. "And dogs are the best critics, they either like it or they don't."

For businesses in 30-A to thrive, respect and support from others in the business community is crucial. Scanlan believes in keeping things local, and this partnership with Idyll Hounds embodies the sentiment of working together for mutual success.

"Small businesses working together here is good comradery, it keeps us all focused on our goals," he says. "We're all business people."

Hansen, who worked at Summer Kitchen prior to opening the brewery, agrees: "It's a tight knit community and it's great how all of us small businesses can support each other."

Scanlan hopes to soon supply Hansen with bags of treats to sell them at the bar, with funds benefitting a local charity. Meanwhile, Idyll Hounds plans to expand

its offerings with additional flagships and new packages of small batch beer this summer.

"Our taproom is busy now even in the off-season so it'll be a fun place to hang out during the summertime," Hansen says. "We can't wait to offer the dog treats – we'll have a lot of happy dogs here once we do!"

***Bow Wow Meow Pet Company is located in Suite 3 at 4935 E. Co. Hwy. 30A, Seagrove Beach. Hours are 10 a.m. to 6 p.m. Monday-Saturday (check the website for holiday closings). Reach the store at (850) 534-0009, john@bowwowmeowpetcompany.com, or like them on Facebook. The www.BeachBiscuits.com site will be up and running this summer to accept orders outside of the 30-A community, giving dogs a "taste of the beach" no matter where they are.***

***The Idyll Hounds taproom is located in Santa Rosa Beach; visit them Monday through Friday, 9 a.m. to 5 p.m. and Saturdays, noon to 6 p.m.; learn more at www.IdyllHounds.com or find them on Facebook, Twitter, and Instagram.***



**Karen Holder**  
 Broker/Owner  
 (850) 687-1064  
 karen@homeson30a.com



**Linda Campbell**  
 Realtor®  
 (850) 830-3173  
 linda@lindasales30a.com



ACCREDITED LUXURY HOME SPECIALISTS

LIST IT WITH *Linda and Karen*  
 CALL THE LUXURY REAL ESTATE AGENTS



54 Kristi Lane  
 \$5,795,000 | Seagrove Beach  
 4 BR | 5½ BA | 4,020 sq ft



230 W Bermuda Drive  
 \$5,299,500 | The Retreat  
 5 BR | 6½ BA | 7,000 sq ft



304 Cove Hollow Street  
 \$2,695,000 | WaterColor  
 5 BR | 5½ BA | 3,914 sq ft



890 Western Lake Drive  
 \$2,249,000 | WaterColor  
 5 BR | 5½ BA | 3,658 sq ft



265 Western Lake Drive  
 \$2,195,000 | WaterColor  
 5 BR | 5 BA | 2,821 sq ft



43 Gulf Shore Drive  
 \$1,599,000 | Gulf Trace  
 5 BR | 5 BA | 2,883 sq ft



66 Mystic Cobalt Street  
 \$1,549,000 | WaterColor  
 4 BR | 4 BA | 2,420 sq ft



77 Azalea Street  
 \$2,775,000 | Seagrove  
 6 BR | 6½ BA | 4,611 sq ft



404 E. Royal Fern Way  
 \$1,474,990 | WaterColor  
 4 BR | 4½ BA | 2,859 sq ft



17 Blue Moon Lane  
 \$1,349,990 | WaterSound  
 4 BR | 4½ BA | 3,168 sq ft



21 Royal Fern Way  
 \$995,000 | WaterColor  
 4 BR | 4 BA | 2,180 sq ft



80 Trae Lane  
 \$674,990 | Seagrove  
 4 BR | 3½ BA | 2,165 sq ft

LUXURY *Lifestyle* LIVING

3092 W. COUNTY HWY 30A, SANTA ROSA BEACH, FL | WWW.30APROPERTYSEARCH.COM

# Got Anxiety?

BY DR. BART M. PRECOURT



Dr. Bart M. Precourt

anxiety. You can work on these yourself or find a qualified health care professional to assist you.

### 3 CAUSES AND REMEDIES FOR ANXIETY:

**1. OVERSTIMULUS:** At the root of almost all anxiety is an imbalance of stimulation. The amount of tolerable stimulus from outside sources will vary from person to person. Currently, one of the biggest culprits is our use of technology—our phones, computers, etc. We are simply on overload, clinically known as sympathetic dominance. This is the start of all anxiety. It often begins with mindless web surfing and endless use of social media. The lights from your phone or computers stimulate brain regions directly behind your eyes called the hypothalamus and the pineal gland. Your pineal gland is responsible for secreting melatonin: your sleep and relaxation hormone. When the pineal gland senses light at night, this signal is not sent. The imbalance of rest and poor sleep begins, and ultimately sympathetic dominance ensues. Your hypothalamus gland is crucial to your endocrine system (hormones), and with constant stimulus it can become overwhelmed and lead to hormone imbalances.

**Remedy:** Put your phones down! I'm not saying you can't use it at all, but rather establish a healthy boundary. No phone/web use after 8 pm so you can secrete melatonin. Select specific times of the day to check for email and messages, not every 5 minutes.

**2. NO BRAKES:** This cause comes down to poor nutrition. When we are always on “go” your brain and body use up vital minerals and enzymes to keep things moving. The problem arises when it's time to shut it off and you can't. This is often due to a mineral deficiency. Minerals feed the parasympathetic nervous system; your “rest and digest” or recover and rebuild system. A common symptom of mineral deficiency is waking up at night and having busy brain and not being able to fall back to sleep. Minerals are the tools your body needs to shut it off and begin to recover. Anxiety is a compounding condition; typically it develops over time from repetitive, long-standing habits.

**Remedy:** Supplement deficient minerals. Magnesium Lactate or Min-Tran from Standard Process are some of my go-to choices.

**3. CHEMICAL STIMULANTS:** The two most common contributors to anxiety are the effects of caffeine and sugar. Caffeine stimulates your sympathetic nervous system, i.e.; fight or flight system. Under normal, balanced circumstances you can handle this. When stress, multitasking, work, kids, and finances start to overwhelm you, caffeine acts like fuel to a fire. Anxiety and panic attacks are the alarms—warning signals that are often ignored. In my experience, sugar is completely overlooked by most healthcare professionals, but it should be high on their radar. Of course we know sugar is a stimulant and can cause muscle tension, headaches, nervousness, etc. Often missed is that sugar also depletes your natural sources of minerals (the brakes). The more sugar or sugar-like foods (bread, chips, processed foods, wine etc.), the more wound up you can become without a way to calm down.

**Remedy:** Eliminate most, if not ALL, sugar and caffeine. Increase root vegetables.

Understanding how  
and why we create  
anxiety will give you  
the tools to steady the  
ship and heal yourself.

Is it any surprise that over 40 million Americans have been diagnosed with some form of anxiety? And those are just the ones who have sought out professional help—how about the millions who haven't? Maybe even you if this title caught your attention. For me, it's no surprise at all. The important questions lie in how it is caused and what we can do about it.

Common symptoms of anxiety include excessive worry, sleep issues, brain fog, muscle tension, fatigue, headaches, indigestion, panic, insecurity, indecision, compulsive behaviors, and hot flashes. If this is you, the good news is this can be fixed, and often quickly.

Understanding how and why we create anxiety will give you the tools to steady the ship and heal yourself. First, it's important to know that this is not something that you inherited or caught. Anxiety is created over an extended period of time, usually six months to years in the making. There are three primary causes and cures to

**IMPORTANT NOTE:** Clearly there is more to treating anxiety than I can provide in this article. In my clinic, I incorporate specific breathing techniques, address the status of the adrenal glands, and often provide a safe and effective water-soluble “chill out” herb called Kava.

Don't wait to see if anxiety will go away on its own. Start with these tips, find some support, and take action for your health. You are worth it!

*Dr. Bart M. Precourt is a Holistic Doctor, chiropractor, acupuncturist and nutritional consultant. For nearly 20 years he has helped people get healthy, lose weight and create healthy sustainable lifestyles. He currently practices in Seagrave Beach, FL at Balance Health Studio, [www.balance30a.com](http://www.balance30a.com). For a consultation contact Balance Health Studio at (850) 231-9288.*



# *From Santa Rosa Beach to Inlet Beach...*

our footprint assures your investment property gets the attention it deserves.  
**Partner with us to experience the award-winning difference.**

Contact Jeramie Bates, Business Development, to learn more.  
844-783-5285 | [NewOwner@wynvr.com](mailto:NewOwner@wynvr.com) | [JoinRQ.com](http://JoinRQ.com)



**RESORTQUEST.**  
By Wyndham Vacation Rentals®

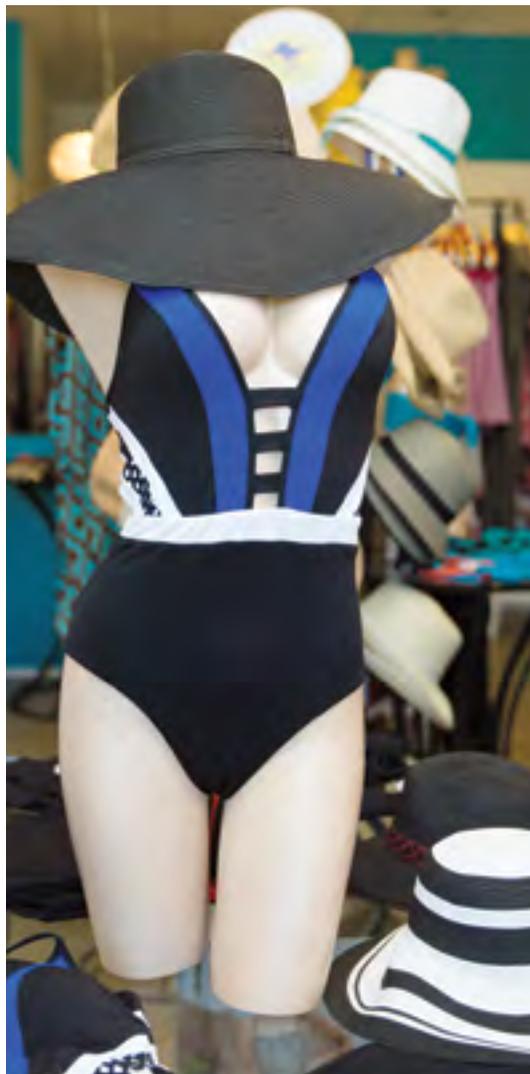


RQ, Seller of Travel Reg. No. 07-0002, Washington Seller of Travel Reg. No. 6021890, Wyndham Vacation Rentals and related marks are registered trademarks and/or service marks in the United States and internationally. All rights reserved. Printed in the U.S.A. 18 Taylor Way, Parsippany, NJ 07054 / ©2017 Wyndham Vacation Rentals North America, LLC

# Christina D Swim & Resort

BY KEMPTEN TAYLOR

It makes my day when someone walks in with a certain depression about bathing suit shopping and leaves with a big smile on their face and multiple suits.



with gorgeous bra-fitted swimwear for local ladies as well as those just visiting the beach.

“Nine out of 10 women don’t know what they’re doing when they choose swimwear. Most think that they have to wear solid black or must wear only one-piece suits.

Shopping with

me is a personal experience. I am in every fitting room, making sure my customers are trying on the correct fit and cut. My job is not to find the one perfect suit but to find numerous suits that make them feel great. Just like your clothes express your personality and your different moods, so does your swimwear,” says Christina. Christina D Swim & Resort carries fabulous designer lines like Tara Grinna, Anita-Jets, Antigal by Lise Charmel and Sunsets; many of which are exclusively sold at her boutique and can’t be found anywhere else on the panhandle.

Tucked away in a small shopping center along County HWY 30A, ladies will be thrilled to find one of the area’s retail gems: Christina D Swim & Resort. This swimwear boutique is the only game in town when it comes to bra-sized, designer swimwear. With wall-to-wall racks of beautiful swimsuits for all ages, shapes, and sizes, Christina D Swim & Resort is your “go to” when shopping for swimwear on the panhandle.

The boutique’s namesake, Christina Horton, is a native to the Emerald Coast; which is somewhat of an anomaly around the area. Following high school she made a move up north to attend Indiana University where she earned a degree in finance and quickly set off in the investment-banking world. After working in finance for a decade, Christina decided it was time to make a shift in her career. She spent a lot of time in Manhattan and fell in love with one of the bra stores there. Personally she could not find a bra to fit her small frame back

in Chicago and decided that opening a bra store similar to the NYC shop she adored was the perfect answer to her new profession. This Florida girl opened the store’s doors and ladies from the all over the windy city flocked. Christina rose to the top. She became one of the top five bra-fitters in the country and was nationally recognized by *InStyle*, *Lucky Magazine*, *ABC*, and the *Wall Street Journal* as a Bra Fit Expert.

After 10 years of much success and hard work, she became a bit burnt out and decided it was time to go home. She closed the store in Chicago, packed up and headed south to Panama City Beach where her parents resided. She was overwhelmed by the peace that the beach brings to the soul and decided that it was time to make the panhandle her permanent home. Horton took her time searching for the perfect location for her next store and found her ideal, just barely out of the hustle and bustle of 30-A in a quiet shopping center. She opened Christina D Swim & Resort six years ago and is providing the area

Sizes range from A to H cup up to a size 20.

“I am fine with being known as the ‘mom shop’, the ‘full-figured shop’, and the ‘fit shop’. Whatever the ladies want to call me...It makes my day when someone walks in with a certain depression about bathing suit shopping and leaves with a big smile on their face and multiple suits,” says Horton.

Once you have shopped at Christina D Swim & Resort, your sizing and information is entered into the store’s system so if you don’t make it to 30-A one season, she’s got you covered and can assist you via phone on your future swimwear purchases. Christina’s insider tip for those bargain shoppers: shop with her during the month of October when she has an “end of the season” sale and customers can find deep discounts on merchandise.

***Christina D Swim & Resort is a must-shop for ladies of all ages and figures. The store is open Feb 1 through the end of October six days a week (Monday – Saturday). The store is located at 3925 County Road 30A in Santa Rosa Beach. Call Christina D Swim & Resort at (850) 660-1021 or visit them online at shopchristinad.com.***



Your Neighborhood holistic dog & cat supply shop on 30A  
 Locally owned and operated since 2010

Food / Gear / Self-Wash / Barkery



BEST PET CARE/SHOP

**SHOP HOURS:**

MON - SAT 10-6

SELF-WASH HOURS:

MON - SAT 10-5

Holistic  
 Eco-Friendly  
 Unique

**Dog & Cat Food**

Orijen, Taste of the Wild, Pure Vita  
 NutriSource, Zignature Health Extension,  
 Fromm, Weruva, Merrick, Victor

**Bow Wow Meow Pet Company**

4935 E Co Hwy 30A, Suite 3 🐾 Seagrove Beach, FL 32459  
[www.BowWowMeowPetCompany.com](http://www.BowWowMeowPetCompany.com) 🐾 850-534-0009



ADVERTISE WITH US

*the thirty-a*  
**REVIEW**  
 a review of 30-A's finest  
 people • places • things

[miles@thirtyareview.com](mailto:miles@thirtyareview.com)  
 contact Miles for rates & information

[www.thirtyareview.com](http://www.thirtyareview.com)  
 current and past issues



**723 WHISKEY BRAVO**  
 Restaurant : Rooftop Bar  
 SCENIC HIGHWAY 30A, SEAGROVE BEACH, FL

THE "723" HAPPY HOUR 4-6 PM AT THE BARS  
 5 SELECT ENTRÉES, \$15 EACH 5-6 PM

YOUR FAVORITE 30A SPOT FOR  
 LUNCH, DINNER & SUNSETS!



*Bravo Bus*  
 CALL / TEXT OR WINE TO  
 CATCH A FREE RIDE!  
 850.687.7560

3031 E CO HWY 30A, SEAGROVE BEACH 850.213.0015

**723WHISKEYBRAVO.COM**   

VISIT THE SHOPS OF OLD SEAGROVE



# Design 30 Avenue

BY KEMPTEN TAYLOR



Designer and owner of Design 30 Avenue and interior business Design Services of Florida, E. Dale Trice's career started 32 years ago on the commercial side of the design world. His first job was for a national lighting company where he found showroom owners constantly asking him to help with their displays. Soon Trice found himself with a full-time position that was on his own watch and his interior design business was born.

"As I worked on the commercial side of the business, I began to see that I was more motivated by the residential side. I truly enjoy the interaction with each family that we work with. It is the families that make our work really come to life," says Trice. He and his partner decided to make the move from Atlanta, where his interior design business was bustling, to a slower life on 30-A nearly 15 years ago; and have never looked back. "We came here to basically retire and it's funny how one thing leads to another. It started with an investment property and now we have a retail store and full-on interior design business.

"The Gulf Coast provides a beautiful backdrop for the unique and diverse architecture found along the beach towns of 30-A," Trice says. "The amazing design of the homes, along with the beautiful environment, both gives me inspiration for our work." The veteran design team at Design 30 Avenue has a keen eye and understanding for

what a client wants in their home. "We sit down with our clients and go through the plans and layout of their home. We get to know them and get to know how that particular family will be using the space," says Trice.

Trice has been fortunate through the many years to run a referral-based business and has enjoyed working with multiple generations of family members on numerous projects. Design 30 Avenue has worked all over the country, with homes from Kentucky to Key West to right here in South Walton. Trice attributes his success to his team and each member's knowledge and experience.

Inspiration and fresh ideas keep Trice and his team, directed by Emily Graham, motivated and ready for the next project. Each year Trice attends the prestigious Masion-Objet tradeshow in Paris, where he previews new fabrics, color pallets, and trends while

mingling with the best in the profession from around the globe. This esteemed tradeshow allows Trice to see what is to come in interiors. "It is a wonderful time each year and I have been fortunate enough to be invited. Paris is such a motivation in itself and the trip really provides me with exposure and direction," says Trice.

Locals and visitors to the Emerald Coast can visit Trice's boutique-cum-showroom at the newly constructed 30Avenue outdoor shopping mall, located at the intersection of U.S. Highway 98 and County Road 30A in Inlet Beach. Expect to be greeted by Gracie and Zelda, resident pooches, with enthusiasm and a few doggie kisses if you're lucky. At Design 30 Avenue, shoppers will discover most everything they need to decorate their home at the beach or beyond, from furniture to candles, lighting, one-of-a-kind lamps, Juliska tableware, and upholstery from Lillian August. New to the store this



Each year Trice attends the prestigious Masion-Objet tradeshow in Paris, where he previews new fabrics, color pallets, and trends while mingling with the best in the profession from around the globe.



season, browsers can find more children's items, along with kids' clothing and dog and pet accessories.

One of the more matchless offerings at Design 30 Avenue is Trice's custom rugs that he personally designs. Hand-loomed and made of Indian cotton and wool, the rugs feature over 60 colors and patterns in most standard sizes. Design 30 Avenue has worked hard to offer shoppers modest pricing when compared to their online competitors. The store also features original artwork by local artists.

*Both the interior design services and retail store bring an experienced staff with a knack for making each space unique and special to the Emerald Coast. Visit Emily Graham and her team at 30Avenue Monday through Saturday from 10 a.m. to 5 p.m. Design 30Avenue interior design services are available by appointment. For more information visit online at [www.design30avenue.com](http://www.design30avenue.com).*



# New in South Walton

Call or Text for 24-Hour Free Recorded Info



### Palmeira Villas at Seagrove Beach

Call 888-814-6686 x 4145 or text 94477 to 98028  
Proudly Listed by Shelley Smith/Karissa Bell



### Cottages at Eastern Lake, Seagrove

Call 888-814-6686 x 5005 or text 92845 to 98028  
Proudly Listed by Melissa Clements



### Magnolia Cottages by the Sea, Seacrest

Call 888-814-6686 x 5445 or text 82829 to 98028  
Proudly Listed by Shelley Smith/Karissa Bell



### Palmeira Villas at Seagrove Beach

Call 888-814-6686 x 1005 or text 56796 to 98028  
Proudly Listed by Melissa Clements



### Seaneast Village, Seagrove

Call 888-814-6686 x 2395 or text 54227 to 98028  
Proudly Listed by Rita Montgomery



### Rosemary Beach

Call 888-814-6686 x 8005 or text 88444 to 98028  
Proudly Listed by Rita Montgomery



### Rosemary Beach

Call 888-814-6686 x 7005 or text 29557 to 98028  
Proudly Listed by Rita Montgomery



### Seacrest

Call 888-814-6686 x 4115 or text 49572 to 98028  
Proudly Listed by Melissa Clements



### Seacrest

Call 888-814-6686 x 2025 or text 95216 to 98028  
Proudly Listed by Rita Montgomery



### Grande Pointe at Inlet Beach

Call 888-814-6686 x 5045 or text 44478 to 98028  
Proudly Listed by Jonathan Roberts



### Forest Lakes, Santa Rosa Beach

Call 888-814-6686 x 1355 or text 74845 to 98028  
Proudly Listed by Shelley Smith/Karissa Bell



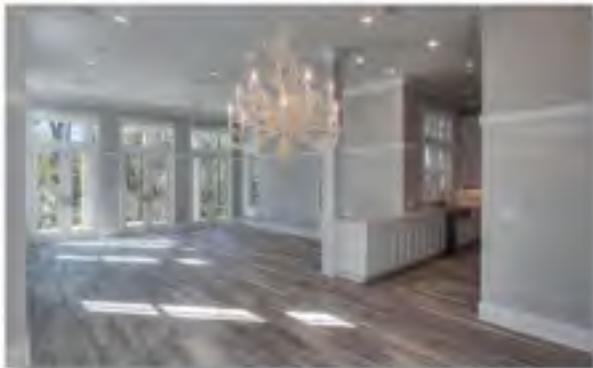
### Seaneast Village, Seagrove

Call 888-814-6686 x 2105 or text 10724 to 98028  
Proudly Listed by Rita Montgomery

**- EXCLUSIVELY FEATURED REAL ESTATE -**



**WATERCOLOR - LAKE FRONT**  
43 BLACKWATER STREET - NEWLY FURNISHED  
7 BEDROOMS - \$3,659,000



**WATERCOLOR - LAKE VIEW**  
408 WESTERN LAKE DRIVE  
4 BEDROOMS - \$2,076,000

**WATERCOLOR - CROSSINGS DISTRICT**  
627 E. ROYAL FERN WAY - (NEW CONSTRUCTION)  
4 BEDROOMS - \$1,375,000

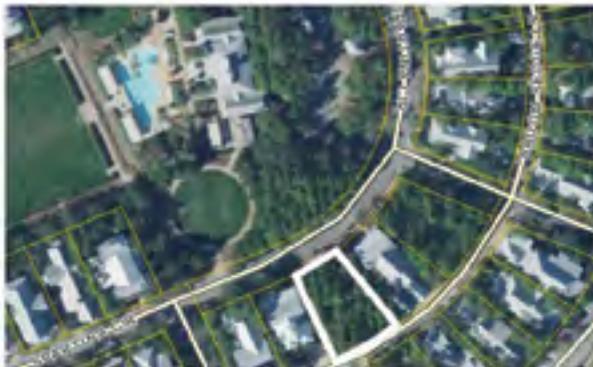
**WATERCOLOR - LAKE FRONT**  
19 DANDELION DRIVE  
9 BEDROOMS - \$5,795,000



**WATERCOLOR - FOREST DISTRICT**  
156 ROYAL FERN WAY  
HOMESITE - \$624,000

**WATERCOLOR - PARK DISTRICT**  
142 MYSTIC COBALT STREET  
3 BEDROOMS - \$1,395,000

**WATERCOLOR - GULF VIEW**  
1650 E. COUNTY HWY 30A #302  
1 BEDROOM, 2 BATHROOM - \$715,000



**WATERCOLOR - FOREST DISTRICT**  
402 PINE NEEDLE WAY  
COMPLETION SPRING 2017 - \$2,195,000

**WATERCOLOR CAMP DISTRICT**  
146 SPARTINA CIRCLE  
HOMESITE - \$995,000

**WATERSOUND BEACH - GULF FRONT**  
108 S. SHINGLE LANE  
HOMESITE - \$3,700,000

**- EXCLUSIVELY FEATURED REAL ESTATE -**



**ALYS BEACH**  
29 NORTH SOMERSET STREET #208  
GULF VIEW - \$1,395,000



**FOUR MILE VILLAGE - LAKE FRONT/GULF VIEW**  
137 TWISTED PINE TRAIL  
3 BEDROOMS - \$2,195,000



**FOUR MILE VILLAGE - OVER 1 ACRE**  
LOT 9 VILLAGE BEACH ROAD WEST  
SECLUDED GATED COMMUNITY - \$1,425,000



**THE RETREAT - LAKE FRONT**  
LOT 43 BERMUDA DRIVE  
HOMESITE - \$1,350,000



**SEAGROVE BEACH**  
40 HOLLY STREET  
2 BEDROOM COTTAGE - \$995,000



**SEAGROVE BEACH**  
41 AZALEA STREET  
4 BEDROOMS - \$1,395,000



**DRAPER LAKE**  
LOT 11-2 NARROW LEAF WAY - 4 BEDROOM  
COMPLETION SPRING 2017 - \$1,275,000



**DRAPER LAKE**  
40 W CEDAR BEND ROAD  
3 BEDROOM HOME - \$920,000



**POINT WASHINGTON**  
504 RICKER AVENUE - 3 BEDROOM  
CANAL FRONT - \$595,000

**MARIANNE *and* BLAKE**



**MARIANNE GRANT**  
OWNER/BROKER  
850.585.0621  
MA@MARIANNEGRANT.COM



**BLAKE COOPER**  
SALES ASSOCIATE  
850.218.0202  
BLAKE30A@MARIANNEGRANT.COM

[MarianneAndBlake.com](http://MarianneAndBlake.com)



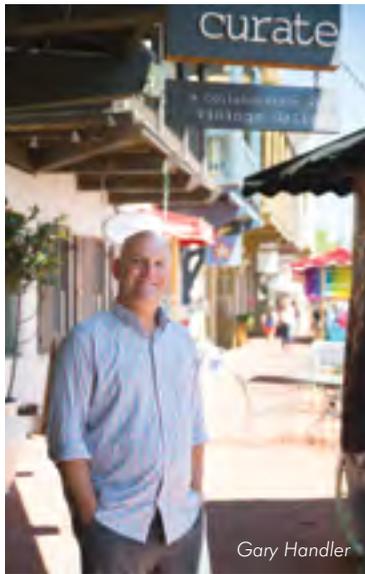
# Curating Creativity

BY LIESEL SCHMIDT

Art and wine seem to have a natural affinity for one another. So Gary Handler couldn't have found a better location than Rosemary Beach; where fine art is savored with as equal an appreciation as the finest vintage; to open a gallery to showcase some of his favorite artists and bring to the beachside community a taste of what has always captured his passion. "My aim here at the gallery is to educate the collector so that they feel comfortable with their purchase and feel that they have acquired a truly special piece," says Handler, who took the years of experience as the owner of Vinings Gallery in Atlanta, Georgia and used it to create Curate. "We're laid back here and want the whole experience of learning about an artist and their works and falling in love with them to be fun and positive—we'll open a great bottle of wine and just appreciate the beauty all around us in the space—and that's part of what becoming a collector and an art lover is all about."

At its core, Curate is a collaborative art space that seems to pulse with creativity, and since opening in 2016 Handler has watched that pulse strengthen under the warmth of the Florida sunshine that has long held a place in his heart. "I first started visiting the area in my college years, and that's something I've continued on since then with my family. We all love it here—there's a love for the beach that seems to be in our blood," Handler says.

And herein lies the intersection of where business meets pleasure: when the 2014 Destin Charity Wine and Food Auction brought about the chance meetings of Handler with a number of people who had long been his clients at Vinings in Atlanta. Naturally enough, Handler was there in a professional capacity, participating in the event along with his long-time friend and top-selling artist, Thomas Arvid: America's preeminent painter of wine whose work Handler had represented for a number of years at his galleries in



Atlanta. As an area so rife with secondary homes owned by people from all across the globe, Rosemary Beach became part of an even smaller world for Handler, and his existing relationships

formed the foundation he needed to make a successful go of bringing more color to the art scene at 30-A.

It takes more than business sense to run a successful gallery, however. It takes passion, and Handler has that in spades. "I love bringing warmth and joy to someone's home through art and I feel that running a gallery gives me the personal opportunity to do that," Handler says. "It becomes more than just a purchase and forms a real relationship that lasts." Relationships are indeed what seem to be a large part of what drives Handler, as he curates pieces for the gallery depending not simply on



what he thinks will sell, but also on what moves him and which artists he feels a connection with. "The creativity and sense of expression that an artist possesses is certainly humbling to me, and I'm always in awe when I witness the process of a blank canvas being brought to life by a truly inspired hand," Handler says.

He has longevity in mind, not simply of-the-moment success; and his greatest pleasure is being able to trace the growth and trajectory of a talent. "Most of my artists have been with me for over 15 years, and, in that time

I have witnessed tremendous transformation and growth—not only in their careers, but also in their style of painting and in the different directions they seem to be led. This is so exciting to me. When you have the opportunity to introduce an artist to your clients and watch their evolution over the years—that's what makes me passionate about my work."

Bringing his eye for talent to Curate, Handler hopes that the artists he represents in this new space will experience their own transformation and growth, brought into greater light in a place where they are given appreciation and respect. He's a curator of art; and, in his way, a curator of dreams.



*Curate is located at 72 Mainstreet, Rosemary Beach, Florida 32461. Open daily 11:00 a.m.- until. For more information, call (850) 231-1808 or visit [www.curate@30a.com](http://www.curate@30a.com).*



LIFE DEFINED



**U2 · 79 NONESUCH WAY**

*This stunning 3,145 square-foot home, designed by Eric Watson, features 4 bedrooms plus a double-bunk room and 4.5 baths. Chelsea Frager Interior Design created a masterpiece with the interior furnishings, fixtures and finishes. The home is just steps to the Caliza Pool & Restaurant, Town Center, Fitness Center, and Nature Preserve.*



**U8 · 52 SPICE BERRY ALLEY**

*Framing Arbolada Park, this 3,297 square-foot home is designed by renowned Khoury-Vogt Architects. The home features two master suites, two guest bedrooms, bunk area, 4.5 baths, media room, park side loggia, two-car garage, courtyard loggia, and pool. Buyers have the opportunity to make many of the interior finish selections for the home.*



**E6 · 57 GOVERNORS COURT**

*This 4-bedroom, 4.5-bath courtyard home features a courtyard with dipping pool, detached master suite, junior master suite, living and dining rooms, and gourmet kitchen. The master suite has 25-foot vaulted cypress ceilings, a jetted tub, sunken shower, and private poolside seating. Two guest bedrooms, are located on the 2nd floor.*



**J12 · 31 NORTH CHARLES STREET**

*Located just north of Fonville Press, this Somerset Home, designed by Architect Gary Justiss, features 4-bedrooms, 4.5-baths, a generous courtyard with a pool, open loggias, and second floor flex space and den. Buyers can make personal interior finish selections for the home.*



**U29 · 45 SUGARLOAF ALLEY**

*Located just north of Town Center near Caliza Pool & Restaurant, this Somerset Home, designed by Gary Justiss, features 3 bedrooms, 3.5 baths, bunkroom, with a spacious center courtyard and pool and two-car garage. Buyers can make personal interior finish selections for the home.*



**A6 · 50 SEVEN WELLS COURT**

*This 2,672-square-foot courtyard home is designed by renowned architect Robert Orr. A generous dipping pool, built-in seating and an outdoor fireplace ensure the courtyard, encompassed with greenery, will be used every season. On the second floor, two spacious guest suites open into a louvered gallery and a spacious rooftop terrace.*

**ALYS  
BEACH**

ALYSBEACH.COM  
850.213.5500

Aly's Beach Properties, LLC. Licensed Real Estate Broker participation welcome. Equal Housing Opportunity.

This is not an offer or solicitation in CA, NY, NJ or any state where prohibited by law. ALYS BEACH is a trademark of ERSCO Industries, Inc. © 2016

# Lori Drew: Making Room for the Artists

BY ANNE HUNTER

Artist Lori Drew is making room for the artists of Scenic Highway 30A and South Walton County.

Drew, who at the urging of friends visited the Emerald Coast during spring break back in 1998, bought property the following year and made the Emerald Coast home in 2000. “Some things are just meant to be,” she muses. “It was like stepping into a color photograph coming out of a black and white Indiana winter.

“This area is still so young and the art scene is like a teenager full of so much potential, searching for ways to explore all possibilities, growing by experimentation. It’s exciting and I am so grateful to be here as a small piece of the puzzle. Ultimately, we will become known as a place for artists and for lovers of all things artistic. We were created for this -- to share this beauty.”

Drew has always been a creative type but lacked the confidence to create fine art. The many faces of her career include being a photojournalist in the Navy and the public relations and marketing director for hospitals, before she started a home-based portrait photography business. After moving to Walton County, she became disillusioned by the fact that family beach photos were shared over mail and internet. “I lost the personal thrill of seeing someone enjoy what I created. So I started playing with paint on canvas one day. During those years, art was a therapy for tears of both sorrow and joy. I paint not only to give myself peace but to also share it with others.”

Eleven years and hundreds of creations later have led Drew through an evolution of style that she continues to create. She works in oil and cold wax medium, in various degrees of dryness and ratios, and with different tools to give the viewer a sense of the coastal beauty with a hint of old charm – and a new way of seeing the ever-changing glory of nature around us. “It’s not abstract and it’s not Impressionism,” explains the artist, “it’s soft and it’s pretty and it’s heartfelt.”



stay in touch with festivals and events; but they wanted more places to showcase their work where potential buyers might find them.”

The innovative thinker found her first alliance with the Emerald Coast Theatre Company (ECTC). “I was looking for a way to help artists get more exposure and my friend, Sherry Londe, was looking for a way to enhance the ECTC during its infancy.” Drew explains that she and Londe act with passion before anyone has the chance to say “that won’t work”. And so far, their strategy has worked beautifully. “Expanding the concept to other



venues is going to take a team of people who want to make it happen.”

The idea of Lowkylzart is designed to benefit everyone -- artists, businesses, and local charities.

Drew asks for nothing in return for the pop-up galleries. “I simply want to see artists be able to sell so they can continue doing what they love.”

Drew and Londe share a future vision for the arts on Scenic



In early 2015, Drew had aspirations for a new venture and conceived Lowkylzart (vocalized: locals’ art). “The idea for the project came after I became involved in the art scene here. Everywhere I went in our art world, I met extremely talented women and men who had the passion to create; found workshops for learning, and networks to

Highway 30A. It is called The ArtSpace – a place where art is alive with creators and dreamers who come together to share ideas, rejoice in the creative process, and keep the energy going through every kind of art. Yoga for the over 55 crowd, the art of cooking for middle schoolers, the art of movement, and anything else that can be imagined will be welcomed in The ArtSpace. “We can do it with a lot of help from our friends, but we need financial assistance for a building we can call home to a rotating gallery of fine art with open doors to all things artistic.”

It’ll happen someday; and in the meantime, pop-up galleries will continue to pop up wherever Lowkylzart can find a space that will make room for the arts.

**For more information, visit the artist’s studio gallery in Grayton Beach or [www.loridrew.net](http://www.loridrew.net).**

# ALEX ŠEPKUS®

---

## NEW YORK



**McCASKILL & COMPANY**  
— Finest Jewelry & Watches —

13390 Highway 98 West, Destin, Florida 32550  
850.650.2262 · [www.McCaskillandCompany.com](http://www.McCaskillandCompany.com)

# Homing In

BY LIESEL SCHMIDT

More than just a desire to close a deal, there's a certain passion needed to make it successfully in the real estate industry; a personal investment that is essential to creating a relationship and being able to understand what each client needs. And for Karen Holder and Linda Campbell, those are the crucial characteristics they bring to the table with each appointment they book, every home they list, and every property they search. "We want, more than anything, to serve our clients to the absolute best of our abilities; and so we go above and beyond to give them an exceptional level of personal service, from the first moments of our initial meeting to very last contracts are signed and delivered at closing," says Campbell.

During her 23 years as a real estate agent, Campbell has watched the industry change immensely, but she's learned well one thing that will never change in a business so centered on people—the simple need to listen. "Listening is critical to being able to meet the challenge of finding out what a client really needs and being able to satisfy those needs with a property we find," she says.

That listening ear has been an undeniable asset to her teammates at Homes on 30A, the brokerage firm where she works closely with founder and owner Karen Holder. It is certainly something that Holder herself possesses, and a key component to furthering the success of the firm over



Karen Holder



Linda Campbell

*We're extremely complementary to one another in our selling abilities, and we share the same dedication to excellent customer service.*

the past five years. "We're extremely complementary to one another in our selling abilities, and we share the same dedication to excellent customer service," Karen says of her working relationship with Linda. "We try to be honest and forthcoming with all of our clients during their search for the perfect home here or when they come to us looking for guidance in selling a property. For us, it's more than just a career, and we take personal satisfaction in the more personal, on-on-one experience we provide our clients. These are important decisions in their lives and being a part of that is something we feel honored to do."

Between them, Holder and Campbell share a combined 31 years of experience with half a billion dollars in sales—both clear illustrations of their understanding

of the market as well as their ability to satisfy their clients. Each came to the area from other parts of the south; Campbell, a native of Alabama, while Holder was born and raised in Georgia; and each fell in love with the beauty of the beaches, learning with the eyes of outsiders just what would be the selling point in this place so lauded as a piece of paradise.

And it is certainly a paradise, with water views and beaches that command million dollar price points and draw the interest of buyers from all over the world. Meeting with buyers and helping them make their dreams a reality is their greatest reward, their driving force to succeed even when the market seems at its most challenging. "This is work that gives us a unique opportunity to meet and form relationships with people from all over the country and all across the world, and that's been amazing," says Holder. "Guiding them through the process of finding a home is fulfilling – these are people and families who come to be more than just clients through our months and sometimes even years of working with one another, and that's a gift."

**For more information on Homes at 30A, visit [www.homeson30a.com](http://www.homeson30a.com). To reach Karen Holder, call (850) 687-1064. To reach Linda Campbell, call (850) 830-3173.**



christopherai.com

205-413-8531

SEACREST BEACH • FL



ALYS BEACH • FL



ROSEMARY BEACH • FL



  
**LA COCINA**  
*Mexican Grill & Bar*

EST. 1998  
**GEORGE'S**  
AT ALYS BEACH

*La Crema*  
Tapas  
&  
Chocolate

# 30-A's Changing Landscape

BY SARAH MURPHY ROBERTSON

Luxury home construction and sales are changing the 30-A landscape and local businesses must position themselves for the future.

It only takes a drive down 30-A to notice the change. Views of those charming beach cottages still dot our scenic highway, but every year brings more larger luxury homes popping up. These high-valued homes require a heightened level of products and services.

Coastal Insurance Agency, owned by Grant Blackwell, knows that businesses must evolve to cater to the owners of these luxury homes and provide the services they are accustomed to receiving.

Coastal Insurance agency is primed to meet that challenge. "We have developed some creative products through our agency partner insurance carriers. Unlike many agency providers, we can effectively insure LLCs: Trust and vacation rentals of every description. We also have coverages for golf carts, jewelry, fine art, and even million dollar wine collections," Blackwell explains.

Paramount to homeownership near water, Coastal is also well known for their expertise in Flood Insurance, twice being named FEMA's National Flood Insurance Agency of The Year. The team even works with builders, architects, and engineers during the planning and design process to minimize insurance costs for these high valued homes.

Homeowners recognize that protecting these luxury homes requires industry specialists who know best how to manage the risks they will face. Coastal Insurance is a group effort with over 200 years of combined experience in their management team.

Kim Shahid with Coastal Insurance is a Luxury Homeowner Insurance Specialist and she has become the go-to source for insuring these homes on 30-A. Development and change is nothing new for Kim as she watched her grandfather, Ernest Shahid, develop such Destin landmarks as Shoreline Towers and Regency Towers. Mr. Shahid was a true Emerald Coast visionary



Insurance Specialist Kim Shahid

and Kim inherited his drive, work ethic, and commitment to excellence.

"We work with the realtor, lenders, and wealth managers when clients acquire these luxury homes," Kim says. When the client is ready to move in, Coastal has structured coverage uniquely tailored to that client and their new home. "We find we are getting many new clients who previously used another provider, but see the need to sit down with Coastal for a more comprehensive review of their exposures," Kim explains.

What is clear is Kim loves her job. "I truly enjoy working with local realtors who refer clients and many of

Homeowners recognize that protecting these luxury homes requires industry specialists who know best how to manage the risks they will face. Coastal Insurance is a group effort with over 200 years of combined experience in their management team.

our clients have in turn become my lifelong friends" says Kim. The Coastal team knows informed, educated clients are the best clients. Every year, Blackwell also teaches a class for realtors focused on helping them understand the complexities of insurance and how best to help home buying clients.

Coastal prides itself on being an active part of the 30-A community. They are in step with both the current issues homeowners face to all the must-see and must-do activities our area has to offer. They relish their role as a valued local business and partner in many community endeavors.

Nobody knows how long this current housing market boom will last. The economic growth of 30-A may continue to be fueled by these high net-worth clientele. That is why Coastal Insurance continues to evolve and ready itself for its role guiding and advising these homeowners. However the real estate future does play out, the Coastal team members knows that 30-A itself is paradise and protecting this slice of the good life will always be their priority and expertise.

***Coastal Insurance is located at 5410 E. County Highway 30A, Ste #101 Santa Rosa Beach, FL 32459. They are open Monday through Friday 8 am - 5 pm. Phone them at (850) 231-0041 for more information about their products and services.***

Join the  
**Merchants of Gulf Place** for  
**LIVE MUSIC**

ARTISTS · RESTAURANTS · BOUTIQUES · REAL ESTATE · COFFEE · PETS · SERVICES · EVENTS · BIKES & BOARDS · RENTALS

**THIRD THURSDAY  
WINE WALKABOUT**

*each month from 5-7pm*



**GULFPLACE**

**A Colorful Town Center on 30A**

on the corner of scenic hwy 30A and 393 • [gulfplaceFL.com](http://gulfplaceFL.com)   

**WATSON**



**SEWELL**

**ATTORNEYS AT LAW**

*Serving the Emerald Coast Since 1997*

- Real Estate Closings
- Integrated Estate Planning
- Business & Corporate Law
- Real Estate Law
- Business Planning
- Asset Protection

**[www.watsonsewell.com](http://www.watsonsewell.com)**

*visit our website and sign up for our monthly e-newsletter*

**Kimberly Watson Sewell, Esq**

*Licensed to Practice in Florida & Georgia*

**Franklin H. Watson, Esq**

*Licensed to Practice in Florida & Alabama*



**REAL ESTATE**

*Board Certified  
Real Estate Attorney*

"Board Certification is the highest level of recognition given by The Florida Bar for competency and experience within an area of law and identifies an individual as a lawyer with special knowledge, skills and proficiency, as well as a reputation for professionalism and ethics who is a specialist and expert in their practice area"  
- The Florida Bar

**850-231-3465 office • 850-231-3475 fax  
5410 E. Co., Hwy 30-A, Suite 201 Seagrave Beach, FL 32459**

# When It Comes to a 30-A Beach House, It's All About Location and Lifestyle!

BY ERIN ODEN



Seaside, FL

Location and lifestyle remain top goals for buyers of second homes. The new urbanism planned communities along Scenic 30A remain in the highest demand in that they fulfill the top lifestyle desires that most are looking for in selecting the perfect place at the beach.

Planned communities have traditionally commanded higher prices and stronger appreciation on both a national and local level. Our real estate market affirms the increased demand for lifestyle-focused, prominently located planned community. Our new urban communities of Rosemary, Alys Beach, Watersound Beach, WaterColor and Seaside all boast impressive average sales prices and significant appreciation that far outweighs the overall 30-A market fringing these communities.

Enjoy a deeper look at the history of average sales prices within the community from 2010 through 2016 for insight into the performance of each. The statistics certainly give us concrete confidence in the most sought-after locales of 30-A.



Erin Oden

*Erin Oden is the principal broker and owner of Coastal Luxury and maintains a strong emphasis on intimate market knowledge and expertise in the luxury and gulf-front market. Erin can be reached at (850) 502-1220 or erin@coastalluxury.com. Or stop by Coastal Luxury, located directly on 30-A, the first office east of Alys Beach. Search all available properties at coastalluxury.com/SEARCH*



Rosemary home prices have appreciated 144% over the 6-year period from 2010 to 2016.



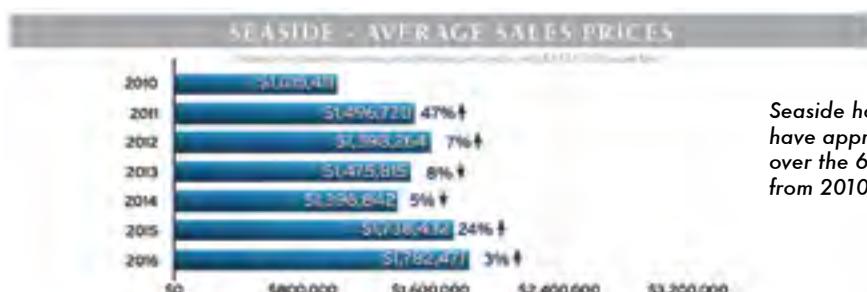
Alys Beach home prices have appreciated 67% over the 6-year period from 2010 to 2016.



Watersound Beach home prices have appreciated 110% over the 6-year period from 2010 to 2016.



WaterColor home prices have appreciated 58% over the 6-year period from 2010 to 2016.



Seaside home prices have appreciated 76% over the 6-year period from 2010 to 2016.



**LUXURY RESORT DESTINATION**

THE POINTE • INLET BEACH

Recorded Details & Pricing Call 800.359.0527 x 7507

REPRESENTED BY Chris Abbott



**MODERN ZEN ABODE**

52 BANFILL STREET • GRAYTON BEACH

Recorded Details & Pricing Call 800.359.0527 x 3667

REPRESENTED BY Pat Carlyle



**IMMACULATE, WELL DESIGNED CONDO**

THE PALMS OF DESTIN #1417 • DESTIN

Recorded Details & Pricing Call 800.375.9828 x 3087

REPRESENTED BY Nina McCaslin-Horn



**GATED GULF VIEW LAKEFRONT**

58 LAKEPOINTE DRIVE • SEAGROVE BEACH

Recorded Details & Pricing Call 800.375.9828 x 3057

REPRESENTED BY Nina McCaslin-Horn



**SPACIOUS OPEN LIVING AREAS**

192 BLUE CRAB LOOP EAST • SEACREST BEACH

Recorded Details & Pricing Call 800.375.9828 x 4567

REPRESENTED BY Carrie Shoaf



**ONE BACK FROM GULF**

44 S GRAND BEACH DR • BLUE MOUNTAIN BEACH

Recorded Details & Pricing Call 800.359.0527 x 3657

REPRESENTED BY Pat Carlyle



**STUNNING MEDITERRANEAN HOME**

129 RUE MARTINE • CARIBE WEST

Recorded Details & Pricing Call 800.359.0527 x 4677

REPRESENTED BY Willee Skibbe



**ESTATE-SIZE LOT NEAR LAGOON POOL**

LOT 1 BLK K BEACH BIKE WAY • SEACREST BEACH

Recorded Details & Pricing Call 800.375.9828 x 4547

REPRESENTED BY Carrie Shoaf



**PANORAMIC GULF VIEWS**

631 BLUE MOUNTAIN RD • BLUE MOUNTAIN BEACH

Recorded Details & Pricing Call 800.359.0527 x 3617

REPRESENTED BY Pat Carlyle

# Your Estate Plan & Your Legacy

BY KIMBERLY WATSON SEWELL AND FRANK WATSON

## “THE GREATEST”

The recent passing of “the Greatest”, Muhammad Ali, has sparked considerable attention to the boxer’s legacy. After all, Ali was one of the world’s most famous athletes who was also known for his public opposition to the war in Vietnam and his long battle with Parkinson’s disease.

In his later years, Ali was heavily involved with philanthropy, too. He raised funds for the Muhammad Ali Parkinson Center in Phoenix and was a strong supporter of the Special Olympics and the Make-A-Wish Foundation. In 1998, he was chosen to be a UN Messenger of Peace to developing nations, and he received the Presidential Medal of Freedom from President George W. Bush in 2005.

These accomplishments and interests helped shape the Champ’s legacy inside and outside the ring. When we hear the term “legacy” we frequently think of the lasting impression a famous person leaves. For example, baseball great Roberto Clemente left a legacy on the diamond as well as through his humanitarian efforts. On the music front, we can point to the late David Bowie, Glenn Frey, and Prince.

## HOW WILL YOU BE REMEMBERED BY YOUR LOVED ONES?

Whether a famous boxer, ballplayer, musician, or regular John Q. Public, each of us leaves a legacy. For most of us, our legacy is not a string of heavyweight boxing titles, myriad All-Star appearances or a collection of songs. No, our legacies tend to be those moments lived day-to-day with our loved ones. But in legal terms, a “legacy” means a bequest or gift of property or money through our estates at death. To leave a successful legacy for your loved ones, you need a thoughtfully designed and carefully implemented estate plan.

## KEY DECISIONS ONLY YOU CAN MAKE

There are many critical decisions only you can make for your family. This includes signing an advance healthcare directive and general durable power of attorney to designate someone you know and trust to make your personal, health care, and financial decisions if you become incapacitated.

Similarly, you need to designate an executor (under your will) or a trustee (under your living trust) to wind up your final affairs and to make certain all your final debts, taxes, and expenses are paid. That executor or trustee will



Kimberly Watson Sewell  
and Frank Watson

To leave a successful legacy for your loved ones, you need a thoughtfully designed and carefully implemented estate plan.

be tasked with “settling” your estate. Once your estate is settled, an ongoing trust may be needed to protect your hard-earned assets from the potential squandering, divorces, lawsuits, or bankruptcies of your beneficiaries. If your beneficiaries include any with special needs, then a supplemental needs trust may be necessary to protect their public assistance benefits and ultimately preserve the inheritance down your family line. The inheritance you leave behind for any beneficiaries with substance abuse issues can either be a blessing or a curse, depending on the terms you establish for its distributions.

It is a deluded turtle who finds himself atop a fence post and believes he got there on his own talents. How will you support and remember the charities and institutions that helped you along the way? Will you pay it forward with outright gifts or do you want to do some more “planned giving” for long-term impact?

## A LEGACY OF CHAOS

What if you fail to make a proper estate plan and leave it all to chance? Chances are about 100% that you will leave a legacy of chaos, confusion, and, potentially, unnecessary estate taxation. It seems this is the unfortunate legacy of many high-profile performers who die in their prime.

One of the most recent examples is Prince, who made headlines for dying without even a simple will. Consequently, the IRS and the State of Minnesota will inherit about half of his estate when all is said and done.

One of the final measures of how successfully we live is the estate planning we leave when we pass away. Many of the famous leave a senseless stain on their legacies for failing to properly plan. For most of us, it is not “personal” when a celebrity fails to plan. But if you are one of their family members then it can mean knowing a probate judge on a first name basis, paying massive attorney’s fees, and writing big checks to the IRS. To make matters worse, litigation among family members is often not far behind, which can cause irreparable damage to the relationships of those left behind.

## ORGANIZATION IS KEY

One of the greatest legacies you can leave to your loved ones is a clear, organized estate plan. A plan should include an “air-tight” will or living trust that is specific and leaves no questions unsettled. Professionally-crafted estate planning documents can make settling and distributing your estate much easier on all concerned. To be successful, your estate plan also should let your designated executor or trustee know what you own, where it is located, and who to contact for assistance. While you are at it, let your executor or trustee know where you keep your important legal, financial, and personal papers!

Death is not an unexpected event for any of us... and it can happen anytime. We are all going to pass away. Regardless when that may be, you should plan your legacy right now to avoid compounding the grief, stress, and confusion that naturally attend the death of any loved one.

So, how will you be remembered? In the end, it is up to you. Take the time to do it right without delay.

For more information, please contact:  
Watson Sewell, PL (850) 231-3465 -  
[www.watsonsewell.com](http://www.watsonsewell.com)





# abode beach

interiors

furniture + lighting + accessories

4281 E Co Hwy 30A, Seagrave Beach, FL 32459 • 850.231.1783 • info@abodebeachinteriors.com • www.abodebeachinteriors.com



## *Angelina's* PIZZERIA & PASTA

*"Homestyle Italian on the Coast."*

Scenic Hwy. 30A  
Seagrave Beach, Florida

angelinas30a.com

(850) 231-2500



# The Ohana Institute and the Muscogee Nation of Florida

BY SUSAN CANNIZZARO



Volunteers and Staff

The Ohana Institute is a fully credited and innovative private school servicing grades 3-12 in the Rosemary Beach area. The students put in numerous hours and hard work beyond the classroom setting to change local communities in a positive way.

Lettye Burgtorf is the founder of the Ohana Institute and says their vision is to create a personalized learning path where individual talents are discovered and kids find their true passion in life. “It is a school where everyone is loved and accepted and given the freedom to be who they are,” she explains. She originally homeschooled her own daughters, which soon resulted in teaching other neighborhood children. The class sizes continued to grow, more teachers were added, and Ohana Institute was created.

One of their current projects includes working with the Muscogee Indian Nation in nearby Bruce, Florida. Future opportunities include helping develop an Educational Center and Micro-Farm. “We are trying to help these amazing people preserve their land and their artifacts for future generations to experience,” says Burgtorf. Future projects for the Educational Center include walking trails and sustainable farming solutions, such as hydroponic gardening and tilapia farms. The Muscogee Nation of Florida has a long history in the Walton County area. In the early 1800s, this group of excommunicated Native Americans headed south from Alabama, down the Choctawhatchee River, and they ended up settling on the banks of the river in an area now known as Bruce.

Brian Peterson is a Team Sports Director at Ohana, and works directly with the students on this project. “We head to Bruce after school once a month on Fridays, which is about 30 minutes away. We have been helping clear the land, including clearing out 30-40 blueberry bushes and planting new ones while putting mulch around all the plants,” says Peterson. “We are excited to help so schools and organizations can come and learn more about the tribe, native plants, and single plot gardens. It has been really fun and the kids really love to be involved,” he adds.

Chairwoman Ann Tucker has served in various roles for the Tribal Government of the Muscogee for over 30 years, and she continues to work diligently to find the right funding and grants to get their future projects accomplished on 7 ½ acres of tribal land. “We are looking forward to this new eco-tourism project, that will include innovative farming techniques and trails that will protect plants but also educate the people that come here,” says Tucker. They had to take out 40 trees to help clear some of the land and this wood will be used for building arbors and benches. “We help many people in 3 counties with our food pantry and we also have a community health clinic, both of which help mostly elderly in the area,” adds Tucker. “We love having the Ohana students come and help and feel it is important to help children learn about helping impoverished people.”

Chuck Tucker, Ann’s husband, is working closely with the kids and the staff from Ohana Institute. “The kids and staff first came to us at Thanksgiving and started



to help us with our food pantry,” Chuck says. “The next time they came, they helped prune numerous 50 year-old blueberry bushes that had gotten very overgrown. All the kids were a great help and now you can easily pick from all the bushes.” Future projects for the students include helping to build a raised path and a greenhouse.

Emily is a 9th grader at Ohana and she has helped by taking photographs of her classmates at the center. “It has really made me appreciate other cultures and I have enjoyed being able to help people that are less fortunate,” she says. Caelin is another 9th grader who has gone several times to help. “I have enjoyed the work we have gotten to do so far and I am really excited to help build a greenhouse,” he says.

The Muscogee Nation and the students at Ohana Institute are working to achieve an excellent community partnership and mutual learning while giving back to the community and also helping those that are less fortunate.

**To find out more about the Muscogee Nation visit [www.mnoffl.com](http://www.mnoffl.com). To find out more about the Ohana Institute visit [www.ohanainstitute.org](http://www.ohanainstitute.org)**



CALIZA

ALYS  
BEACH

THE MOST CREATIVE CULINARY EXPERIENCE ON 30A  
Open to the public Tuesday through Saturday, 5:30 PM - Happy Hour 5:30-6:30 PM

850-213-5700 | CALIZARESTAURANT.COM

# The Most Important Move in Golf

BY TOM FITZPATRICK

**W**hat part of the golf swing is the most important? Answers vary; but according to David Leadbetter, teacher to the pros, it's the first two feet that the club moves back. Get this key part of the backswing right and it sets off a chain reaction for the rest of the swing.

That initial move is often overlooked but it's vital for setting up the entire swing. It's quite common to see the club get rolled back behind the golfer, leading to an over the top slice downswing.

Before we begin, be certain that you're set up correctly with the club face, feet, hips, and shoulders all aimed 'parallel left of the target'.

The Move Away is initiated by the club, hands, arms and chest all moving back together. No one part outraces the other. All four start back together.

## KEY MOVE AWAY CHECKPOINTS:

- Top of the grip moves closer to your right thigh
- Club head stays out in front of you, not rolled behind you
- Right arm stays higher than the left arm

**A great exercise is to swing the club two feet back with your right hand only.** Feel the right wrist and forefinger knuckle set the club, a key thought of British Open winner Nick Price. He used that knuckle as a guide that hit awesome iron shots.



Step 1



Step 2

## Now stretch your left hand over to the grip, feeling the core stomach muscles engage.

If you feel some tension build then you are in essence winding up properly on the backswing. While watching Leadbetter teach his son Andy one day he said "The better you wind the body and club in the backswing, the easier you can unwind in the downswing".



Step 3

Remember that initial move back: grip stays close to your thigh, club head stays out, and the right arm stays high. You might be surprised how it influences your downswing for the better!

## FOR THE WELL ROUNDED GOLFER

- Being optimistic about life, with a happy can-do attitude, results in better cardiovascular health.
- Carrot juice cuts your risk of heart disease and curtails those nasty cancerous cells.
- The first tee for juniors: The core value of Integrity means to "Maintain composure and etiquette even when others are not watching."



*Tom Fitzpatrick has conducted corporate golf events nationwide, worked for David Leadbetter and Tim Gallwey, and is an active realtor with Scenic Sotheby's Intl Realty. Reach him at (850) 225-4674 or visit [tom.scenicsir.com](http://tom.scenicsir.com)*



*Restaurant*

# PARADIS

COASTAL FEEL



LOCAL CHARM

82 South Barrett Square, located in the Rosemary Beach® community

(850) 534-0400 | restaurantparadis.com



## FIND YOUR SOUTHERN GROUND ALONG OUR EMERALD SHORES



Call today for more information! 850.502.0562

### 13 QUARTER MOON LN

Watersound West Beach  
3 Bd, 2.5 Ba | 1,962 Sq Ft | One Car Garage  
Great Rental Potential | South of 30A | Direct Beach Access



**JOSLYN JACOBS**

**BERKSHIRE  
HATHAWAY**  
HomeServices

Beach Properties  
of Florida

850.502.0562

JOSLYN30A@GMAIL.COM

JOSLYN30A.COM



Gulf Front Condo on Lake Powell!

### 23223 FRONT BEACH ROAD #A514

Pinnacle Port at Carillon Beach  
3 Bd, 3 Ba | 1,244 Sq Ft | MLS # 761910  
Proven Rental | 2.6 Miles from 30A | Great Amenities

Now is the time! Take advantage of great market conditions! Call today for more information 850.502.0562!

**Call Tom Fitzpatrick**  
TO SELL • TO BUY • TO RENT

Featured 30-A Local Golf Columnist



**WaterSound Beach**



Compass Point 421 • WaterSound  
Recorded Details & Pricing 800.375.9828 x6117

**WaterSound Beach**



The Crossings C427 • WaterSound  
Recorded Details & Pricing 800.375.9828 x6107

**Rosemary Beach**



98 West Long Green • Rosemary Beach  
Recorded Details & Pricing 800.375.9828 x6087

**WaterSound Beach**



44 Tidepool Lane • WaterSound  
Recorded Details & Pricing 800.375.9828 x6127

Scenic | **Sotheby's**  
INTERNATIONAL REALTY

**TOM FITZPATRICK**

Broker Associate

c 850.225.4674 o 850.633.4876

tom@scenicir.com | tom.scenicir.com



Panama City Beach, Florida

**Shell Island Jet Ski Tours**

850.234.7245 | [shellislandtours.com](http://shellislandtours.com)

Our Waverunner tour guides are trained in safety, fun and experienced cruising. This 2 hour fun filled experience makes new memories every trip. Our location is just 10 minutes from Shell Island, so there's more time during our tours for...

- Very small, private tours with 6 jet skis maximum. **NO Huge Groups!**
- Sight-seeing along the 17 mile coast of the island
- Encountering the Dolphins • Shelling on the Island
- Riding / Exploring the inlets of St Andrews Bay and Shell Island
- Call or **GO ON-LINE** for TOUR times, details or to **RESERVE NOW.**

**Treasure Island Marina**  
3601 Thomas Drive  
Panama City Beach, FL 32408

**RESERVE ON-LINE**  
[shellislandtours.com](http://shellislandtours.com)

FEED THEM SUGAR

The Candy Bar

WATERCOLOR, FL

WEDD PINK FUZZ JALA COOK OCEA EY L

OPEN everyday at 10am (10am-10pm summer hours)

30a

Candy Store ~ Ice Cream Parlor

1777E HWY 30A, WATERCOLOR, FL | [www.thecandybar30a.com](http://www.thecandybar30a.com) | 850-231-1149 | Instagram: thecandybar30a

WALTON FUNDING

# Your 30A Mortgage Lender

Walton Funding is a mortgage lender established to meet the needs of borrowers in the South Walton marketplace and surrounding areas.

[www.WaltonFunding.com](http://www.WaltonFunding.com) | [ktucker@waltonfunding.com](mailto:ktucker@waltonfunding.com) | 850.608.3029

12805 US Highway 98 E Suite E201 | NMLS #1198715

*Making Your Dream Home a Reality*



*Celebrating 10 Years of Excellence*

A DECADE OF DISTINCTION

[www.ThePremierPropertyGroup.com](http://www.ThePremierPropertyGroup.com)

SEACREST BEACH | WATERCOLOR | GRAND BOULEVARD | KELLY PLANTATION



## Modern Luxury Perfected

2,458 - 4,503 Square Foot Residences | Offered from \$2,150,000

[31on30A.com](http://31on30A.com) | 850.296.2366 | Located on Hwy 30A in Seagrove Beach



This advertisement is not an offer to sell or a solicitation to buy, to residents of any state or province in which registration and other legal requirements have not been fulfilled. This advertisement is not intended to solicit properties currently listed by other real estate brokerages. All advertised square footages should be verified by the buyer. Obtain the Property Report required by Federal law and read it before signing anything. No federal agency has judged the merits of value, if any, of these properties.



# FEATURED LUXURY LISTINGS



NEW CONSTRUCTION

61 Cypress Walk CYPRESS DUNES  
3 Bd | 3/1 Ba | 2,345 Sq Ft | \$799,900



Offered by **Shaun Roberts**  
c: 850.621.2800 | sroberts@theppg.net



124 Spartina Circle WATERCOLOR  
5 Bd including Carriage | 5/1 Ba | 3,383 Sq Ft | \$2,199,000



Offered by **Karen Doyle**  
c: 850.346.7701 | karen@theppg.net



74 Royal Fern Way WATERCOLOR  
Oversized lot close to Camp WaterColor | \$489,900



Offered by **Dale Stackable**  
c: 850.699.1885 | dale@dalestackable.com



65 Sand Oaks Circle SEANEST VILLAGE  
4 Bd | 4/1 Ba | 2,665 Sq Ft | \$1,047,000



Offered by **Scott Markowitz**  
c: 850.238.2502 | scott@theppg.net



278 Red Cedar Way WATERCOLOR  
4 Bd + Bunk Room | 3/1 Ba | 3,284 Sq Ft | \$1,449,000



Offered by **Dale Stackable**  
c: 850.699.1885 | dale@dalestackable.com



NEW CONSTRUCTION

30 Cypress Circle CYPRESS DUNES  
4 Bd | 3/1 Ba | 2,595 Sq Ft | \$599,900



Offered by **Tracy Sweetland**  
c: 850.687.0399 | tracy@tracysweetland.com



47 W Cobia Run SEACREST BEACH  
4 Bd | 4/1 Ba | 2,825 Sq Ft | \$1,299,000



Offered by **Shelby Rochester**  
c: 850.714.4788 | shelby@theppg.net



1942 E Co Hwy 30A WATERCOLOR  
5 Bd | 5/1 Ba | 3,600 Sq Ft | \$3,995,000



Offered by **Scott Markowitz**  
c: 850.238.2502 | scott@theppg.net



128 New Providence Lane ROSEMARY BEACH  
3 Bd | 3/2 Ba | 2,430 Sq Ft | \$3,950,000



Offered by **Keith Flippo**  
c: 850.543.5000 | keith@theppg.net

Destin & South Walton's Premier Real Estate Brokerage

SEACREST BEACH | WATERCOLOR | GRAND BOULEVARD | KELLY PLANTATION

ThePremierPropertyGroup.com

LUXURY PORTFOLIO  
INTERNATIONAL

Leading REAL ESTATE  
COMPANIES  
IN THE WORLD

This advertisement is not an offer to sell or a solicitation to buy, to residents of any state or province in which registration and other legal requirements have not been fulfilled. This advertisement is not intended to solicit properties currently listed by other real estate brokerages. All advertised square footages should be verified by the buyer. Obtain the Property Report required by Federal law and read it before signing anything. No federal agency has judged the merits of value, if any, of these properties.



**BOOK YOUR  
VACATION RENTAL  
TODAY!**

**A WONDERFUL  
BEACH VACATION IS JUST AHEAD!**

Call or visit us online to  
discover your perfect  
30A accommodation

1394 County Highway 283 S. Bld 13 Santa Rosa Beach Florida • (855) 813-3783 • [www.dunerec.com](http://www.dunerec.com)



*New Construction  
at Treetops in Seacrest Beach*



*156 Redbud Lane*  
**\$649,000 FURNISHED**



*Tracey Clay*  
850 259 9672  
[TraceyClay32@gmail.com](mailto:TraceyClay32@gmail.com)



*Leslie Rudder*  
850 830 7490  
[LeslieRudder58@gmail.com](mailto:LeslieRudder58@gmail.com)

*Destiny by the Sea*

- Exclusive Gated Beach Front Community
- Roof Top Pool
- 4,189 square feet
- 5 BRs, 4 full/2 half BAs



*4816 Ocean Blvd.*  
**\$1,995,000**

# *Different by* **DESIGN!**

Furniture · Art · Rugs · Accessories  
Bedding · Window Treatments  
Lighting · Interior Design Services

# Furniture SOUTH

*"expect something different"*



## *Shop Where You Are #1...*

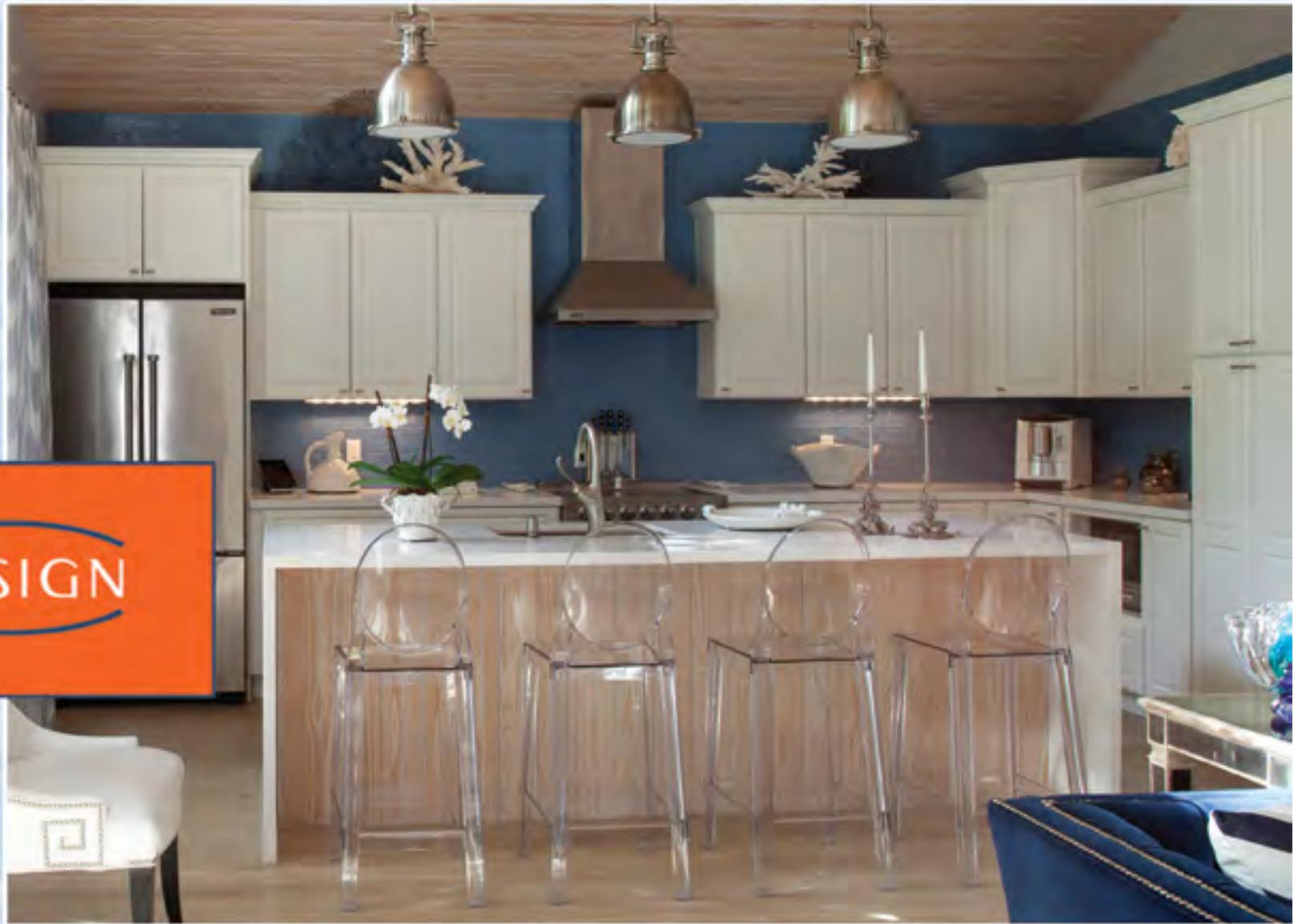
*"When you want professional, friendly design assistance. When you want to select from national furniture lines that you can trust in a 'one-stop furnishing center.' When you want immediate delivery and a best price and quality guarantee. Then shop Furniture South, where we make you #1."*

*Julie Kovach*  
Julie Kovach, Licensed Designer

(850) 267-1411 | FurnitureSouth.net  
4552 US Highway 98 West #8 | Santa Rosa Beach, FL  
*(4 miles East of Sandestin in The Landings Shopping Center)*

Division of Resort Collection LLC





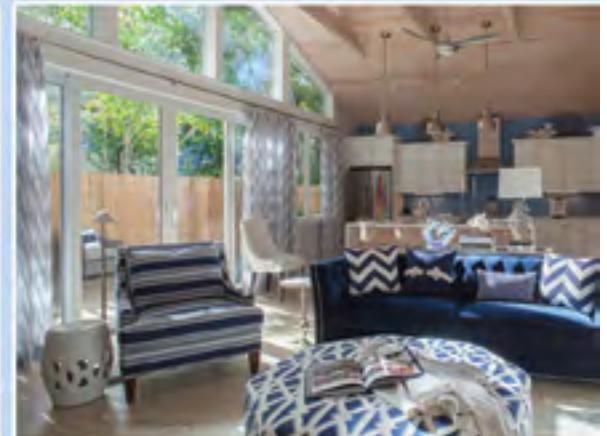
DESIGN

*The Confidence of Color*

**Spring Sale**

handloomed cotton & wool rugs

**50% OFF**



Furnishings • Antiques • Rugs • Art • Lighting • Accessories • Gifts

850.231.4844 | [designonthegulf.com](http://designonthegulf.com) | 12805 US Hwy 98 E. Suite Q101 | Inlet Beach, Florida 32413 | 30Avenue





David Weekley Homeowner Candreska Giebhardt

ENJOYING YOUR ULTIMATE PLACE TO LIVE

*That's The* **Weekley Way**

The ideal home can make every day more relaxing. That's why we go above and beyond to make the home building experience less stressful. From our people to our approach, we're committed to fulfilling your vision of creating the home you've always imagined. Our Team of Design Consultants and Personal Builders<sup>SM</sup> will expertly guide you through our selection of Custom Choices<sup>SM</sup> that will turn an ordinary bath into a spa, and FlexSpace<sup>SM</sup> options that allow for multiple uses of the same room. At David Weekley Homes, there's no dream that can't be fulfilled when it comes to inspiring your best home life. That's The Weekley Way!



Homes in WaterColor, Watersound West Beach, and the 30A-area from the \$675s - \$1.5 million

**850-708-1778**

[DavidWeekleyHomes.com](http://DavidWeekleyHomes.com)



See a David Weekley Homes Sales Consultant for details. Prices, plans, dimensions, features, specifications, materials, and availability of features or accessories are subject to change without notice or obligation. Illustrations are artist's depictions only and may differ from completed improvements. Copyright © 2017 David Weekley Homes. All Rights Reserved. CDC12/2019 Weekley Homes, LLC, Panama City, FL (PAN045819)



**NEW STORE NOW OPEN**



**HAVE YOU TRIED RUNSUP?**

TRAIL RUNNING / STAND-UP PADDLING  
ON-BOARD EXERCISE / RACES / RETREATS / POP-UPS

CLASSES AT THE WATERCOLOR BOATHOUSE  
USE MINDBODY APP OR TEXT 850-419-6188  
TO SIGNUP FOR CLASSES

[WWW.RUNSUP.COM](http://WWW.RUNSUP.COM)

20 GARDENIA STREET, COTTAGE 2, SEAGROVE BEACH

*Let your workout take you somewhere*

[facebook.com/runsup30a](https://facebook.com/runsup30a)

[run.sup](https://run.sup)

Rejuvenate  
10 min glycolic  
peel facial mask



Exfoliate  
skin stimulating  
sisal body glove



Condition  
+ Protect  
organic tinted lip  
color SPF 15



Glow  
gradual in-shower  
tanning lotion



Hydrate  
intensive pre-  
shampoo  
hair mask



# patchouli's spring essentials



www.patchoulis.com Rosemary Beach, FL 850-231-2005



## 30A EATS

The food lover's inside guide to the freshest fare along the Gulf Coast.  
SUSAN BENTON



30AEATS.com info@30AEATS.com

## Beach Like A Local



www.SoWal.com

The Insider's Guide to Florida's  
South Walton Beaches & Scene 30A

Contact us for advertising opportunities - info@SoWal.com, 850-231-0102

# LOVELACE

*Interiors*



**EXPECT THE UNEXPECTED.**

[WWW.LOVELACEINTERIORS.COM](http://WWW.LOVELACEINTERIORS.COM)

850.837.5563

12870 US HIGHWAY 98 WEST

MIRAMAR BEACH, FL

*Come Swim With Dolphins!*

# BLUE DOLPHIN TOURS

**TOUR TIMES AND INFO**  
 9am, 11:30am, 2pm, 4:30pm  
 The tour is two hours long.  
 It is around Shell Island,  
 just 20 miles to the east of 30A.

**850-236-FINS**  
 RESERVATIONS ARE REQUIRED

Swim with the Dolphins | Snorkel Grass Flats | Explore Shell Island



**PRIVATE BOAT**  
**FOR JUST YOU & YOUR FAMILY**  
 - up to 6 persons -  
 (5 identical boats available for families with more than 6)  
**RESERVE NOW ON-LINE**  
[30adolphintours.com](http://30adolphintours.com)

*only*  
**\$4900**  
 for children and adults

**Blue Dolphin Tours**  
 3601 Thomas Drive | Panama City Beach  
 Treasure Island Marina  
[30adolphintours.com](http://30adolphintours.com)



**shirts made from recycled plastic bottles**

the 30A store  
 seagrove plaza  
 gulf place  
 rosemary beach  
 pier park  
[30Agear.com](http://30Agear.com)



THE  
**REP**  
 THE SEASIDE THEATRE - SEASIDE, FL

**Pinocchio:**  
 May 22 - August 14  
 Mondays 9:30pm  
 @ Seaside Amphitheater  
 All Ages  
 Free

**The Tales of King Arthur:**  
 May 24 - August 9  
 Wednesdays 6:30pm  
 @ Rosemary Beach N. Barrett Square  
 All Ages  
 Free

**Adventures in Alys:**  
 May 29 - August 9  
 Mondays & Wednesdays 10am  
 @ Alys Beach  
 All Ages  
 Free

**Illusionist Jeanette Andrews:**  
 May 30 - July 13  
 Tuesday @ 8pm  
 Thursday @ 2:00pm / @ 6:50pm  
 @ The REP Theatre  
 \$25 / Students \$13

**Improv Bootcamp:**  
 May 29 - August 4  
 Tuesday & Wednesday @ 2:00pm  
 @ The REP Theatre  
 Ages 5-14  
 \$25

**Awkward Oxen Improv Hour:**  
 June 1 - August 10  
 Thursdays 10am  
 @ Alys Beach Amphitheater  
 All Ages  
 Free

**Magic Workshop with Jeanette Andrews:**  
 June 2 - July 14  
 Ages 5-7 Friday @ 2:00  
 Ages 8-14 Friday @ 3:00  
 @ The REP Theatre  
 \$25

**Stories by the Sea:**  
 June 5 - August 18  
 Monday through Friday @ 4pm  
 @ Solomon Square, Seaside  
 All Ages  
 Free

**Seaside Meeting Hall Theatre**  
 216 Quincy Circle Seaside, FL 32459  
 Box Office: (850) 231-0733  
[www.LoveTheREP.com](http://www.LoveTheREP.com)



# curate

a collaboration with Vinings Gallery

fine art.  
unique gifts.  
sculpture.

Curate offers a stunning array of original and limited edition artwork. We feature highly collectible artists who are making their mark in the art world. Stop by and browse our gallery today!



Simon Kenevan - Soulful - 36 x 36



Josef Kote - Splendid - 40 x 40

72 main street, rosemary beach, fl • 850-231-1808 • [curate30a.com](http://curate30a.com)

## Put your trust in the Original...

Alice J. Forrester and Mickey Whitaker

*We are the "Original" and only 30A Realty, Inc.*

**We have been serving the 30A Corridor and the Emerald Coast for 30 years.**

Whether your buying or selling, we have a dedicated group of agents who live and make their home in South Walton. If your looking to purchase, there is nothing better than having a true "local" share their expertise on the area and the best location that fits your needs. If your selling, we know the market and we market extensively for our clients. We will get you the best price for your property. Put your trust in the Originals.



45 Sugar Sand Lane, Suite D, Seagrove Beach, FL 32459 | [www.30Arealty.com](http://www.30Arealty.com) | 850-231-5030



## A TESTIMONIAL

Dear Alan:

We just wanted to thank you so very much for building our home at the beach. We just love it! You did such a magnificent job with the original construction in 1994. When we decided to renovate and add on to the original structure, we knew you were the person we would want to complete it. We needed someone with your experience and expertise, and once again, we couldn't have been more pleased with the outcome. The completed job looks like it was part of the original house plan. Your work exceeded our expectations!

We realize how complex it is to build a custom home so close to the ocean on the sand, but your confidence and reassurance continuously put us at ease. The subcontractors you hired were professional and delivered high quality work. The experience of you and your superintendent, Kenny, is so evident in every area of the construction. We appreciated the directness and honesty of both you and Kenny. We felt so confident in leaving every detail to you and the people that work for you.

You were so accessible to us with any questions we had and would always work around our schedule. It truly was our pleasure to work with you and we enjoy our "new" home so very much.

Sincerely,  
George and Diane Bradford



228 Market St. | Santa Rosa Beach, FL. 32459 | 850-267-2898 | License # CGC1515280

BEFORE



AFTER



CHECK OUT OUR WEB SITE AND FACEBOOK PAGE  
[www.ficarra.com](http://www.ficarra.com)

# COAST PROPERTIES

Independent | Innovative | Involved

Santa Rosa Beach, FL 32459  
850-687-9988 ■ [www.coastfla.com](http://www.coastfla.com)



WATERCOLOR

■ \$835,000 ■ 3BR, 3BA  
■ 94 ROYAL FERN WAY



WATERCOLOR

■ \$1,058,000 ■ 4BR, 3.5BA  
■ 134 ROYAL FERN WAY



GULF SHORE MANOR

■ \$990,000 ■ 3BR, 3BA  
■ 120 N MONTIGO AVENUE



MELODIA

■ \$1,295,000 ■ 3BR, 3.5BA  
■ 22 MELODIA LANE



ROSEMARY BEACH+

■ \$3,250,000 ■ 5BR, 5.5BA  
■ 103 E KINGSTON ROAD



GRAYTON BEACH

■ \$1,995,000 ■ 7BR, 7BA  
■ 58 SANDY LANE



SANTA ROSA BEACH

■ \$5,595,000 ■ 4BR, 4.5BA  
■ 2878 E COUNTY HWY 30-A



SANTA ROSA BEACH

■ \$5,400,000 ■ 5BR, 6BA  
■ 4855 W COUNTY HWY 30-A

**Will Palmer**, Broker | Owner  
850-687-9988  
[willonthebeach@hotmail.com](mailto:willonthebeach@hotmail.com)

**Mikel Harris**  
404.985.3251 | [mikel@southernentry.com](mailto:mikel@southernentry.com)

**Lisa LaNeve**  
850.685.3408 | [lisa@takelifecoastal.com](mailto:lisa@takelifecoastal.com)

**Brandon Marquis**  
850 428.1133 | [Brandon@buy30a.com](mailto:Brandon@buy30a.com)

**David Moore**  
850.797.3813 | [Mooreonthecoast@gmail.com](mailto:Mooreonthecoast@gmail.com)

**Kelli Moore**  
850.865.1532 | [Kellionthecoast@gmail.com](mailto:Kellionthecoast@gmail.com)

**Carson Patrick**  
706.527.2898 | [carson@30acottages.com](mailto:carson@30acottages.com)

**Todd Zunker**  
850.624.2258 | [todd@coastfla.com](mailto:todd@coastfla.com)



# DR. BART M. PRECOURT

HOLISTIC DOCTOR

providing safe & effective methods  
to create better health naturally

nutritional consultations for:

- weight loss
- hormone imbalance
- chronic allergies
- fatigue
- hot flashes
- migraines
- yeast/candida
- arthritis
- digestive issues
- heartburn/g.e.r.d.
- constipation



balance30a.com 850.231.9288  
3547 E. County Highway 30-A • Seagrave Beach, FL 32459



PROUDLY SERVING 30A SINCE 2006



## wild olives

wine • cheese • bistro



*"A place to meet and greet, to visit with friends and family, to rest with a cold drink or something to eat ~ a gathering place."*

### Wine Tasting Fridays 5-7 with live music.

Lunch & Dinner Hours  
11 - 9  
Tuesday - Sunday  
Closed on Mondays

Visit our Wine Shop to find the perfect wine to take home or to enjoy with us for lunch or dinner. We have 50 wines by the glass and over 300 bottles for your selection.

check out our new website  
[30-AWines.com](http://30-AWines.com)

*"the best little Wine Shop on 30-A"*

850.231.0065 ~ wildolivesmarket.info ~ 30-Awines.com ~ Rosemary Beach, FL

# ISLAND TIME



## SHELL ISLAND Adventure Cruise

Embrace what the day brings on this 3 hour cruise! Wild dolphin encounters. Swim in the beautiful Gulf of Mexico. Snorkeling for seashells in the underwater world of Shell Island. Fun on the water slide or an introduction to paddle boarding...or all of the above!

Only \$40 +tax per person!

## Sunset Sailing Cruise

Enjoy a 2 hour sailing cruise while watching playful dolphins with the picturesque background of the beautiful, romantic sunsets as we sail St. Andrews Bay and/or the Gulf of Mexico. A great time for the whole family! Complimentary drink included.

Only \$25  
+tax per person!

BEER, WINE, SNACK BAR, & RESTROOMS ON BOARD!

Private Functions, Weddings & Events also available

Call for Reservations

# 234-7377

or book on-line at

[www.IslandTimeSailing.com](http://www.IslandTimeSailing.com)



Treasure Island Marina • 3605 Thomas Drive, Panama City Beach, FL 32408  
just 30 minutes East of Rosemary Beach

# CLOSE TO PERFECT.

Pirates Cove is a short drive from 30A and close to some of the coast's best offerings, including the Emerald Coast beaches. And with the newest dry boat storage facility on the gulf, the marina is the perfect place to begin your adventure.

[PIRATESCOVEMARINAPCB.COM](http://PIRATESCOVEMARINAPCB.COM)

*PiratesCove*  
M A R I N A

# VERA HOGENSON

FASHION & COMMERCIAL PHOTOGRAPHY

[WWW.VERAHOGENSON.ME](http://WWW.VERAHOGENSON.ME) - 850.691.6729



## THE TOWN OF PROMINENCE

30A Between Camp Creek & Watersound

Prominence North ▶ Triplex Townhomes  
Starting from Low \$400k\*

Prominence South ▶ Single-Family Homes  
Starting from Low \$700K to Low \$1M\*



### Model Homes Open Daily

Sales Information Office - North: (850) 534-0129

Sales Information Office - South: (850) 534-3034

[www.EmeraldHomes.com/30A](http://www.EmeraldHomes.com/30A)

# EMERALD HOMES

a D.R. Horton Company



\* Effective 4/5/2017 and subject to change at any time. Pictures, photographs, colors, features, and sizes are for illustration purposes only and will vary from the homes as built. Home and community information including pricing, included features, terms, availability and amenities are subject to change and prior sale at any time without notice or obligation. Square footage dimensions are approximate. ©2017 D.R. Horton, Inc. Florida Registered Building Contractor License #RB29003307

## CAPTAIN

your own family sight seeing adventure

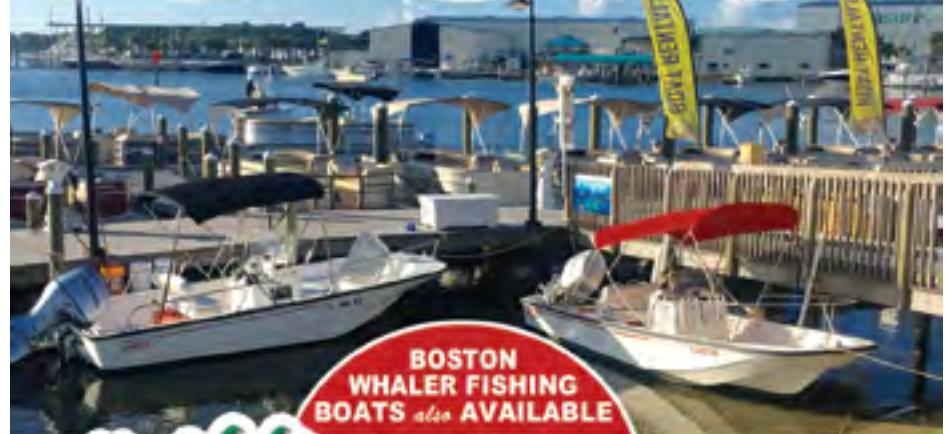
Great Boats at  
Great Prices!



### Our 24' Pontoon Boats are Perfect for Snorkeling and Visiting Shell Island

- Clean, Comfortable and Fully Equipped -

- Versatile Sun Canopy
- Convenient Swim Ladder
- Lots of Under-seat Storage
- Luxurious Captain's Chair
- Map of the Cruising Area
- Seating for 10 People
- 4-Stroke Honda Outboard Motors
- Enjoy a Picnic on Shell Island



**SHELL ISLAND**  
Boat Rentals & Tours

Reserve Online 24/7  
[www.shellislandtours.com](http://www.shellislandtours.com)  
3601 Thomas Dr., Treasure Island Marina 32408

Reserve Online 24/7  
[www.30Apontoonrentals.com](http://www.30Apontoonrentals.com)  
850-236-FINS (3467)

**Blue  
Dolphin  
Tours**

# Peace of Mind *for your* New Luxury Home



**Grant Blackwell**  
Agent/Owner  
850-231-0042

FLORIDA'S LARGEST PROVIDER  
OF NEW HIGH VALUE HOME INSURANCE

**Kim Shahid**  
Luxury Home Specialist  
850-837-4653

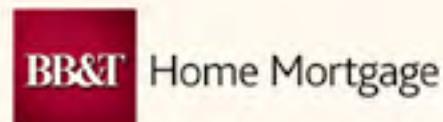


## Building futures. One home at a time.

At BB&T, our local lenders keep us close to our clients. And our commitment to outstanding service helps make buying a home a little easier. So when you're looking to buy, build, renovate or refinance a home, look first to BB&T. Our door is always open to share more than 140 years of financial knowledge – helping thousands of clients open doors of their own. Let's get started today.  
[BBT.com/JJCrews](http://BBT.com/JJCrews)



*Jean Jackson Crews*  
Mortgage Loan Officer  
[JJCrews@BBandT.com](mailto:JJCrews@BBandT.com)  
NMLS# 595305



BANKING · INSURANCE · INVESTMENTS

Branch Banking and Trust Company is a Member FDIC and an Equal Housing Lender.  Loans are subject to credit approval. Only deposit products are FDIC insured.  
© 2016, Branch Banking and Trust Company. All rights reserved.

THE 10TH ANNUAL

Yolo Board RELAY SERIES

# Yolo Board

MAY 18 • JUNE 15 • JULY 20 • AT THE BAY RESTAURANT • YOLORACE.COM

STANDUP PADDLE RACING REVIEW THE BAY EMERALD COAST NBI 30A GRAYTON Coastal YOLO BODY SYSTEMS THE SONDER PROJECT THULE OCEAN REEF 30A 30a Swim Dog

YOLO® BOARD IS A PROUD SUPPORTER OF THE SONDER PROJECT

MACK & BAYOU  
COMPOUNDING PHARMACY

PCAB ACCREDITED  
Compounding Pharmacy

The exclusive pharmacy in the 30A and surrounding areas to be certified by the Pharmacy Compounding Accreditation Board, a distinction awarded to less than 3% of pharmacies in the country

Offering saliva testing, consultations on nutrition and genetics, premium quality supplements, and personalized medications including compounds for such areas as:

- ANTI-AGING • BIOIDENTICAL HORMONE REPLACEMENT
- COSMECEUTICALS • DENTAL • DERMATOLOGY • FERTILITY
- GASTROENTEROLOGY • MEN'S AND WOMEN'S HEALTH
- PAIN MANAGEMENT • PEDIATRICS • PODIATRY
- SPORTS MEDICINE • THYROID REPLACEMENT
- VETERINARY MEDICINE

**WHAT DOES PCAB ACCREDITATION MEAN TO YOU?**

- We use the best practices in the compounding industry
- We have established quality controls
- Compounded Medications are third party tested
- American Medical Association recommends using only an accredited pharmacy for compounded products.

82 Mack Bayou Loop Ste B | Santa Rosa Beach FL 32459  
**850-622-0730**

From the chefs/owners of *Borago*

# abrazo

LATIN KITCHEN

abrazo30a.com  
80 EAST HWY. 30A GRAYTON BEACH - FL

# Now preselling Custom Homes

Furnishings Provided by



FAMILY OWNED & OPERATED 23 YEARS



forest lakes

## 30A's best kept secret



TEXT: T40127484 to 81035

LOT 13 - MLS741854  
2,291SF | \$702,500



TEXT: T40145682 to 81035

LOT 70 - MLS753419  
2,536SF | \$839,000

Complete Late Summer



TEXT: T40145682 to 81035

LOT 2 - MLS753404  
2,978SF | \$865,500



LOT 39 - MLS746768  
2,500SF | \$769,500

Truly, 30A's "Best Kept Secret!" Forest Lakes offers nature trails, fishing, kayaking & paddle boarding in the beautiful lake. Enjoy the pool and pavilion with a summer kitchen. This community has some of the best houses with superb craftsmanship. Olde Florida, just minutes to the beach!



TEXT: T40127484 to 81035

LOT 4 - MLS748790  
2,334SF | \$676,900



This Beach House is Completed and Ready to Move In!



55 Okeechobee East, 2,415 SF  
\$750,000 | MLS761347



54 Okeechobee East Circle, 2,704 SF  
\$849,900 | MLS771187



97 Okeechobee West, 2,016 SF  
\$565,000 | MLS754047



RELY ON OUR EXPERTISE  
We Change Lives through Real Estate

karla.delmonaco@era-american.com  
david.deldonie@era-american.com

32 E. Highway 30A  
Grayton Beach, FL 32459  
karladelmonaco.com



David Del Donie  
850.240.3353

Karla Del Monaco  
850.240.3354



Architectural Plans by



ARCHISCAPES, LLC  
RESIDENTIAL & COMMERCIAL ARCHITECTURE

Archiscapes.com  
TEL: 850.835.0404



Just Listed! New Construction



85 North Nickajack, 2,070 SF  
MLS753565 | \$592,500



62 South Nickajack, 2,361 SF  
MLS773103 | \$679,900



48 Ventana Blvd., 2,297 SF  
MLS 749445 | \$571,500



TEXT: T40153780 to 81035

*45 S. Ryan Street*

Beach House with 5BR/5.5 BA with 3,146SF. Sleeps 18 with 3rd floor hosting of bunks, full bed, sleeper sofa, kitchenette & full bath! Furnished with amazing views of the Gulf too! Fabulous getaway or great investment property!  
MLS 753429 | \$1,550,000

*Summer's Edge*  
on 30A

"Olde Florida" at its best! Strolling through this community by the beach with natural vegetation and lush oaks, you will find privacy and seclusion. Features include two community pools, a two minute stroll to the beach access and quaint sidewalks. Come & experience Emerald Coast's Walton County's Summer's Edge.



TEXT: 40153772 to 81035

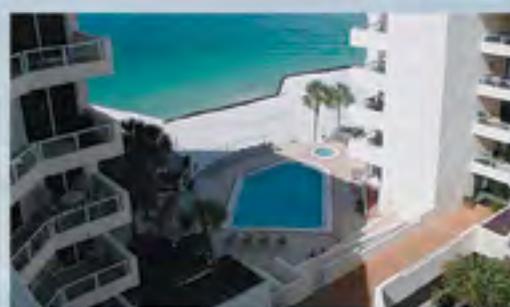
*25 S. Ryan Street*

Investment property with a steady flow of vacation rental. 5BR/5.5BA with 2,642SF. Newly painted with salt & sand colors & decorated. Sleeps 18. 3rd floor with its huge deck offers beautiful views of the Gulf & dreamy sunsets!  
MLS 753425 | \$1,195,000



TEXT: T40122494 to 81035

**GULF PLACE** Beautiful large lot in gated community with beach access & all the amenities at the Gulf Place Town Center are yours to enjoy.  
\$410,000 | MLS748440



**EAST PASS TOWERS, UNIT 725** Yacht's Dream... Fabulous Penthouse in a NON-Rental complex with harbor views! 3BR/3BA. Floors are custom bordered limestone & ceiling is platinum with handmade medallions!! \$835,000 | MLS706478

Karla Del Monaco  
850-240-3354

**RELY ON OUR EXPERTISE**  
We Change Lives through Real Estate

karla.delmonaco@era-american.com  
david.deldonie@era-american.com  
32 E. Highway 30A  
Grayton Beach, FL 32459  
karladelmonaco.com

**2016**  
1327 Transactions  
ERA American Real-Estate

David Del Donie  
850-240-3353



"TOP 10 PLACES TO GRAB A CUPCAKE IN THE UNITED STATES"  **USA TODAY** AS SEEN ON FOOD NETWORK'S CUPCAKE WARS & THE VIEW



# Summer Lovin

THIS SUMMER FALL IN LOVE WITH ONE OF OUR 15 CUPCAKE-INFUSED

ICE CREAM FLAVORS ALL MADE FRESH FROM SCRATCH DAILY



**SMALLCAKES**  
CUPCAKERY AND CREAMERY



 VILLAGES OF SOUTH WALTON 10343 EAST COUNTY HWY • 30A UNIT C112 • 850.213.4037 • [SMALLCAKESCUPCAKERY.COM](http://SMALLCAKESCUPCAKERY.COM) 



# BEAU

INTERIORS

*a unique shopping experience on 30A*



# BEAU

DESIGN

A FULL SERVICE INTERIOR DESIGN FIRM

32 E COUNTY HWY 30A, GRAYTON BEACH, FL 32459 | (850) 534.0700

[WWW.BEAUHOMEINTERIORS.COM](http://WWW.BEAUHOMEINTERIORS.COM)

# We Make it Happen! We Make it Fun!

## BUYING OR SELLING



11 Spanish Town Court | \$11,900,000 | 6BR | 7BA  
Gorgeous Gulf Front / Private Pool



3112 Sanctuary By The Sea | 4BR | 4.5BA  
Incredible Gulf Views / Poolside Cabana



43 E Water Street  
6BR | 5BA  
Carriage House Courtyard and Pool



Paradise By The Sea - Lot 20  
\$6,900,000  
Gulf Front Lot in Gated Community located  
between Alys Beach and Rosemary Beach



46 N Cartagena Lane  
6BR | 5.5BA  
Main House / Carriage House /  
Steps to the Beach



240 Needlerush Drive  
\$1,790,000 | 5BR | 4.5BA  
Located in the WaterColor Lake district with  
access to the gulf front beach club



125 Lifeguard Loop  
\$839,000 | 4BR | 4BA+  
Seacrest Beach near Town Center



27 Michaels Lane  
4BR | 3.5BA  
Walking distance to the gulf and Gulf Place  
Town Center



141 Lifeguard Loop  
\$899,000 | 5BR | 4BA  
Seacrest Beach near Town Center



15A and 15B St. Augustine Flat  
2BR | 2BA  
Rosemary Beach adjacent to owners complex  
and pool

ROSEMARY  
BEACH®  
REALTY

78C North Barrett Square | P.O. Box 611070  
Rosemary Beach, Florida 32461  
RosemaryBeachRealty.com | 850.278.2000



Steve and Jan Stevens



Ashlee Mitchell

### TEAM STEVENS

Steve: 678.777.8805  
Jan: 678.777.8806  
teamstevens@rosemarybeachrealty.com  
Ashlee: 850.428.7635  
amitchell@rosemarybeachrealty.com